

Yes No Maybe Essential News

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Marcella Vonn's

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Editor: Anita Tamboli
email: atamboli@msn.com

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ARE YOU WILLING TO PAY THE PRICE FOR SUCCESS?

By Marcella Vonn Harting

 I have one simple question for you today. Are you willing to pay the price for success? If you are not willing to pay the price for success you will pay the price for failure. One way or another there is a price to pay in Life. The question is not are we going to pay a price, but what price are we going to pay. A fact of Life is there is a price to pay to be successful in business, to have a good marriage, to prosper spiritually, intellectually, emotionally and physically.

Many people are oblivious that change is a part of Life and the only thing constant in Life is change. I am amazed at the people I meet every day who choose to change their circumstances without changing themselves. People who choose more money, while refusing to work harder. People who choose success who are not willing to pay the price. In order to change your external circumstances, you must change the things going on inside your minds and hearts. You must re-examine and re-evaluate the way you think and the way you respond to Life's daily challenges. It all begins with taking action. Tell the truth about what you can become and what you can achieve. True motivation comes from within; it can change the course of your life.

"You and I do not see things as they are. We see things as we are."

--Herb Cohen

A wise man once said God gave man

two ends — one to sit on and one to think with. Unfortunately, too many people today are sitting on their rear ends not realizing the way we think causes many of our challenges.

Every day I read and search for information that can help me grow in every area of my life. I came across a study where the sociologist Dr. Anthony Campolo took 50 people over the age of 95 and asked them, "If you could live your life over again, what would you do differently?" An array of answers came back from this open-ended question. Three answers dominated. They were: If I had it to do over again, 1) I would reflect more. 2) I would risk more. 3) I would do more things that would live on after I am dead.

The time to learn to live is now, not tomorrow, and not when you get to be 95. Today is the day for action. You can enjoy a life of purpose and meaning when sharing Young Living Essential Oils with others. There is another old saying I am sure you have heard, "Give a man a fish and feed him for a day. Teach a man to fish and feed him for Life." This is the ultimate prize with Network Marketing. You can make a profound difference in you own life and others when you take action by sharing yourself and the value you have personally experienced with Young Living Essential Oils and Supplements.

Something to think about,
Marcella Vonn Harting



Marcella Vonn Harting's Mission Statement

My mission is merging science and miracles by weaving state of the art knowledge of the essences, Chronobiotic™ Nutrition, body language, Conscious Communications, innovative health technologies, emotional healing, and abundant prosperity strategies into our new Global Wisdom.

I am passionately committed to sharing the systems I use to embody personal fulfillment with my global family.

Marcella Vonn Harting

COLON HYDROTHERAPY—COLONICS

Perly Weisham at Hygia Spa in Scottsdale, Arizona has offered her clients colonics since 1996. Perly explains as our body's natural detoxification system becomes overburdened with toxin from our air, water and food the immune system can suffer. Colonics can help the body eliminate these accumulated poisons.

Dr. Paul Bragg, one of the fathers of alternative medicine in the United States said, "The secret to great health can be described in three words: Cleanse Your Body."

Colonic or colon hydrotherapy are names for a clean and relaxing form of inner cleansing. A soothing flow of warm water is instilled gently

into the colon through a nozzle inserted into the rectum to cleanse the contents of the lower colon.

Perly uses a Libbe, an FDA approved, medical grade colonic equipment, which is gravity fed or pressure controlled. The pressure, temperature and flow of water can all be regulated throughout the procedure. The Libbe is the finest "state of the Art" equipment on the market. Find a colonic practitioner using a Libbe near you at www.colonhydrotherapyonline.com

You can reach Perly Weisham at Hygia Spa, 10812 N. 71st Place, #103, Scottsdale, AZ, Phone: 480-443-8640, www.hygiaspaspa.com

The Doctors Forum

By Dr. Ken Krieger

STATIN DRUGS...DON'T BUY THE LIE!! Statin drugs inhibit the formation of cholesterol. The drug industry would have you believe that there is a need to lower cholesterol to be safe from heart attacks, yet they must say in their advertisements that this will NOT prevent heart attacks. So why should you take them? Of course they reduce cholesterol, but we NEED cholesterol to form other proper nutrients in the body. Cholesterol is the bodies repair substance:scar tissue contains high levels of cholesterol, including scar tissue in the arteries. It is the precursor to Vitamin D production and mineral metabolism. It is vital for nerve function, and plays a key role in memory and the uptake of vitamins in the brain. It stabilizes the formation of pregnenolone for the balance of hormones. The OLD normal levels of cholesterol were 240 mg/dl, then in 1984 this level was lowered to 200, now it is being lowered to 180. Why? Even though there is NO known correlation to

the lowering of cholesterol with the lowering of the heart attack rate, this is now touted as the new normal. It comes back down to MONEY. It's a cash cow for the pharmaceutical industry. They are making billions, and will have much more to make with the doctors prescribing these drugs and having people dependent on ongoing blood tests, and years with the probability of major side affects including muscle pain and weakness, slurred speech, restless sleep, and worst of all "the statin shuffle", a slow, wobbly walk. These go along with memory loss! Could this be one of the causes of Alzheimers symptoms? Do we NEED these drugs and their side affects? You be the judge! Get educated before you take any of these medications, and if you are now taking them, educate yourself even more. I am NOT telling any of you to stop taking a medication prescribed to you, however I am for your KNOWING why you are taking them, if they are really going to help your overall health, and would you be better off if you stopped taking them? Get yourself on the path to good health with YLEO products, good exercise, and proper eating.

Yours for Better Health Naturally, Dr. Krieger

To Your Pets' Health by Dr. Nancy Brandt DVM, CVA, CAC

Medical Intuitive Energetic Readings.

Each intuitive reading is different. What happens is the energy of the whole situation is read and I ask for a way to heal it. This does take faith on the part of the participants. Often I see healing when the humans do not believe. The essential oils are able to create a bridge to connect heaven and earth energies. As different magnetic fields come in touch with each other they create a new field. The patterns of energy which are there, interconnected and separate. The oils can bridge this and heal it. I have been gifted by the animals to read energy patterns and they help me find a way to heal this disruption in the vibration of energies. The animals and the angelic realm help in creating a healing ceremony to facilitate the other medical modalities we are using. If the magnetic pattern goes unchanged the physical manifestations of the pattern will not change. For example, if the sound wave of a trumpet comes to the ear it will sound like a trumpet; if the energy is shifted it could sound like a bird song. We see this in synthesized music. If we can change a signal at the energetic level we can manage health before it is manifested in the physical. Some times we can sense we are sick before we get the chills and headaches. Intuitive energetic readings can help the energy patterns sing their true song instead of being distorted.

Example: A dog with a sore leg not healing comes for a consultation.

Your pet is having a difficult time with its leg because there are issues in the house which are not being acted upon in a forward manner. These issues have to do with past hurts and disappointments. Ceremonies of oils benefiting this energy stagnation are as follows:

First, place the oils Forgiveness and Purification on yourself; Forgiveness on your belly button and Purification on your chest. Next, place Valor on your wrists and in between the shoulder blades of your pet. Spray a dilution of Harmony into the air or diffuse it. All people involved with the issue must be present. Sit with the dog in the middle of a circle and close your eyes.

Imagine the situation you have not stepped up to the plate about, and visualize your pet taking that first brave step. Now, all of you see yourselves stepping up and healing the family anger about the issue at hand. Place the oil Inner Child on each of your chests and inhale deeply and exhale until you can not possible release any more breath from your body. Let all the animosity leave and be transformed by the oils. Next, apply Lavender oil on everyone's feet including the dog and hold hands and forgive each other. Place a blend of Wintergreen, Cypress, Helichrysum and Lemongrass on the injured leg and in the same location of each member involved. Do this twice a day for 2 weeks and report back for the next layer to be revealed for healing.

Intuitive readings are a gift from the animal and angelic realm. I have been asked to move forward with this ability to create a more profound healing of this earth and the angelic realm. A good friend of mine has said our job here is to bridge the angelic with the animal. It is my pleasure to create this style of healing out of the immense tool box of medical modalities I have "downloaded" to draw upon. The essential oils have created a safe way to bridge and harmonize energy patterns.

Phone Dr. Brandt for a consultation.

Dr. Nancy Brandt, DVM, CVA, CAC
2591 Windmill Parkway, Suite 2
Henderson, NV 89014 Phone: 702-617-3285

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

Mark Twain

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Marcella Vonn & Jim Harting
8714 N. 58th Place
Paradise Valley, AZ 85253

Phone: 480-443-3224

Fax: 480-443-0302

Email: mvonn@aol.com

www.marcellavonnharting.com

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SUMMER REJUVENATION

Rejuvenate. Take charge. Feel your playfulness. This is critical for the summer energy. This is the season of the Heart, Small Intestine, Heart Constrictor and Triple Heater.

The emotion is Joy and the essential oil to use for this season is Joy. Place oil between the breasts to open the Heart center.

Conception 17 is located between the nipples. This point is the temple of Heaven and is the sacred place and spiritual vortex to channel Heaven into your Heart. This point opens the Heart center and invigorates the lungs and heart. This is where one cultivates joy and peace of mind.

The season of Summer is the time to play, get connected to the sun energy and be active. This is the yang or masculine side of your personality. It is the time for the Heart, or Leo energy inside yourself, to look at your connection with source, and gather your thoughts and release clutter. You need to give yourself an hour of Joy a day to bring balance to your Heart. Feel into your Heart, trust your intuition to revive and revitalize your soul. Movement such as

dancing or swimming will release stress and allow your Heart to sing. Listening to music that is harmonious to your soul will allow your heart to sing. Heart time is 11:00 to 1:00 p.m. and is a perfect time to rest and regenerate. Your body has natural cycles. August energy is one of feeling your fullness and expressing self love by bathing in warm water and being in the sunlight for a short period. One hour after sunlight and one hour before dusk you may commune with the sun for 40 seconds to recharge.

Small Intestine time is 1:00 to 3:00 p.m. This is the time to look at any old clutter and let go of old congested feelings.

Rejuvenation is at the core of your being and takes time to replenish. You are worth every drop of love. Self love and self worth are the key for rejuvenation. Valor is a critical essential oil to place on the soles of your feet as you touch the ground to nurture yourself from within.

Victoria Mogilner

Victoria Mogilner, owner of East West Rejuvenation, is a rejuvenation specialist, T'ai Chi instructor and acupuncturist. Reach Victoria at East West Rejuvenation, 4110 North Goldwater, Suite 106, Scottsdale, AZ 85251, Phone: 480-663-8208.