

Harford District
2015 Cub Scout Day Camp
June 27 - July 1

Ma and Pa Trail Scavenger Hunt



Station Volunteer's Guide

Thank you for being a station volunteer! The stations are the heart of camp and truly provide our scouts with an opportunity to try out a new skill (or build on one they know) while having a great time. Our volunteers' knowledge and enthusiasm is what makes our camp great!

To make running the station easier, please take some time to read through the station guide. While **what** is being covered at the station needs to remain as outlined, **how** it is covered is only one of many methods. If you find a better way to accomplish the requirements or if the method we have outlined doesn't seem to be working...please feel free to change it! This is only a guide...do what works best for you and the scouts coming to your station.

One other thing to keep in mind - some stations will be visited by all ranks. That means you may have 6 year olds through 11 year olds and may have to simplify or intensify the methods to meet the skills and knowledge of all the scouts.

Thanks again - we are glad to have you as part of Harford Day Camp!

Station Procedures

- The first station begins at 10:15 on Monday and 9:15 other days...so you have some time! We've tried to only schedule 2 dens at a time (max. 24 boys) but, there may be times when you have 3. Consult your station schedule so you will know who to expect and when.
- Greet dens as they arrive. Many will have a den cheer, ask to hear it!
- Once all the dens arrive or the start time has come, begin going through the procedures for the station. It is very important that you start and end on time! Each time slot lasts 45 minutes. If a den arrives 10 minutes late, they CANNOT stay 10 minutes past the end of the station...that would make you and then late for the next station. If a den doesn't get finished, suggest they come back during a break or take the remaining activity with them to work on at the den.
- Execute the station with energy and enthusiasm! Let the scouts do as much for themselves as possible. It doesn't need to be perfect, they just need to Do Their Best!
- Don't forget the beads. Each scout earns a bead at every station for participating. Beads can be given to the den leader for distribution.
- Once the den is finished, begin resetting for the next group.
- Close the station at the end of the day by packing/organizing the supplies and cleaning and disposing of all trash. Let the Program Director responsible for the station (either Tiger/Wolf/Bear or Webelos) know if supplies are running short!

Station Overview

Discussion and a hike will comprise the activities for this station. The scouts will review the safety rules for hiking. They will take a hike along the Ma and Pa Trail. While hiking, the scouts will take part in a Scavenger Hunt. They will practice identifying different animals, birds, plants & trees on the trail. Scouts can pick up litter on the way back.

Set-up:

Open the Ma and Pa Trail Scavenger Hunt bin and: (if the bins are not at the station, a volunteer will need to come to the Crouse building to get them before the day starts)

- 1) Locate the Scavenger Hunt papers for the appropriate Den (Tiger, Wolf, Bear)
- 2) Locate pencils and clip boards to give to each hiker or buddy pair.
- 3) Locate the reminders for safe hiking

Break-Down

- 1) Return all materials to the bins.
- 2) Clean off clip boards (if needed) and sharpen pencils.
- 3) Please bring the station bin to the Crouse Building at the end of the day.

Station Objectives:

Each scout will:

1. Review Hiking Safety Guidelines and the Cub Scout Six Essentials. Ask the scouts:
How would you prepare for a hike? What types of clothes would you wear? What kind of equipment would you bring?

Highlight for the scouts the Cub Scout Six Essentials:

***First Aid Kit** - A kit should include a few adhesive bandages, some moleskin (a sticky bandage that you can put over a blister to keep it from getting worse or rubbing), and a bandage or two.

***Filled water bottle** - Make sure it is big enough to carry water for you to drink through your whole hike and back. And make sure it is full when you start out! It is not safe to drink water you find along the trail.

***Flashlight** - Check your batteries to make sure they have plenty of juice. Your flashlight will be used only in an emergency, so save the batteries for times when you really need them!

***Trail food** - Trail mix or a granola bar provides quick energy when you need it.

***Sun Protection** - Sunscreen should be SPF 30 or greater. A hat is good to have, too!

***Whistle** - It's only for emergencies, but a whistle will last longer than your voice.

You might want to pack an extra pair of socks in case your feet get wet or it rains. A rain poncho, waterproof jacket, or even a large plastic garbage bag with holes cut out for your head and arms will keep you dry if it rains. What other gear should you take on your hike? Remember, you'll have to carry it all yourself and bring it all back!

Highlight for the scouts the safety guidelines for hiking:

- * Always tell someone where you are going and when you will return.
- * Never hike alone or at night; always use the buddy system.
- * If you get lost, hug a tree (means to stay put until help comes). Use your whistle to alert people to where you are.
- * Dress properly for the weather and environment.
- * Wear sun and insect protection.
- * Take an extra pair of socks in case you need to change.
- * Obey traffic signs and signals.
- * Avoid hiking along roadways.
- * Stay on the trail.
- * Be aware of your surroundings.
- * Don't litter as you hike.
- * Be alert to dangerous animals, insects, and plants. Never touch a wild animal.
- * Take 1 pint of water for each hour you will be hiking. Never drink water that you don't know is safe.

2. Hand out Scavenger Hunt materials:

- Explain to scouts that they will look for the various objects on their papers as they take their hike.
- When they identify one of the required objects, record it on their journal paper.
- Tigers, Wolves and Bears have different materials:
 - *Tigers - 1-page "Bingo" card with pictures
 - *Wolves - 1-page Table to record observations/identification.
 - *Bears - 2-page journal

3. The hike should take about 30 minutes. Keep an eye on the time as you are on the trail and make sure you have enough time to return to the station.

4. When you return to the station, give out the beads for participation. They should keep their papers to add to their handbook. If they didn't get to finish, suggest to the DL that they use their Den time to finish.

5. Prepare materials for the next group.