

Yes, No, Maybe Essential News

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Yes, No, Maybe
Essentials, Chronobiotics™ &
Conscious Communications

We're on the web:
www.marcellavonnharting.com

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★ Enclose check and mail to Marcella Vonn Harting, 8714 N. 58th Place,
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Your Leadership Legacy

The Difference You Make in People's Lives is the subtitle of a new book, *Your Leadership Legacy*. Written by Marta Brooks, Julie Stark and Sarah Caverhill, the book is in The Ken Blanchard Series, Simple Truths Uplifting The Value Of People In Organizations.

The story chronicles Doug Roman's growth from an authoritarian leader to one who learns true leadership, a legacy from his aunt Nan.

"I believe you must dare to be a person, not a position" is a concept we know, yet

the actions of Doug give us examples of how we may not be living this simple truth.

"I believe you must dare to connect with people," is so profound we may not fully understand the scope. Doug finds how to accomplish this connecting in an effective multi-dimensional manner.

Ask questions, respond to the perspective of others with empathy, talk one-on-one, listen intently and repeat back, point out individuals strengths to them, remember and consistently use people's names, broad

cast the successes of others, and use words and stories to draw people out are just a few of the principles Doug discovers on his journey.

"I believe you must dare to drive the dream" is the third principle Doug learns. Remain relentlessly committed to a dream.

Ken Blanchard states in the foreword of the book, "The legacy you live is the legacy you leave."

Marcella Vonn Harting highly recommends this book.

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The Magic of Essential Oils & Chronobiotics™
& *The Language of Mastery*
Exciting Playshops by
Marcella Vonn Harting

These presentations and others can be brought to you and your downline with a commitment of 25 people or more. **Phone Marcella Vonn or Anita at 480-443-3224** to arrange time and place.

Learn and experience the value of how to use Essential Oils. Learn how time of eating affects our wellness and vitality. Discover the power of your words. *I can, I am, I will, I have, I choose, I create, and I enjoy* are words to enhance life.

Marcella Vonn says "timing will change the world as we know it. The factor which will allow us to experience having it all in our daily lives is our awareness of how time relates to eating, sleeping, exercising, and living our lives to the fullest."

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MAKE A LIVING
MAKING A DIFFERENCE
By MARCELLA VONN HARTING

Have you chosen what you are going to make of this year with our new Young Living compensation plan? So many opportunities are just waiting for you to "SEIZE THE DAY!" The point is have you got a clear enough mind to see them?

Are you ready to make the best of whatever comes your way this year? Are you ready to grab it with both hands and run with it? This year is yours and yours alone, so make it happen.

"When one door of happiness closes, another opens; but often we look so long at the closed door we do not see the one which has been opened for us," said Helen Keller.

Young Living's new compensation plan is here and it is GREAT!

If you choose to change something in

your life, you are the person with the power to make a change. Take actions required and the world will beat a path to your door in order to help you succeed. Remember,

"...often we look so long at the closed door we do not see the one which has been opened for us." Helen Keller

ber, nobody ever planned to fail, they just failed to plan.

Take some time and write down what you choose to have and gain with this new plan. Make a plan for your future, after all it's your life!

I am reminded of a story which I will share: A man is walking down the street and sees his friend on the porch of his house, so he stops to talk for awhile. After a short time the dog who had been lying there quietly yelped, jumped up, and then settled

down again. The two men ignored this and went on talking. A few minutes later, the same thing happened again and as before the men continued to talk. Shortly after it happened again, the man asked his friend what is wrong with the dog, to which he said, "The stupid dog is lying on a nail." The man thought for a second and asked the obvious question, "Why doesn't he move?" His friend answered, "I guess he is not uncomfortable enough yet."

How many of us are like the dog? I would like to encourage you to take a good, hard look at yourself and see if you have a nail in your side, and consider if you are now ready to take it out. When it comes to you, when truly is a better time than now?

Yours in the present,
Marcella Vonn Harting



Marcella Vonn Harting’s Mission Statement

My mission is merging science and miracles by weaving state of the art knowledge of the essences, Chronobiotic™ Nutrition, body language, Conscious Communications, innovative health technologies, emotional healing and abundant prosperity strategies into our new Global Wisdom.

I am passionately committed to sharing the systems I use to embody personal fulfillment with my global family.

Marcella Vonn Harting

How To Pick An Essential Oil For An Animal

How should you pick an essential oil for an animal?

I just attended the Pacific Institute of Aromatherapy 6th Scientific Holistic Aromatherapy Conference. At this conference several individuals stood up and gave their ideas on essential oils and animals. The resounding common advice is animals truly do know what is best for their own health. Let them smell the oils, open your oil case and give them access to the vast array of great oils they can choose from. Observe how they react. Plug into your intuitive and see which one feels right for your pet. With cats just let them smell the aroma. With dogs rub a small 50:50 dilution on their back and see the remarkable results just a little “dab” will give.

Kurt Schnaubelt co-founder of the Pacific Institute of Aromatherapy gave a fabulous talk on the reason to use pure natural essential oils.

1. The isotope ratios are different i.e.) the mix of carbon 12 to 13 is different in real rosewood than it is in synthetic linenool
2. Enanhourenic composition: i.e.) a left hand glove does not fit on the right hand as well even though it is still a glove
3. The evolutionary mix: No molecule exists by itself

each is in a soup of molecules i.e.) 1200 types of molecules have been found thus far in lavender oil Nature has embedded each in an environment of other molecules and a synthetic will have a different soup i.e.) we recognize vitamin C in the form of an orange so they synthesised vitamin C and then we found that the bioflavonoids were just or more important so they synthesis them. Like Marcella Vonn would say why not just eat the orange? Evolutionarily we have evolved to recognize nature over millions of years and the synthetics over 1 to 80 years this is not putting the right glove on the right hand!

Lastly he went on to postulate 5 observations of aromatherapy

1. Essential oils are the secondary metabolites of the plants to which we as mammals have adapted to
2. Naturals are different (as outlined above)
3. They are used more by women because evolutionarily women are to take care of the survival of the species
4. They are easy to use and there is minimal hazards to learn therefore they could be promoted as a self help modality (as Frank Burns

would say when asked how do essential oils work, “They work just fine.”)

5. Essential oils are messenger organisms; plants are co-evolving with us to take care of their own survival and they can therefore speak to us in the intuitive and to the animals. Thus the animal can be placed in charge of the oil selection.

Dr. Nancy Brandt
DVM,CVA,CAC, A VETERINARY MEDICAL DOCTOR.
Dr. Brandt can be reached for a consultation at 702-617-

**Marcella Vonn Harting
Presents An Intro Meeting
In the Phoenix Area**

June 8, Wednesday
YLEO Intro Meeting
7-9:00 p.m.
8714 N. 58th Place
Paradise Valley, AZ
Phone: 480-443-3224

“We could all use a little coaching. When you’re playing the game, it’s hard to think of everything.”

Jim Rohn

Young Living Essential Oils For Horses

As a distributor with Young Living for the past seven years, I have been a student of these oils whose wisdom has guided me through my own personal growth as well as providing a means to enhance the lives and well-being of others.

A significant focus of my integrative healing practice is devoted to animals, especially horses. My own pony, Angel Fire, has been a wonderful teacher and partner as she has guided me in the use of the oils on her. It is from her I learned how to work with other horses, awakening an ongoing creative process of intuition and communication. The specialized aspect of my practice devoted to horses is called **EQU-LIBRIUM™**. While this includes other modalities, I would like to share some of the techniques I’ve developed with the Young Living Oils.

Beginning with a silent prayer of gratitude and appreciation, intent is given for healing in alignment with their highest good. The Aura-Soma Quintessence Kuthumi (St. Francis) is used to relax them into alignment with their Group Soul, enhancing feelings of safety and grounding in their identity. The first Young Living application is White Angelica™ to the shoulders followed by 3 Wise Men™ to ground them in Source. From that point, the horses let me know what they need and the oils combine to complement Reiki, Aura-Soma and BioGenesis. There are times when the oils are not applied directly to the physical body but are toned in through a tuning fork tuned to the sound of OM, the primordial sound of Creation. With the bottle directed to one of the levels of the subtle anatomy

the tuning fork is applied to the top. Afterward the bottle is placed on a special Activator Disc which re-energizes and recalibrates its frequencies.

Recently with the enthusiastic support of the owner of a local riding academy, I began to adapt Carolyn Mein’s techniques for releasing emotional patterns. Emotional issues surfacing in a powerful 1000 pound animal can challenge even the most experienced riders. Similar to the human experience, their trauma can be deeply rooted in their past. Because horses are prey animals, the dominant issue is fear. A series of questions exploring that fear enables us to arrive at the core issue. The corresponding alarm points on the horse’s body are then located and the appropriate oils are applied as the rider/owner states the affirmation. Because animals often mirror our own issues riders and owners are encouraged to engage the process themselves.

I have found R.C.™ gently massaged into the area above the eyes, along the bridge of the nose and around the nostrils eliminates the gooey runny eyes that result from all the pollen this time of year. ImmuPower™ used regularly around the ears helps to maintain a healthy immune system all year. V-6™ oil and Lavender makes a good hoof treatment. Valor® followed by Harmony™ along the spine brings the physical body and energy centers into alignment. My own pony especially enjoys a drop of Lavender on fresh fruit, a few drops of Di-Tone™ on a carrot three times a week, and Juniper and Sage rubbed into her mane and tail. During the hot summer months, a drop of Peppermint is added to her water

bucket to keep her cool. When faced with a dominant mare in her field, I rubbed Joy™ into her mane and tail. As she tossed her mane and tail she became a walking diffuser calming the dominant mare as well as the other horses in the field.

Young Living oils are high vibrational substances, “live essence medicines” whose consciousness knows how to direct the healing. As my sponsor and close friend, Iela, has taught me “We are simply the vehicles that deliver the oils. They do all the work.” We need only to trust and relax into the process.

Ariel
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Benefits of Drinking Water
Drinking at least 8 glasses of filtered water a day helps to:

- Hydrate your skin and clarify your complexion
- Lubricate your joints
- Promote normal digestion and nutrient absorption
- Promote normal bowel movements
- Reduce fatigue
- Aid in weight loss by promoting a feeling of fullness
- Stop headaches
- Boost your immune system
- Give you more energy
- Prevent kidney stones
- Flush out unwanted toxins
- Reduce bloat