

2018 Harford District Cub Scout Day Camp

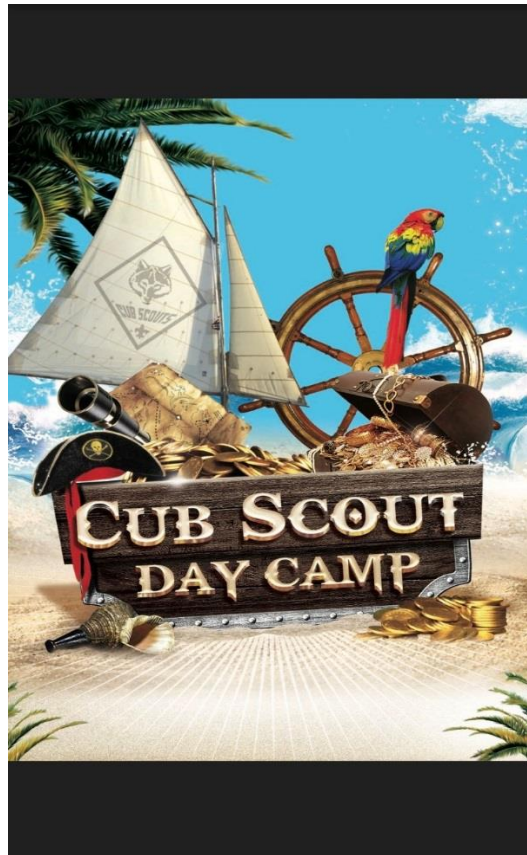
soon to be

CAMP MUDDY RIVER

June 24-29, 2018

Cub Buccaneers, Adventures on the High Seas

Scavenger Trail (Ma/Pa Trail)



Station Volunteer's Guide

Volunteers do not necessarily have the time;
They have the heart. And YOU are the heart of our camp.
Thank you!



Please, please read this guide!

What is being covered at most stations is important so that the scouts earn the correct achievements toward rank or advancement. Some stations are JUST for fun, though and are not designed for earning anything.

HOW YOU present the material is not set in stone and can be presented in any manner that best suits you, as LONG AS THE REQUIREMENTS ARE MET FOR THE SCOUT.

.....in other words...

If you find a better way to accomplish the requirements or if the method we have outlined doesn't seem to be working...please feel free to change it! *This is only a guide...do what works best for you and the scouts coming to your station.*

One other thing to keep in mind - some stations will be visited by all ranks. That means you may have 6 year olds through 11 year olds and may have to simplify or intensify the methods to meet the skills and knowledge of all the scouts.

Thanks again - we are glad to have you as part of Harford Day Camp!

Station Procedures

- Read your schedule and BE PREPARED!
- Monday: stations begin at 10:15am; Tues-Fri: stations begin at 9:15am
- Usually 2 dens at a time (max 24 youth),,,,,but there could be more
- Greet dens as they arrive. Ask for their cheer!!!
- It is very important that you start and end on time!
- Each time limit is only 45 minutes. Late arrivals CANNOT stay late; it interferes with the overall schedule. If available, they can come back at a free time.
- Execute the station with energy and enthusiasm! Let the scouts do as much for themselves as possible. It doesn't need to be perfect, they just need to Do Their Best!
- Remember the Alamo, um BEADS!! One bead/scout/participation.
(Beads can be given to the den leader for distribution.)
- Take a breath, then prepare for your next group.

• Last station of the day

Organize station items in the bag/container provided and store where directed. In case of inclement weather, take your station items to the nearest shelter where directed.

Complete a Station Evaluation (inside front cover). Return to the Admin tower or the Crouse Building.

*****Last station of the week*****

Dispose of anything no longer useable: please recycle when appropriate.

- Inventory your station (See the inventory sheet in the front pocket of the station guide)
- Return all items that you can to Crouse/trailer staff.
- You are ALWAYS invited to help pack up the camp!

Station Overview

- Go over the 6 essentials for hiking/outdoor activities
- review the safety rules for hiking
- hike along the Ma and Pa Trail
- While hiking, the scouts will take part in a Scavenger Hunt.
- identify different animals, birds, plants & trees on the trail.
- Scouts can pick up litter on the way back.

Set-up/Break-down

- Open the Ma and Pa Trail Scavenger Hunt bin (bins are stored in Crouse overnight)
- Locate the Scavenger Hunt papers for the appropriate Den (Tiger, Wolf, Bear)
- Locate pencils and clip boards to give to each hiker or buddy pair.
- Locate the reminders for safe hiking

- Return all materials to the bins.
- Clean off clip boards (if needed) and sharpen pencils.
- Please bring the station bin to the Crouse Building at the end of the day.

1. Hand out Scavenger Hunt materials:

- Explain to scouts that they will look for the various objects on their papers as they take their hike.
- When they identify one of the required objects, record it on their journal paper.
- Tigers, Wolves and Bears have different materials:
 - *Tigers - 1-page "Bingo" card with pictures
 - *Wolves - 1-page Table to record observations/identification.
 - *Bears - 2-page journal

2. The hike should take about 30 minutes. Keep an eye on the time as you are on the trail and make sure you have enough time to return to the station.

3. When you return to the station, give out the beads for participation. They should keep their papers to add to their handbook. If they didn't get to finish, suggest to the DL that they use their Den time to finish.

4. Prepare materials for the next group.

Cub Scout Six Essentials:

***First Aid Kit** - A kit should include a few adhesive bandages, some moleskin (a sticky bandage that you can put over a blister to keep it from getting worse or rubbing), and a bandage or two.

***Filled water bottle** - Make sure it is big enough to carry water for you to drink through your whole hike and back. And make sure it is full when you start out! It is not safe to drink water you find along the trail.

***Flashlight** - Check your batteries to make sure they have plenty of juice. Your flashlight will be used only in an emergency, so save the batteries for times when you really need them!

***Trail food** - Trail mix or a granola bar provides quick energy when you need it.

***Sun Protection** - Sunscreen should be SPF 30 or greater. A hat is good to have, too!

***Whistle** - It's only for emergencies, but a whistle will last longer than your voice.

(You might want to pack an extra pair of socks in case your feet get wet or it rains. A rain poncho, waterproof jacket, or even a large plastic garbage bag with holes cut out for your head and arms will keep you dry if it rains. What other gear should you take on your hike? Remember, you'll have to carry it all yourself and bring it all back!)

Safety guidelines for hiking:

- * Always tell someone where you are going and when you will return.
- * Never hike alone or at night; always use the buddy system.
- * If you get lost, hug a tree (means to stay put until help comes). Use your whistle to alert people to where you are.
- * Dress properly for the weather and environment.
- * Wear sun and insect protection.
- * Take an extra pair of socks in case you need to change.
- * Obey traffic signs and signals.
- * Avoid hiking along roadways.
- * Stay on the trail.
- * Be aware of your surroundings.
- * Don't litter as you hike.
- * Be alert to dangerous animals, insects, and plants. Never touch a wild animal.
- * Take 1 pint of water for each hour you will be hiking. Never drink water that you don't know is safe.

*******Last station of the week*******

Lucky YOU!!

- Dispose of anything no longer useable: please recycle when appropriate.
- Inventory your station (See the inventory sheet in the front pocket of the station guide)
- Return all items that you can to Crouse/trailer staff.
- You are ALWAYS invited to help pack up the camp!

Inventory

<u>Explorin' unknown lands in the Ma Pat Trail</u>		
	opening	closing
station guide	1	
6 essentials:		
First aid kit		
Water bottle		
Sun protection		
whistle		
Trail food		
flashlight		
Bingo cards		
pencils		
Page table to record		
clipboards		