

How To Soak In Prayer Before The Lord

Psalm 37:7 “Rest in the Lord, and wait patiently for Him.”

This essentially is what “soaking” is. When we soak in God’s presence, we are in a place of rest where we wait upon Him. The old timers spoke of tarrying. This is where they would spend long hours waiting on the Lord. Many times however they were waiting to be filled with the Holy Spirit and their waiting was more a form of pleading and trying to get to the place where they felt ready to receive the Holy Spirit. Fortunately we have gained more understanding of the Word and the heart of God and know that the Lord desires to pour out His Spirit upon us. Soaking in the Lord therefore, while similar to tarrying, has an emphasis on rest and receiving by faith, as opposed to striving and crying out to God.

Saturated With God

To soak something, is more than a five minute dip. It is allowing it to become saturated and full of what it is soaking in. If you take a cucumber and place it in vinegar and spices for a few minutes, then eat it, it still tastes like cucumber. But if you take that cucumber and soak it in that solution for a couple of weeks it no longer tastes like cucumber – it has become a pickle. It has taken on the flavour of that solution.

Soaking involves becoming saturated with God so that we take on God’s flavour or nature. Too often we “taste” of flesh. But God wants us to be transformed into the image of His Son and carry his fragrance and flavour.

Transformed From Glory To Glory

2 Cor. 3:18 “But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord.”

When we soak in God’s presence, we begin to behold Him. As we do, we become like Him. Soaking in God’s presence enables us to behold the Lord. We cannot do this and remain the same. We are changed from glory to glory and transformed to be more like Him.

Waiting on the Lord

Is. 40: 31 “But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.”

This familiar verse reveals that something happens when we wait on God. Who He is, starts to get on us and in us. This divine exchange of His strength for our weakness and His ability instead of our frailty and inadequacy, happens because we spend time waiting on Him.

Many of us have experienced this in our day to day lives. When we spend time with the Lord in the mornings our day is empowered. As we soak in God’s presence this effect is intensified..