

# Yes No Maybe Essential News

Volume 2, Issue 4

[www.marcellavonnharting.com](http://www.marcellavonnharting.com)

April 2003

Marcella Vonn's

CALENDAR OF EVENTS

Check web site for updates

***The Miracle of  
Young Living CD  
is a Terrific Gift***

**Share the magic!  
order on our web site**

*Resurrection*  
is the art of  
emerging from  
what you are into  
what you are going  
to be in the future.

*Friendship*  
is God's love  
shining through  
the eyes of your  
loved ones, calling  
you home to drink  
His nectar of  
eternal unity.

*Keep your mind*  
positive and strong.  
It is your inner  
experience that is  
most important.

— *Paramahansa  
Yogananda*

Editor: Anita Tamboli  
email: [atamboli@msn.com](mailto:atamboli@msn.com)

Co-Publishers:  
Marcella Vonn Harting  
and Anita Tamboli

©2003 Yes No Maybe Essential News.  
All rights reserved. The opinions,  
conclusions or recommendations expressed  
in this publication are those of the  
authors and do not necessarily reflect the  
views of the publishers.

## Business Basics By Marcella Vonn Harting

**A**ccording to a study by the University of Ohio, approximately 1,500 people start small or home-based businesses every day. About one-fourth of those new businesses are in network-marketing organizations and about three-fourths are people who choose to work part-time.

What it really takes is a desire to succeed and a willingness to talk to people to be successful in sales and network marketing. A good network marketer never gives up. He or she understands there are good times and bad times in every business and recognizes the importance of working through the bad times. When you are motivating someone to join your organization it can take a lot of passion, because you are asking someone to make a major lifestyle change. As any professional salesperson can tell you, the most important secret is to truly believe in your product. Ask yourself how you really feel about this venture. Do you choose to take the products or are you convinced it's the best thing for you to do? Are these products the best on the market? Do you feel being a distributor is a phenomenally fun and exciting way to make a living or only a way to manifest money?

The answers to these questions determines your enthusiasm and passion.

Yes, you choose to manifest money doing this, and network marketing should be something you are so excited about you can't imagine doing anything else. Ask yourself what you would do for a living if you really didn't need the money. If you would get out there, meet people, and convince them to buy something, you likely have the level of passion you need to

make it in network marketing.

There's no question about it. If you choose to succeed in network marketing, you have to be able to get out there and meet people. Nothing happens in this business until someone buys something from another individual.

Whether you are selling a product, selling your company to a prospective person or helping a member of your organization, you need to know how to listen. Good listeners gain business because they truly understand what someone is looking for.

Listening means actively listening for their problems and concerns. It means asking questions and knowing what clues signal a true need. Good listener's favorite question is why. They never change the subject to talk about their problems. They naturally understand what someone is feeling even if they have never experienced the same problem. People just drop by to talk to them—all the time. They rarely tell someone what to do. And they nod their heads and say "I know," several times in even a short conversation. You know you are a good listener if you apply these principles.

Business is about communication. You need to communicate with your down-line, your up-line, your customers, and even the people at the home office. This is the reason why I write a newsletter and encourage you to do the same. My newsletter is available to anyone through my web site at [www.marcellavonnharting.com](http://www.marcellavonnharting.com). Please feel free to copy it and communicate with your people.

Share and sponsor with passion,  
MARCELLA VONN HARTING



## Marcella Vonn Harting's Mission Statement

**M**y mission is merging science and miracles by weaving state of the art knowledge of the essences, Chronobiotic™ Nutrition, body language, Conscious Language, innovative health technologies, emotional healing, and abundant prosperity strategies into our new Global Wisdom.

I am passionately committed to sharing the systems I use to embody personal fulfillment with my global family.

**Marcella Vonn Harting**

## To Your Pets' Health

by **Dr. Nancy Brandt DVM, CVA, CAC**

**F**ive Aroma's for Dogs.

Excerpts from Dr. Nancy Brandt's upcoming book "Clinical Applications of Veterinary Aromatherapy"

Aromatherapy for animals is highly understudied. Much aromatherapy use in dogs is extrapolated from human use. There are many conflicting opinions on aromatherapy for animals. I have used Young Living Essential Oils in my practice since 1998 and other aromas previously. As a Holistic Veterinarian the following are my top 5 picks for the most effective and life changing Young Living Essential Oil Blends for dogs. (Cats are very different and are covered in another area).

### 1. Di-Tone

a. A proprietary blend of tarragon, ginger, juniper, anise, fennel, patchouli, peppermint, and lemongrass essential oils.

b. Used with great success with gastrointestinal upset like diarrhea, vomiting, constipation and nausea.

c. This blend assists in relieving poor digestive tone. The individual oils regulate digestive tone, are antimicrobial, anti parasitic, detoxifying, antispasmodic, regulate the gallbladder, regulate spasms, colitis, dyspepsia, and indigestion, aid in nausea and poor digestion.

d. Take 10 drops of a good quality carrier oil such as YLEO V-6 mixing oil, place into your hand; apply 4-5 drops of the Di-Tone blend and mix 3 times clockwise in your hand, then rub on abdomen (belly) of your dog. Apply damp moist heat for 1-5 minutes. Apply 2-3 times a day. Results are often seen within 12 hours. If no results are seen with in 24-36 hours please contact your local veterinarian.

e. A case of too much of a good thing. Roxie, a beautiful Labrador retriever, was new to her raw food diet. She had been using raw food for 3 months. She was able to get into some of the thawing food in the refrigerator and over ate considerably. Roxie then presented with diarrhea. This occurs because her body could not digest the abundance of food and the colon quickly got rid of the excess, much to the owners' dismay. One application of Di-Tone, as above, created a large belch and then Roxie felt fine. She was then cautioned to never overeat.

### 2. Purification

f. A proprietary blend of citronella, lemongrass, lavandin, rosemary, melaleuca and myrtle essential oils.

g. Used to disinfect all surfaces, the air and negative energetic influences

h. This blend assists in clearing out environment of electromagnetic energy, pollens, dust, viruses, bacteria and molds.

i. Place 20 drops in 32 ounces of water shake well before each use and mist areas where your pets are 1-2 times a day. You can clean surfaces with this dilution or mist your dogs back (cover eyes) 2-3 times a day. Use daily in a diffuser in the area where your pet stays.

j. Purification is so effective it has helped animals in my practice stay calm because they are not bombarded with several smells and negative energies.

*Continued in the next issue.*

Phone Dr. Brandt for a consultation.

**Dr. Nancy Brandt, DVM, CVA, CAC**

2591 Windmill Parkway, Suite 2

Henderson, NV 89014

Phone: 702-617-3285

## A Visit With Dr. Sam Walters

**D**r. Sam J. Walters is a Naturopathic Medical Doctor with a Family practice and clinic in Scottsdale, Arizona.

In his practice Dr. Walters sees a variety of patients from all over the United States and several foreign countries. Dr. Walters uses Young Living Essential Oils in his practice. He told us he uses Peppermint and Ginger Essential Oils with his cancer patients to ease their discomfort when they have challenges with nausea and upset digestion systems. He said, "These oils are as effective as most of our prescription medicines and much safer."

Dr. Walters explained that he recommends to all his patients to use Young Living's Dentarome or Dentarome Plus toothpaste. He said, "All toothpaste on the general market are loaded with tin and other heavy metals, including mercury and lead."

Before beginning treatment Dr. Walters has the majority of his severally ill patients complete a 12 hour urine collection test. "The test results show all our cancer patients have heavy metals in their bodies." Before we even begin treatment on our

cancer patients we address the issue of heavy metals in the body. We cannot put our cancer patients into remission until we remove the majority of heavy metals from their systems."

Dr. Walters explained why he loves Young Living products, "We are organic creatures and we need to use and be treated with organic materials."

Dr. Sam Walters is trained in Natural Medicine as well as Traditional Medicine. He specializes in Clinical Nutrition, Herbal Medicine, Homeopathy, Traditional Medicine, Acupuncture and Spinal Manipulation. He has practiced for over 30 years in the medical profession and has lectured to groups of up to 7,000 people throughout the U. S. He has hosted his own Television and National Radio programs.

You can reach Dr. Sam Walters at:

WellSpring Clinic, Inc  
8070 E. Morgan Trail, Suite 200  
Scottsdale, AZ 85258

Phone: 480-946-9222 Fax: 480-946-9226

[www.wellspringclinic.com](http://www.wellspringclinic.com)

### The Doctors Forum

By Dr. Ken Krieger

**G**out is a metabolic disease presenting an acute inflammation of a joint (arthritic pain), and is usually peripheral and, most often, beginning in the big toe or the bones of the foot or knee. Gout can spread to other joints of the body. It often becomes chronic, producing deformity. It affects mostly mature males. The build up of excessive amounts of uric acid, with urates (crystals) of sodium in and around the joints and tendons, is the result of a failure of the body to convert uric acid into urea and ammonia which are excreted properly in the urine. Gouty tophi (small nodules) may form in the ear lobes and other cartilages.

Much discussion has taken place regarding proper food intake in treating gout. Reducing purine producing foods, such as meat, is not the answer because purines, which form uric acid in the body, occur in vegetables as well as meats. Raw leafy vegetables, raw vegetable juices, beans and potatoes are high in potassium, which is a protection against gout. Organic mineral supplements are a source of potassium. Wheat products may have an affect on the gouty person and should be eliminated from the diet

during acute attacks. Vitamin E is essential to protect the nucleus of the cells, where uric acid is formed. Sodium must be eliminated from the diet. Strangely enough, cherries, either fresh or canned, whole or juiced, have a beneficial effect on gout patients. Fruit and vegetable juices, particularly orange juice, helps keep the uric acid crystals in solution and aid in their excretion from the body.

For my patients with acute gout I recommend the following protocol. The best source of antioxidants is Berry Young Juice. Take 1 ounce twice a day for seven days. Apply topically 5 drops of Geranium, Lemon, Roman Chamomile and Juniper Oils at the sight of the inflammation. Use Mineral Essence for potassium. Take 2 droppers four times daily for seven days or until the gout has subsided. Take 6 capsules of JuvaTone and VitaGreen twice per day.

Gout may run in some families and is normally due to eating the same foods for generations. Change your eating habits and improve your health.

**Dr. Krieger** is a Chiropractic Physician in Phoenix, AZ. Reach Dr. Krieger by Phone: 623-561-2478, Email: [Drkriegerstria@aol.com](mailto:Drkriegerstria@aol.com), or Web site: [www.arizonaspinedoc.com](http://www.arizonaspinedoc.com).

## Yes No Maybe Essential News

Marcella Vonn & Jim Harting  
8714 N. 58th Place  
Paradise Valley, AZ 85253

Phone: 480-443-3224

Fax: 480-443-0302

Email: [mvonn@aol.com](mailto:mvonn@aol.com)

[www.marcellavonnharting.com](http://www.marcellavonnharting.com)

Sponsor # 9248

[www.youngliving.org/mvonnharting](http://www.youngliving.org/mvonnharting)

This newsletter is published on the web site and is available to everyone in our organization. Pass it on. Tell your downline to subscribe to the newsletter on the web site.

*Yes No Maybe  
Essentials, Chronobiotics &  
Conscious Language*

[www.marcellavonnharting.com](http://www.marcellavonnharting.com)

### **Subscribe NOW, Subscription Form**

We will **mail** to those who subscribe to the newsletter.

The subscription price is **\$12 per year**.

The newsletter is free at [www.marcellavonnharting.com](http://www.marcellavonnharting.com), "Newsletter".

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Check Enclosed for Mail Subscription, Check Here: \_\_\_\_\_ Check No: \_\_\_\_\_

Mail to: Marcella Vonn Harting, 8714 N. 58th Place, Paradise Valley, AZ 85253

## **Listening To Your Heart** By Robert Tennyson Stevens

**L**iving our lives with passion is so inviting. What is passion? Passion and enthusiasm are very similar and very healthy. What is Enthusiasm? Here is my take from tens of thousands of coaching sessions including a couple thousand sessions with myself.

First, I have a couple of beliefs which I use each day to find and live my enthusiasm.

1. Enthusiasm comes from the root word "enthios" which means "God in you." Since God is in us, then enthusiasm is inside us. You know, "The Kingdom of Heaven is within."
2. My Heart and my enthusiasm are within each other.
3. What I love, I am enthusiastic about.
4. To be passionate, I get to be doing what I love, from my heart.
5. If I serve fear in any form, I will be living outside my Heart, outside my enthusiasm.
6. By listening to and obeying my Heart, I will start my path of Heart, my path of enthusiasm and can live passionately.

7. By following my Heart, I will serve Love and enthusiasm.
8. By serving Love, I am serving faith, therefore the natural and Divine reward for serving faith is Grace.

From these premises, I have learned, any goal set serving fear will only bring more fear. If I choose "only what seems reasonable or possible" is sorting my head and most likely sorting by my fear. Failure is certain. If I desire to be truly successful, then making and living my highest choices day by day, trusting my Creator will supply, fulfill, inspire, teach and guide me will be my true path of success.

Listen to your Heart. It will usually be your first thought, first words and first feelings. By putting your own Heart first, you may find "all else being added unto you."

Robert Tennyson Stevens  
Mastery Systems Corp.  
424 Heather Marie Drive  
Hendersonville, NC 28792  
828-698-7800

[www.masterysystems.com](http://www.masterysystems.com)