# Yes No Maybe Essential News

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Marcella Vonn's

CALENDAR OF EVENTS

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#### THIEVES

#### Essential Oil Blend

Tested at Weber State University, Thieves was found to have a 99.96% kill rate against airborne bacteria. The oil blend is highly antiviral, antiseptic antibacterial, and anti-infectious.

Thieves was created from research about a band of thieves who rubbed oils on themselves to avoid contracting the plague while they robbed the bodies of the dead. When captured, the thieves disclosed the herbs, spices and oils used to protect themselves in exchange for more lenient punishment for their crimes.

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# How Good Do You Choose To Be? By Marcella Vonn Harting

re you talented? Can you make the unthinkable thinkable and the impossible possible? What qualifies you to be a network marketer?

Your greatest asset is your vision of where or who you choose to be. You must have a goal. Nearly all powerful and rich people are not notably charming, talented, educated or good-looking. They all became rich and powerful by choosing to be rich and powerful. Why do only around 3% make it to the top in Network Marketing? In a world where there is little demand for excellence I see a much bigger demand for mediocrity. It is the easy way out! The safest and most comfortable way for the majority of us is to coast with as little effort as possible.

So how good do you choose to be? -GOOD-VERY GOOD-THE BEST IN YOUR FIELD-THE BEST IN THE WORLD-

Talent helps, but it won't take you as far as ambition. Not many are prepared to make the sacrifices it takes to be great, yet everybody chooses to be good. For many people, being nice in order to be liked is more important. There's some merit in this although you must not confuse being good with being liked. We learn through experience and mistakes. In network marketing my greatest advances have resulted through my ability to just do it! Start up the conversation-listen to people and their needs-ask for the sale and a referral-

make myself available-send a thank you card-stay in touch-etc.

You can achieve the unachievable. First, you need to aim beyond what you are capable of. Make your vision of where you choose to be a reality. Nothing is impossible. If you think you're unable to become a MASTER STAR, make that your aim.

Have you noticed how the smartest people at school are not those who make it in life? School is all about learning facts, known facts. At school your job was to accumulate and remember facts. In life, some people simply don't have a great faculty for memory. In network marketing it is very simple, as long as the goal is there, there is no limit to anyone's achievement.

The opportunity you have in hand is the opportunity! Some of you are still looking for the perfect opportunity. It almost never happens. Whatever you are doing right now, that's the one. Make it the best you possibly can. Earn a reputation for doing good work, knowing you did the best you possibly could, and you may learn something from it.

Find out what's right about your product or service and then dramatize it, expand it, bring it to life for people. Providing there is a basic truth in your information, you can dramatize it to infinity. Also, with no exception avoid knocking the competition. It never serves you to knock someone down to build yourself up! Never promise what you



### Marcella Vonn Harting's Mission Statement

y mission is merging science and miracles by weaving state of the art knowledge of the essences, Chronobiotic TM Nutrition, body language, Conscious Communications, innovative health technologies, emotional healing, and abundant prosperity strategies into our new Global Wisdom.

I am passionately committed to sharing the systems I use to embody personal fulfillment with my global family.

Marcella Vonn Harting

#### How Good Do You Choose To Be? continued from Page 1

can't deliver. Know your client's objectives and aims and support them. Always show your potential distributors what they choose, not what you choose for them. Give them what they choose and they may well give you what you choose. Remember the person who doesn't make mistakes is unlikely to make anything! Einstein said, "THERE IS NOTHING THAT IS A MORE CERTAIN SIGN OF INSANITY THAN TO DO THE SAME THING OVER AND OVER AND EXPECT THE RESULTS TO BE DIFFERENT." Don't be afraid of being silly. Do the opposite of what the solution requires. The way to get unblocked is to lose our inhibitions and stop worrying about being right. Just go for it!

It's not what you know it's who you know. Consider: I am a talented Network Marketer working as an Independent distributor with a prestigious company. No one outside the company knows me. I print a business card with the words: MARCELLA VONN HARTING, ESSENTIAL OIL CONSULTANT.

You are in a restaurant chatting, you talk yourself up and present your credentials, i.e. your business card.

You will be accepted as an authority or consultant. For those who lack the social skills and are reluctant to push yourself forward, you will be unnoticed. This is the reality of life, unfair as it may seem.

How can you make your company great? Start by talking it up. Begin behaving and thinking like a winner. Decide today to make a difference and make your company great. With Young Living we are the company! Companies' reputations are built on the people in the company. Aim to be one of these people.

Advertising and selling are a part of life, we all participate. Put on your best clothes and take a chance on yourself and your dreams . . .

Essentially yours,

MARCELLA VONN HARTING

#### Man is what he believes.

Anton Chekhov

## The Doctors Forum By Dr. Ken Krieger

oy, do I come up with some FUN articles!! This month it's about our old friends WARTS!! What are WARTS? They are a contagious, benign, epithelial (skin) tumor (that's right, a tumor), caused by the papovavirus, occurring either as a single entity lesion or from local showers caused by autoin-oculation. YECH!! They are also involved in sexually transmitted diseases, and can be in the form of venerial warts. What determines the location and the amount of irritation and trauma to which the warts are subjected determines the size and appearance of most warts. They can appear at any age, but

most frequently in children, and can be spasmotic and erratic, and frequently regress and reappear.

TREATMENT: Various and some very unusual remedies have been used and proposed with varying degree of success, however, massive doses of Vitamin A, up to 100,000 units daily with 1,200 units of Vitamin E, have been very effective. The use of Vitamin A can become toxic to some individuals if it is not Beta Carotene sourced. Vitamin C also obtains good results, using 4 to 5,000 mgs per day. But, you know, the best remedy that I have found over the last 4 years is the topical use of Thieves essential oil blend. An example would be a lady that previously worked for me, who told me about a plantar's wart she C o n t i n u eo n $P \ a \ g \ e$ 

### SAF—SELF AWARENESS FORMULA

an Adams, a Young Living distributor, discovered SAF while searching for natural methods to improve her health. She faithfully worked on herself with SAF techniques for six months. Her results were impressive. She started sharing with friends and experienced such profound successes she contacted Kathy Scogna the wife of the deceased founder of SAF, Joseph R. Scogna, Jr.

Kathy Scogna introduced Jan to many of the hundreds of books and computer programs her husband Joseph had written.

SAF is a tracking system, a mental mirror, that freeze frames traumas so they can be edited out by identifying which organ systems are out of balance. Jan says Scogna bridged physics and science with spiritual and natural laws.

Joseph Scogna discovered traumas not able to discharge are held in certain organs in the body. A weakness or tendency could be inherited from parents who were not able to discharge their traumas. The traumas become patterns. As the patterns reoccur they intersect those same organs, anchor there, heat up and the disease process sets in.

Scogna developed technologies, infrared and numerous other scans, and questionnaires identifying the organs heating up or pulling other organ systems out of balance.

SAF is a process to find the experience that created the root trauma. Scogna believed if a person could stay present to the root trauma and experience it in a more diluted form the trauma could be released.

Jan describes SAF as "the most powerful technology I've ever found to identify root causes of trauma emotionally, physically and spiritually."

Jan uses Young Living's essential oils during her one-on-one sessions. She says the oils (Scogna used plant essences, homeopathy, oils, nutrition and herbal products) fill the area applied with light and life force energy to assist in the trauma coming to the surface to be discharged.

Most people, Jan suggests, focus on the symptoms instead of the root cause. If a person is overweight, they may be focusing on losing the weight instead of the cause. Perhaps the person experienced the loss of a loved one when they were young creating a trauma. They may be putting on weight to keep out love since love is associated with great pain. SAF treats the root trauma instead of the symptoms.

During an SAF session with a client Jan and Kathy did a Raindrop Technique adding the essential oils for the specific organs involved with wonderful results. Jan says, "SAF is so accurate."

Kathy has republished several of her husbands books. One entitled *SAF Simplified*, can be purchased from Jan, see phone and email below.

Jan Adams is available for one-on-one SAF sessions by phone. You can also contact her to come to your area to teach how to use the book *SAF Simplified*.

Reach Jan Adams by phone at 800-495-9262, email at bluelotusarts@aol.com or web site: www.bluelotus.org.

I know of no more encouraging fact than the unquestionable ability of man to elevate his life by a conscious endeavor.

Henry David Thoreau

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### My Personal SAF Experience By Anita Tamboli

n a phone call across the country I had my first SAF session. As Jan Adams asked me 125 questions I rated my level of response on a sliding scale from very positive to very negative. We paused for 5 minutes while Jan calculated my answers. She mentioned the numerical value of each answer corresponds to a word. She gave me numbers which were irrelevant to me. Then she gave me words and asked me for my first response. As I went deeper and deeper into my memory with the word associations I found or actually remembered a thirty year old trauma that had changed my life. Jan gently listened and guided me to relive the experience. I saw how I had made decisions about myself that have affected me ever since. This awareness has been energizing. More importantly, I am now reevaluating many choices I've made that I see were not for my highest good. I am excited to have this awareness and opportunity to make new choices. See SAF on Page 3.

### The Doctors Forum Continued from Page 2 By Dr. Ken Krieger

had on the bottom of her foot for 36 years. Yes, 36 years! She had tried and used everything she could think of to get rid of this wart. I had just taught a local class about essential oils. She said she purchased some Thieves oil and asked if it would be ok to use on the wart. I said "go for it!" I had used scotch tape over warts for years (it keeps the air away from the virus) and had her place the Thieves on the wart, neet, and then place the scotch tape over it to keep the air away. Lo and behold, after about 30 days the blame thing was gone. To this day it has been the most beneficial treatment for warts that I have found. Using the A, D & E as a companion product will increase the bodies defense mechanism to ward off the papovavirus and reduce the possibility of continuation of regeneration of warts. Remember, if a person suffers from genital warts, NEVER use the essential oils the genitals!!

Yours for better health, naturally......Dr. Krieger

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