Yes No Maybe Essential News

Volume 1, Issue 2

Marcella Vonn's CALENDAR OF EVENTS

<u>Check web site for updates</u>

October 23, 2002 "Introduction to Essential Oils & Raindrop Technique" Inn Suites 475 N. Granada, Tucson, AZ 7-9 p.m., \$5/distributor, Guest Free Contact: George & Rosa Velasquez at 1-520-743-7256

October 24, 2002 **"Intro to Essential Oils"** 8714 N. 58th Place Paradise Valley, AZ 7 to 9 p.m. , Special Guest: Dr. Nancy Brandt, DVM

October 25, 2002 **"YL Business Potluck"** 8714 N. 58th Place Paradise Valley, AZ 7 to 10 p.m., Bring a dish. New Business Strategies Overview of New YL Plan

October 30, 2002 "Intro to Essential Oils & the Digestive System" Ash Fork Community Center 518 W. Lewis Avenue \$3/distributor \$5/couple Guest Free 7 to 9 p.m. Contact: Elizabeth May-Magowan, The Eagles Path 1-928-637-0008 (M-F 10am-6pm)

<u>November 8-10, 2002</u> "Sedona Self Enhancement Retreat for Women" Contact: Sedena C. Cappannelli phone: 1-480-837-5758 or www.AboutLifeInc.com

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October 2002

Awesome Forward Momentum

WESOME: Webster's dictionary defines as expressive of awe (an awesome tribute) and inspiring awe (an awesome sight).

Gary & Mary Young have succeeded in incorporating a world-class administrative team, whom are creating a new operating system of corporate support with our Young Living web site, International Marketing Plan and new educational training CD.

I am very excited with the forward momentum of Young Living right now! My personal commitment to your success with sharing Young Living motivates me to share win/win strategies, successful tools and books, insightful information, inspiring testimonials and personal one-on-one communications with you through my web site: www.marcellavonnharting.com.

I am in gratitude daily for my YL organization. When I first got started in building my team, my focus was educating people to the wonderful therapeutic world of essential oils, sharing my own personal testimony and giving enough information so people could choose to choose! I have never really focused on whether people would purchase. My focus is to convey the power of their knowing from the moment we shared, their life would never be the same because they now knew they had a choice.

Aromatherapy with essential oils is a

The Doctors Forum By Dr. Ken Krieger

n the previous article, I shared the 6 spokes of life with you. Another spoke, or important element in our lives, is Health. It is important for my patients to think of their health issues in a positive manner and be aware of what can be accomplished with essential oils. This article will share the use

credible holistic health and wealth modality. In all my years of study and observation with health modalities the most rewarding benefit I experience with essential oils is speed of action within the human body. I know with the assistance of Young Living, essential oils will be recognized in all health professions throughout the world. It gives me great pride to be among those of like minds in creating the standards for this credible science to be acknowledged.

By Marcella Vonn Harting

Each and every one of you contributes greatly in my life and the lives you touch when sharing these awesome products from Young Living. I thank you sincerely. After the first of next year I will make myself available for training events throughout the US and Canada. If this interests you, let's talk. I encourage you all to tell your organizations about this newsletter and how they can go to my web site and pull it up for themselves to acquire up-to-date information on presentations, tools and technologies to upgrade their business and their lives.

Love, Marcella Vonn Harting

P.S. I am happy to promote <u>Introduction to</u> <u>Young Living Essential Oils CD</u>, new this month. With the assistance and blessings from YL Corporate we are please to share this **wonderful advanced tool** with you for sharing and building your organization. With finishing touches now being made, all orders will be filled by the end of Oct. See the enclosed order form or my web site.

of essential oils for bone pain. I deal with this concern often in my practice. The oils I use in the office and patients use in their homes contain methylsalicilates. The oils are wintergreen, spruce or fir combined with cypress. These oils are used in a compress and have a compound affect. Remember, water drives the oils deeper, and should be used with consideration of a persons tolerance. Continue on Page 3



Marcella Vonn Harting's Mission Statement

y mission is merging science and miracles by weaving state of the art knowledge of the essences, Chronobiotic TM Nutrition, body language, Conscious Language, innovative health technologies, emotional healing, and abundant prosperity strategies into our new Global Wisdom.

I am passionately committed to sharing the systems I use to embody personal fulfillment with my global family. Marcella Vonn Harting

To Your Pets' Health by Dr. Nancy Brandt DVM, CVA, CAC

Pets? Electromagnetic energy and the human body have a valid and important interrelationship. Magnetic fields can affect both the emotional and physical body through the energy layer of the body. In 1974, researcher Albert Roy Davis, PH.D., noted positive and negative magnetic polarities have different effects upon the biological systems of animals and humans. Robert Becker, M.D., found weak electric currents promote the healing of broken bones. Dr. Becker brought national attention to the fact electromagnetic interference from power lines and home appliances can pose a serious hazard to human health. "The scientific evidence," writes Dr. Becker, "leads only to one conclusion: the exposure of living organisms to abnormal electromagnetic fields results in significant abnormalities in the physiology and function." Dr. Kyoichi Nakagawa M.D. calls this condition Magnetic Field Deficiency Syndrome, which can cause headaches, dizziness, muscle stiffness, chest pain, insomnia, constipation, and general fatigue. His research show healthy magnetic fields can counter the effects caused by the electromagnetic pollution in the environment.

Dr. Sabina M. DeVita in her book *Electromagnetic Pollution* explains the YL blend Purification can counter these effects.

I have used this oil in my practice for 5 years.

s Our Electronic World Weakening Our I clean with it, diffuse it and wear it on myself. Anits? Electromagnetic energy and the human body e a valid and important interrelationship. Mag-

- 1. It vibrates in such a way as to eliminate the electromagnetic pollution from things like my fluorescent lights.
- 2. It purifies the air of smells and germs.
- 3. It does not leave a smell of harmful chemicals.
- 4. Frequently animals react to the chemical cleaners in negative ways becoming intoxicated with the fumes. This can frighten animals and they will act in a fear/flight way and be difficult to work with.

Animals literally can smell electric energy. They are more in tune with their environment through smell than we allow ourselves to be. They can smell energy and will react favorably to positive energy. The YL blend Purification can benefit our pets' ability to interact in our high tech environment with so many energy waves pulsating from all the electronics. Just imagine what animals must smell or sense with the computer, microwave, cell phone and TV all on at the same time!

Dr. Brandt's phone consultations are by appointment only.

Dr. Nancy Brandt, DVM, CVA, CAC 2591 Windmill Parkway, Suite 2 Henderson, NV 89014 Phone: 702-617-3285

Coral Sea for Calcium & 58 Trace Minerals

Mined from the land of Okinawa, with special care taken never to hurt the ocean-dwelling living coral, Young Living's Coral Sea is a highly bio-available form of calcium and 58 trace minerals. Studies indicate coral calcium is more bio-available than calcium carbonate, and is also more efficient in cell preservation. Coral Sea contains 108% of the bodies need for calcium per serving. Calcium is the most abundant mineral in the human body. Calcium is needed to form bones and teeth, and required for blood clotting, muscle contraction and many other bodily functions. **YL Order # 3207**

Fall Retreat for Women

Marcella Vonn will present at the Fall Sedona S.E.L.F. Enhancement Retreat for Women on Nov. 8-10th. Relax, renew and reawaken your spirit.

See the Schedule or phone Sedena C. Cappannelli at 480-837-5758.

Polishing Diamonds—Recognition of Leaders George & Rosa Velasquez Help People

eeding to share what they have learned, especially to help children, this loving couple is extending themselves to talk with everyone they know about Young Living. When they learned about the toxic petrochemicals in everyday household products and even in children's toothpaste and hair care, they found their mission.

They set up a booth at a local radio station's Baby Fair where 301 people registered for a free drawing. They have been contacting these and others to attend their monthly meetings where they teach people how to use essential oils.

"When I met Vonn at an estheticians conference in Las Vegas a year ago, I was taking 6 to 8 Tylenols a day!" says Rosa. "I had a Raindrop and I could feel the difference immediately." "I am a hair dresser and have used chemical for years. Now I do the Raindrop Technique for people at the salon. I talk with everyone I know about using non-toxic products. Every Cosmetologist should be using Young Living's products!"

George tells people, "If you are willing to change your diet habits and the products your put on and into your body, I'll help you. If not, I need to talk to others who are interested in health!" Rosa says, "Keep talking, sharing is caring."

Their family in Guadalajara Mexico loves the blend Thieves. George says whenever they start to come down with a cold, they put Thieves on their feet. No one gets colds anymore!

Reach George & Rosa Velasquez at wonderclean@mail.com, phone: 520-743-7256

Questions & Answers

<u>Question:</u> "Can I pack essential oils in my luggage which will be scanned at the airports?" asks Kortni from Los Angeles <u>Answer:</u> Because of the extensive scientific research on the harmful effects of radiation we strongly recommend essential oils not be exposed to carry-on or checked luggage scanning. Request oils be hand-inspected.

Marcella Vonn <u>Recommends</u>

SAY YES TO CHANGE

25 Keys To Making Change Work For You

George & Sedena C. Cappannelli

I am exited to introduce this new book to you. George & Sedena "start at the beginning" and offer 25 keys to embrace change and set our foundation.

They detail the importance of embracing change, of learning to treat it as an ally rather than an adversary.

Our ability to change is dependent on our willingness to identify some old beliefs and alter some of the habitual behaviors causing resistance and resulting in missed opportunities.

The book provides a valuable set of new perspectives, motivational quotes and easy-to-apply life tools. Available in bookstores.

I highly recommend everyone read this book and apply the principles to our YL organization.

Doctors Forum Continued from page I

Apply 10 drops of cypress combined with your choice of fir, spruce or wintergreen with a warm compress on the affected area. This combination can be very helpful in reducing bone pain. Please keep in mind you never diagnose any disease or functional difficulty in any person choosing to use these oils. Only a licensed health care practitioner can diagnose. I have used these oils with great success in many cases for bone pain. The average time for application of the compress is about 15 minutes, with reapplication every hour until the pain subsides. If the pain does not subside, consult your physician.

Remember, you have a choice to take hold of the knowledge which will gives you power in dealing with your own health. In Proverbs there is a statement two things are most important in your life, wisdom and common sense. The wisdom part is easy, read and learn, common sense is the most difficult.

Dr. Krieger is a Chiropractic Physician in Phoenix, AZ. He has been in private practice for 30 years, and is in continued research on the benefits of nutrition, posture, exercise, spinal mechanics and the use of essential oils for the benefit of his patients. Reach Dr. Krieger at <u>Drkriegerstria@aol.com</u> and www.arizonaspinedoc.com.

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> Yes No Maybe Essentials, Chronobiotics & Conscious Language

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Fear Is Faith Returning

During many of the Conscious Languaging Events, and other seminars I share, folks begin to make choices. If a choice is made with feeling and specificity, frequently the individual begins to access memories or belief systems, which do not agree with the new choice. If a new choice of confidence, health, prosperity, or the like is made, any experience, memory or thought of fear, disease or lack which does not fit into the new choice will have the opportunity to arise for a correction.

Fear frequently shows up in the individual's way as new courage begins to manifest. I use to think fear was a bad thing. I now know fear is a natural progression of feeling into faith. Fear actually speeds us up into faith. As you make new choices, move upscale, increase your health and vibration, the lower frequencies come to our attention to meet our love, to be birthed into new shapes, feelings and energies. Love is essential for transformation. Fear, when loved, turns into faith, courage, confidence, security and assuredness.

By Robert Tennyson Stevens

As we move upscale, remember some of our old thoughts and memories may not fit into our new experiences. When we can love them, and make a new choice, our up scaling takes on a new flavor of ease.

Check out these options on your way to your joy: Anger turns into forgiveness and loving action. Grief into joy. Pain into love. Struggle into ease. I can't into I can. Apathy into caring. Numbness into sensitiveness.

Remember, every word we speak is a prayer coming into reality. I Can, I Am, I Will, I Choose, I Have, I Love, I Create, I Enjoy.

Robert Tennyson Stevens is the creator and facilitator of a unique curriculum of personal and professional empowerment technologies, trainings, and support materials.

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