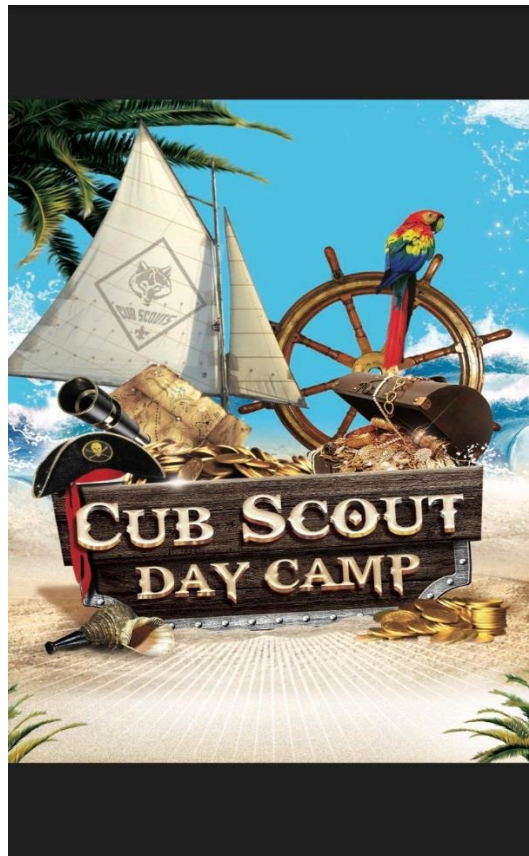


Harford District
2018 Cub Scout Day Camp
June 25-29, 2018
Cub Buccaneers, Adventures on the High Seas

Shipshape Adventure

(LNT: Leave No Trace principles)



Station Volunteer's Guide

Volunteers do not necessarily have the time;
They have the heart. And YOU are the heart of our camp.
Thank you!



Please, please read this guide!

What is being covered at most stations is important so that the scouts earn the correct achievements toward rank or advancement. Some stations are JUST for fun, though and are not designed for earning anything.

HOW YOU present the material is not set in stone and can be presented in any manner that best suits you, as LONG AS THE REQUIREMENTS ARE MET FOR THE SCOUT.

.....in other words...

If you find a better way to accomplish the requirements or if the method we have outlined doesn't seem to be working...please feel free to change it!

This is only a guide...do what works best for you and the scouts coming to your station.

One other thing to keep in mind - some stations will be visited by all ranks. That means you may have 6 year olds through 11 year olds and may have to simplify or intensify the methods to meet the skills and knowledge of all the scouts.

Thanks again - we are glad to have you as part of Harford Day Camp!

Station Procedures

- *Read your schedule and BE PREPARED!*
- Monday: stations begin at 10:15am; Tues-Fri: stations begin at 9:15am
- Usually 2 dens at a time (max 24 youth),,,,,but there could be more
- Greet dens as they arrive. Ask for their cheer!!!
- It is very important that you start and end on time!
- Each time limit is only 45 minutes. Late arrivals CANNOT stay late; it interferes with the overall schedule. If available, they can come back at a free time.
- Execute the station with energy and enthusiasm! Let the scouts do as much for themselves as possible. It doesn't need to be perfect, they just need to Do Their Best!
- Remember the Alamo, um BEADS!! One bead/scout/participation. (*Beads can be given to the den leader for distribution.*)
- Take a breath, then prepare for your next group.

• *Last station of the day*

Organize station items in the bag/container provided and store where directed. In case of inclement weather, take your station items to the nearest shelter where directed.

Complete a Station Evaluation (inside front cover). Return to the Admin tower or the Crouse Building.

*****Last station of the week*****

Dispose of anything no longer useable: please recycle when appropriate.

- Inventory your station (See the inventory sheet in the front pocket of the station guide)
- Return all items that you can to Crouse/trailer staff.
- You are ALWAYS invited to help pack up the camp!

Station Overview

Discussion and hands-on activities will complete this station.

Set-up:

Open bins and:

- 1) Take out the 20 objects for the six essentials relay race and divide them into two piles so that the same 10 objects are in each pile. Place these piles several feet apart and **AWAY** from the Leave No Trace Crime Scene to prepare for the relay race.
- 2) Set up leave no trace crime scene. There should be two tents set up far apart in the campsite. The wood for the campfire should be between the tents and directly on the ground placed in a large pile. Scatter a few water bottles, soda cans and wrappers around the campsite to make it seem like the wind blew it or the campers just left it where they finished it. Place a pile of pretend food in one area a little while away from the campsite to make it look like it is a feeding area for wild animals. Place the flowers, pinecones and rocks near one of the tents and place the insect/bug aquarium near the other tent. Place the stuffed dog and the fake poop somewhere in the campsite. Place the leash away from the dog. Place the radio near the campfire. Place a trash bag near a tent with trash spilling out. Place the bag of groceries by a tent.

Break-Down

- 1) Return all materials to the bins.
- 2) Please assure that all bins are closed tightly and place under the tent for the night.
- 3) In the event that rainy weather is expected, please take the bins into the Crouse building for the night.

Station Objectives:

Each scout will learn about the Outdoor Code and 6 Cub Scout Essentials needed for hiking & camping trips.

Activity 1: Cub Scout Essentials Relay Race

Divide the den into two teams. If two dens are at the station at one time they can race against each other. Have each team line up in a straight line about 20 feet from the pile they are going to be running to. Explain the rules to them.

- On Go the first person from each line will run to the pile and grab one item that represents one of Cub Scout Six Essentials items that is needed for every camping trip or hike.
- He will run this item back to the line and place it on the ground next to the line and tag the next player who will do the same thing.
- If they have an item wrong the next person in line will take the incorrect item back and try to replace it with a correct one.
- Play will continue until one team has assembled the correct Cub Scout Six Essentials.

Cub Scout 6 Essentials: First Aid Kit, Water Bottle, Sunscreen, Trail food, Flashlight & Whistle.

Activity 2: Leave no Trace

Have the kids come back and sit down. Read the leave no trace principles for kids (page 5 - 7) and take a few minutes to discuss what that means. Then give each group a piece of paper and a pencil; Tigers and Wolf Den's may want to have their den leaders write for them. One at a time give each den 3 minutes to stand up and walk around the campsite and write down what Leave No Trace violations have been committed. Once each den has completed this have each den read off what they have. Tell the dens all the violations committed and discuss the ones they missed.

Read the Outdoor Code and discuss how Leave no Trace supports the Outdoor Code.

LNT Violations:

- Tents placed too far apart making a bigger campsite than needed. (Choose the right path)
- Fire is not built in a fire ring or firepan (Be Careful with Fire)
- Fire is not built with wood from the ground (Be Careful with Fire)
- Fire is going to be too big (Be Careful with Fire)
- Trash throughout the campsite (Trash your trash)
- Trash is not secured in the trash bag (Trash your trash, Respect Wildlife)
- Groceries are not away where animals can't get them (Respect Wildlife)
- Food is set out for the animals (Respect Wildlife)
- Collected objects from nature like flowers, rocks, pinecones (Leave what you find)
- Collected bugs/insects (Leave what you find, Respect wildlife)
- Dog is not on a leash (Respect Wildlife, Be Kind to Other Visitors)
- Dog poop is not cleaned up (Trash your Trash)
- Radio could be played too loud (Be Kind to Other Visitors)
- No maps were found at the campsite (Know before you go)

Background that may be helpful....

Outdoor Code

As an American I will do my best to be clean in my outdoor manners, be careful with fire, be considerate in the outdoors and be conservation minded.

What it means:

Be clean in my outdoor manners:

I will take care of the outdoors for myself and others

I will keep my trash and garbage out of lakes, streams, fields, woods and roadways.

Be careful with fire:

I will prevent wildfires.

I will build my fires only where they are appropriate.

When I have finished using a fire, I will make sure it is cold out.

I will leave a clean fire ring, or remove all evidence of my fire.

Be considerate in the outdoors

I will treat public and private property with respect.

I will use low-impact methods of hiking and camping.

Be conservation minded

Conservation means to protect things in a nature and to only use what is necessary.

I will learn how to practice good conservation of soil water, forests, minerals, grasslands, wildlife, and energy.

I will urge others to do the same.

Leave No Trace Principles for Kids

- Know before You Go
- Choose The Right Path
- Trash Your Trash
- Leave What You Find
- Be Careful With Fire
- Respect Wildlife
- Be Kind to Other Visitors

What it means:

Plan Ahead and Prepare

- Know the regulations and special concerns for the area you'll visit.
- Prepare for extreme weather, hazards, and emergencies.
- Schedule your trip to avoid times of high use.
- Visit in small groups when possible. Consider splitting larger groups into smaller groups.
- Repackage food to minimize waste.
- Use a map and compass to eliminate the use of marking paint, rock cairns or flagging.

Travel and Camp on Durable Surfaces

- Durable surfaces include established trails and campsites, rock, gravel, dry grasses or snow.
- Protect riparian areas by camping at least 200 feet from lakes and streams.
- Good campsites are found, not made. Altering a site is not necessary.
 - In popular areas:
 - Concentrate use on existing trails and campsites.
 - Walk single file in the middle of the trail, even when wet or muddy.
 - Keep campsites small. Focus activity in areas where vegetation is absent.
 - In pristine areas:
 - Disperse use to prevent the creation of campsites and trails.
 - Avoid places where impacts are just beginning.

Dispose of Waste Properly

- Pack it in, pack it out. Inspect your campsite and rest areas for trash or spilled foods. Pack out all trash, leftover food and litter.
- Deposit solid human waste in catholes dug 6 to 8 inches deep, at least 200 feet from water, camp and trails. Cover and disguise the cathole when finished.
- Pack out toilet paper and hygiene products.
- To wash yourself or your dishes, carry water 200 feet away from streams or lakes and use small amounts of biodegradable soap. Scatter strained dishwater.

Leave What You Find

- Preserve the past: examine, but do not touch cultural or historic structures and artifacts.
- Leave rocks, plants and other natural objects as you find them.
- Avoid introducing or transporting non-native species.
- Do not build structures, furniture, or dig trenches.

Respect Wildlife

- Observe wildlife from a distance. Do not follow or approach them.
- Never feed animals. Feeding wildlife damages their health, alters natural behaviors, and exposes them to predators and other dangers.
- Protect wildlife and your food by storing rations and trash securely.
- Control pets at all times, or leave them at home.
- Avoid wildlife during sensitive times: mating, nesting, raising young, or winter.

Be Considerate of Other Visitors

- Respect other visitors and protect the quality of their experience.
- Be courteous. Yield to other users on the trail.
- Step to the downhill side of the trail when encountering pack stock.
- Take breaks and camp away from trails and other visitors.
- Let nature's sounds prevail. Avoid loud voices and noises.

