



PORCH TALK

September 2012



Port Norfolk Civic League, P. O. Box 7114, Portsmouth VA 23707

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Ways and Means

OPEN

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Welcoming

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Next Civic League Meeting

Port Norfolk Recreation Center at 432 Broad Street

Thursday September 6, 2012 7:00 pm

Our September Speaker is Brannon Godfrey, Deputy City Manager for the City of Portsmouth and he wants input from you!

Civic League News & Events

Participation isn't limited to League members ... Please join us!

Port Norfolk Neighborhood Events Upcoming!

You may have noticed in last month's Porch Talk that there are LOTS of neighborhood events coming up! Just in case you missed it, we are putting it front and center, so you can mark your calendars now!

Sept 8th:

Oct 20th:

Oct 28th:

Oct 31st:

Nov/Dec:

Dec 9th:

Brick Ceremony at Reflection Walk

Neighborhood Cleanup

PN BooYAH 5K & Fun Run!

Halloween Parade at Reflection Walk

Holiday Light Show Contest!

Homes Tour

Civic League Membership

We want to thank all of our Civic League Members for their continuing support; without you, it would be difficult to do the things we do that give back to our neighborhood and community!

Also, we'd like to send our new Lifetime Members a big THANK YOU!

* Jon Berry

* Julia Berry

* Harry Costello

* Donna James

* Jim James

* Liz Schuller

* Lee's Hot Dogs

EMERGENCIES — PLEASE CALL 911. Non Emergencies: 393-5300

Port Norfolk's NEAT Officer is Kelly Funkhouser. Please contact her if you see anything suspicious (and not an emergency) happening in the neighborhood: (757) 235-5665

For Board member email addresses, visit our website at www.portnorfolk.org

Port Norfolk BOO-yah! 5K & Fun Run

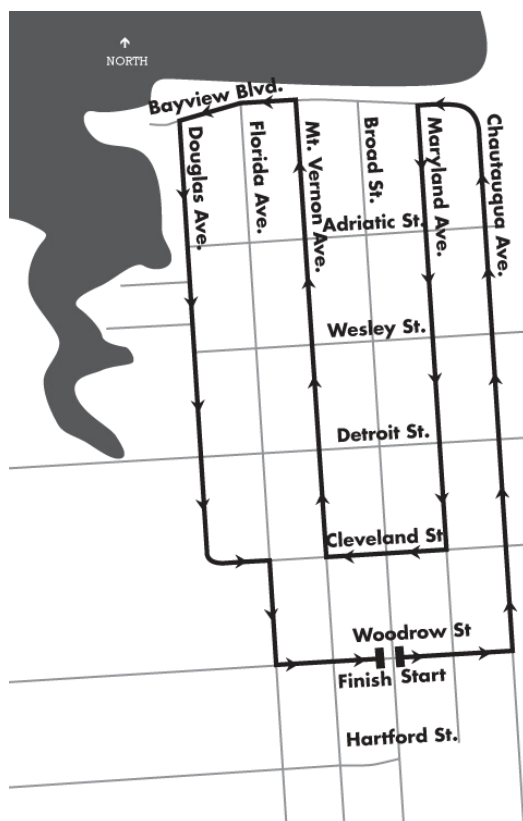
Sunday, October 28th

* **8:30am: Little Monsters Fun Run**

* **9:00am: 5k BOO-yah!**

The race starts at Fountain Park and winds through the streets of Port Norfolk before returning to Fountain Park for a post-race celebration. Costumes are encouraged but not required. Links to the registration page & race routes can be found on the official race website here: <http://booyah5k.com/>

The proceeds from the race will benefit the Foodbank of Southeastern Virginia, as well as the Port Norfolk Civic League. Hundreds of people from outside of our neighborhood will be coming to this event, so we hope you will pull out all the stops on your Halloween decorating this year! Come out and cheer on the runners as they race through our streets, and help make this very worthy event FUN! Also, we are looking for volunteers to help with this event, as well as sponsors, so if you have a business you want to promote, or you just want to help the Foodbank, contact us please! Here are some FAQ's about the BOO-yah! 5k & Fun Run!



Can I run or walk with a baby jogger?

YES! We LOVE baby goblins! Baby joggers are allowed but we ask that you please start your race at the back of the pack.

Can I run with my dog?

We LOVE animals but no, please leave your pets at home.

Can I walk the race and not run?

YES! We love walkers!

Will the race be timed?

Yes, the pros from Mettle Events will provide timing services.

Will the paparazzi be there?

Yes, professional photographers will be on hand to capture you in your most bodacious Halloween attire as well as the whole colorful, outrageous spectacle! There will also be a cool finish line cam. Copies of photos will be available after race on our website!

Can I reserve a shirt in a certain size?

When you check the box next to a t-shirt size on your registration form, you are not reserving a shirt; you are helping us plan how many shirts we need to order in each size. If it is important that you get a shirt in your size, please come early.

How much does the BOO-yah cost?

5k: \$30 if you register before October 1st and \$35 after.

Little Monsters Fun Run: \$5* - *fun runners do not get t-shirts but will score a fun, spooky prize!

Where does my money go?

The proceeds of this race benefit the Port Norfolk Civic League and the Foodbank equally.

Can I get a refund if I register but don't run?

No, this is a fundraiser and we plan the race based on the number of registered runners, so once you register we cannot offer refunds. If, however, you register and do not run, you may still pick up your shirt and join us in the fun.

Can I run with headphones or ear buds?

For safety reasons, we discourage the use of headphones on the course.

What will the weather be like?

We aren't trained meteorologists but we'll take a shot. The weather in Portsmouth, VA in late October is usually in the 50's – great running weather! The Port Norfolk BOO-yah 5K and Fun Run will take place come rain or shine.

What distance is this race?

The Port Norfolk BOO-yah 5K is, umm..., a 5 kilometer (3.1 mile) distance. And the Little Monsters Fun Run is just shy of a mile.

What should I bring for the Foodbank Food Drive?

Did you know 1 in 4 residents of Southeastern Virginia live on the edge of hunger? Many of them are kids. The Foodbank always needs:

*** Protein, Meat and Fish**

peanut butter, tuna, canned ham, canned chicken, beans

*** Fruits and Vegetables**

canned fruits and vegetables, 100% fruit juice, instant potatoes, fruit preserves, dried fruit

*** Grains**

cereal, oatmeal, rice, whole grain crackers

*** Complete Meals**

pasta and sauce, boxed meals, chunky soups, stews

*** Baby Products**

powdered formula, baby food, diapers, wipes



PORCH TALK-SEPTEMBER 2012

PORT NORFOLK CIVIC LEAGUE

porchtalk@portnorfolk.org

2012 Port Norfolk Civic League Membership Form

Name: _____ Birthday Month(s): _____

Address: _____ Park Donation: _____

Phone: _____ Email Address: _____

\$5.00 fee per membership can be paid at a league meeting, or mailed to address below. Park donations should be noted as such and mailed to Port Norfolk Civic League, P.O. Box 7114, Portsmouth VA 23707.

Birthdays



Wishing everyone who celebrates a birthday in September a spectacularly wonderful day!

*Olivia Boyette, Maggie Boylar,
David Macauley, Joanne Polland,
and Jim Windley*

Birthdays are obtained from the League membership list. If you would like to recognize someone's special day, please email porchtalk@portnorfolk.org

Holiday Tour of Historic Homes: Sunday, Dec 9th

SAVE THE DATE! Sunday, December 9th marks the date of one of the beloved traditions in our neighborhood, the Holiday Tours of Historic Homes that are decorated in holiday finery! For more information, please visit our website and fill out a contact form if you'd like to volunteer your house or your time. Please call Tammy Lifsey if you have any questions: (757) 399-2383

PoNo Holiday Light Show Contest!

Do you watch Christmas Vacation with Chevy Chase every year to ready yourself for the upcoming holiday light season? Have you ever found yourself staring at your house and rubbing your hands together in anticipation while thinking "MORE POWER!" in your best 'Tim the Tool Man Taylor' voice? Do you view those lights/music synchronized houses on the internet every year with thinly disguised envy, hoping that someday it will be YOUR house that's featured? If you were nodding along, then you are EXACTLY the kind of person who is going to enjoy this year's contest, The PoNo Holiday Light Show Contest! We want to put Port Norfolk on the Holiday Must See list! We want people to say "There Glows the Neighborhood!" when they think of us!

The rules are pretty straightforward:

You can decorate in any style, theme or color that you'd like, but keep it clean for the kids, please! In order to be eligible for any of the coveted titles that will be awarded to the best of the best in PoNo, you must have your lights in place and ready to be judged, no later than the evening of Saturday, December 8th because this is when people will start coming through our neighborhood, drawn by the glow!

Join your neighbors for a good spirited, competitive and fun event that will give the winners bragging rights for an entire year! This event is going to be advertised throughout Hampton Roads! On our website you will find a complete list of the coveted titles that you are competing for this year. You can get a sneak peak there or you can see the full list in next month's Porch Talk! Are you ready to Get Lit, PoNo?

Neighborhood Watch

We are excited to report that we have a new Neighborhood Watch Coordinator who is going to take charge of the program! Please come to the next neighborhood watch meeting on Thursday, September 13th at Port Norfolk Church to meet him and hear how he plans to better and move our program forward! Our Neighborhood Watch has made a difference in the quality of life in the Port Norfolk neighborhood. If you are interested in taking an active role, please come to the next meeting. We promise you will not be disappointed! Our new Coordinator is eminently qualified and you will love the plans he has!

Historic Homes - A Few Helpful Hints

There's a new inspector in town, and he's going to be looking for ways to fine you for things you may not even know are unacceptable, so here are a few tips, or refreshers for those of you who have forgotten:

* Repairs & Modifications: Your home is in the Port Norfolk Historic District, which means any modifications to the exterior of your home must be approved by the Historic Preservation Committee before doing anything. Please contact Portsmouth Planning Manager, Jocelyn Adumuah at 393-8836 x4203 if you have any questions, prior to making changes!

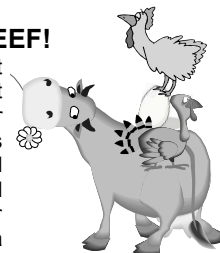
* Satellite Dishes: These are allowed in Port Norfolk, however they should be placed where they are not visible from the street!

* Trash Pickup: We are unique in that we have alleys, but they can cause confusion when it comes to trash pickup. Bulk trash and limbs should be placed at the curb, not in the alley. Boxes should be placed in the alley. Leaves and lawn clippings should be put in CLEAR bags and put in the alley. Please do not put out bulk trash until Thursday evening for Friday pickup. Bulk trucks will not pick up grass bags on the street, and garbage trucks will not pick up bulk left in the alley.

* Parking: Vehicles are not allowed to be parked on your grass or sidewalk, no matter how cool they look in your front yard. You risk a ticket from the City and the police, so please, park in the driveway, on the street on behind your house.

The Chicken. The Egg. The Turkey. The BEEF!

Holidays are just around the corner! Time to get chicken, beef, and TURKEY, PLUS you can support your local merchants and buy the healthiest food for your family at the same time! RBE Farms (rbefarms.com) offers locally grown, natural and antibiotic-free, pasture raised poultry, eggs, turkey and beef. Contact rbefarm@mac.com to place your order and it's delivered right here to Port Norfolk! Tatjana Adam's house—107 Douglas Avenue—is a pick-up location.



Port Norfolk Baptist Church - 30 Hour Famine

On October 12-13th, PNBC students will be participating in World Vision's 30 Hour Famine to raise money to feed needy children around the world. You may see the kids collecting food, cleaning around our community, playing team games, sleeping outside in a cardboard box hotel, and not eating for 30 HOURS-- To raise money to fight world hunger! You can help by sponsoring a teen directly if you know them, or go to www.30hourfamine.org, click "Donate", "Find A Famine Group" and type in "Port Norfolk Baptist Youth". After the 30 Hour Famine is over, you are invited to eat with the teens and hear the stories about their experience. Just bring a side dish and your family!

Look for Port Norfolk Online!

Website: www.PortNorfolk.org

5k Website: www.booyah5k.com

On Facebook: Port-Norfolk



PORCH TALK-SEPTEMBER 2012

PORT NORFOLK CIVIC LEAGUE
porchtalk@portnorfolk.org

PoNo BOOyah! 5k & Little Monsters Fun Run!

Sunday, Oct. 28th * 8:30 a.m. * Fountain Park - 601 Broad Street, Portsmouth, VA 23707

To benefit the SEVA Regional Food Bank and the Port Norfolk Civic League

Race Information:

Get into the "spirit" of the PoNo BOOyah! Dress up in your favorite costume and prepare for SPOOKtacular fun as you run through the haunted, I mean, HISTORIC streets of Port Norfolk!

Race Directors:

Matt Hartman - (757) 971-0237
Amy O'Donnell - (757) 739-6433
Email: booyah5k.pono@gmail.com



Registration Information:

Register for the BOOyah 5k and Fun Run by mail, online or on race day:

PoNo BOOyah 5k

Pre-registration before Oct. 1st: \$30
Registration after Oct. 1st: \$35

Little Monsters Dash Fun Run

Registration: \$5

Did you know one in four residents in Southeastern Virginia live on the edge of hunger? Did you also know that 50% of those needing food assistance are children? No child should go hungry in this country. Please bring a non-perishable food donation with you to the race to help eradicate hunger in Hampton Roads!

Check www.booyah5k.com
for race information and
updates, or to register online!

..... detach here

Last Name, First	Date of Birth
Address	
City/State/Zip	
Phone	Email

<input type="checkbox"/> 5k	<input type="checkbox"/> Fun	<input type="checkbox"/> Run	<input type="checkbox"/> Walk	<input type="checkbox"/> S	<input type="checkbox"/> M	<input type="checkbox"/> L	<input type="checkbox"/> XL	<input type="checkbox"/> 2X	<input type="checkbox"/> 3X
Event (choose one)		(choose your pace)		T-shirt Size - 5k only (choose one)					

Entry Fee	\$
Donation	\$
TOTAL	\$

- ☐ Check payable to PNCL is enclosed.
☐ Please charge the following account:
☐ Visa ☐ MC ☐ Disc ☐ AmEx

Card number: _____ Expiration Date: _____

Names as listed on card (please print): _____

Signature _____ (Invalid without signature)

Liability and Publicity Release: For myself and my executors and administrators, I/we hereby release the PNCL, any event sponsors and any event volunteers and each of their respective officers, employees, successors and assigns from any and all claims and damages arising out of any injury or condition that I/we may suffer as a result of participating in this event. Further, I/we hereby grant full permission to any and all of the foregoing to use my/our photograph or any other record of the event for legitimate purposes.

Signature

Date

Parent Signature (if under 18 years old)

Date

Mail completed applications to: PoNo BOO-yah 5k run c/o 409 Douglas Avenue, Portsmouth, VA 23707