

February 2016

Monday 2/1	Tuesday 2/2	Wednesday 2/3	Thursday 2/4	Friday 2/5
chicken tenders yellow rice string beans lite egg salad whole wheat bread orange juice fresh oranges	chef's tomato soup grilled cheese sandwiches tossed salad lite tuna salad lowfat milk whole wheat bread fresh apples	roasted chicken mashed potatoes w/ gravy peas and carrots tossed salad lite egg salad orange juice fresh oranges	rice and lentils spanach jiben lite tuna salad tossed salad whole wheat bread orange juice ice cream	whole wheat pita bread lite tuna salad sliced american cheese lowfat milk applesauce
Monday 2/8	Tuesday 2/9	Wednesday 2/10	Thursday 2/11	Friday 2/12
meat balls spaghetti green beans tossed salad lite egg salad whole wheat bread sliced peaches	whole wheat pita pizza steamed corn tossed salad lite tuna salad whole wheat bread lowfat milk fresh apples	chicken nuggets roasted potatoes lentil soup tossed salad lite egg salad whole wheat bread pineapple tidbits	macaroni and cheese steamed broccoli lite tuna salad tossed salad whole wheat bread lowfat milk bananas	lite tuna salad sliced american cheese sliced cucumbers whole wheat pita bread lowfat milk applesauce
Monday 2/15	Tuesday 2/16	Wednesday 2/17	Thursday 2/18	Friday 2/19
President's Day No School 	baked ziti steamed green beans caesar salad whole wheat bread lowfat milk sliced pineapple	falafel pesto pasta lite tuna salad tossed salad whole wheat bread pineapple tidbits orange juice	fried fish keskesoon green beans tossed salad whole wheat bread lowfat milk sliced peaches	whole wheat pizza lite tuna salad sliced american cheese cucumber slices lowfat milk applesauce
Monday 2/22	Tuesday 2/23	Wednesday 2/24	Thursday 2/25	Friday 2/26
cold cut sandwiches potato knishes chicken soup tossed salad whole wheat bread orange juice fresh apples	scrambled eggs french toast tossed salad lite tuna salad whole wheat bread lowfat milk pineapple tidbits	chicken tenders yellow rice ratatouille tossed salad whole wheat bread orange juice sliced peaches	fish sticks spaghetti w/ marinara sauce cauliflower lite tuna salad sliced pears whole wheat bread lowfat milk	lite tuna salad whole wheat rolls sliced cucumbers sliced american cheese lowfat milk applesauce
Monday 2/29		Served on Meat days:	Served Daily:	
hamburgers french fries steamed broccoli lite egg salad tossed salad orange juice fresh apples		orange juice apple juice	tossed salad whole wheat bread	
		Served on Dairy days:	fresh fruit	
		lowfat milk non fat milk		