

# RELEASE AND WAIVER OF LIABILITY AND INDEMNIFICATION AGREEMENT

## American Jiu Jitsu Centers Inc/ Jiu Jitsu ACTIVITY

In consideration for my participation in the above-referenced activity and use of the facilities, premises, and equipment. I on behalf of myself, my heirs, administrators and assigns, release and forever discharge **American Jiu Jitsu Centers Inc.**; their directors. Officers, employees, servants, agents, successors and assigns (**each a "RELEASEE"**) from all claims for injuries including but not limited to death, to me and/or damage to my property the results from Total Body Shaping activity and/or my or any other persons' use, and/or the design or the condition of these facilities, premises, and/or equipment that are caused in any manner whatsoever, including but not limited to the negligence, gross negligence and/or recklessness of each **RELEASEE**

\_\_\_\_\_  
INITIALS

I understand that there are inherent risk involved in **American Jiu Jitsu Centers** activity and in the use of this facility, premises and / or equipment. I assume full responsibility for all these risks including but not limited to the negligence, gross negligence and/or recklessness of each **RELEASEE**

\_\_\_\_\_  
INITIALS

I release each **RELEASEE** from any liability for damage and/or injury including but not limited to death to me to any person or property resulting during my or any other person use of this facility, premises and/ or any equipment. I accept full responsibility for any such damage or injury including but not limited to death.

\_\_\_\_\_  
INITIALS

I promise not to sue any **RELEASEE** and further agree that venue for this release or any issue related thereto shall rest exclusively in the county where this of American Jiu Jitsu Centers inc. is located. I agree to indemnify and hold each **RELEASEE** harmless from any loss, liability, or cost the **RELEASEE** may incur due to my failure honor this promise or as a results of my **American Jiu Jitsu Centers** Activity and/or from any use, or the design or condition of these facilities , premises and/ or the equipment furnished by any **RELEASEE**

\_\_\_\_\_  
INITIALS

I agree that, as a participant/operator/ rider/passenger, I will be responsible for my own safety and that of my unborn child if I am pregnant. American Jiu Jitsu Centers inc. strongly advises and recommends that pregnant woman not participate in this activity unless they have received permission to do so from their personal physician.

\_\_\_\_\_  
INITIALS

I affirm that I am over 18 years of age . I have read and voluntarily signed this release and waiver of liability. I accept, understand and agree to its contents. I intend to be legally bound, and to bind my heirs, administrators and assigns, by this release and waiver of liability.

\_\_\_\_\_  
INITIALS

**Circle the School you are registered at Saint James, Manhattan, Commack, Deer Park, Other**

Name \_\_\_\_\_ Phone # \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ M/F Email \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ X      Witness Signed \_\_\_\_\_ X

Printed Name \_\_\_\_\_ X      Printed Name \_\_\_\_\_ X

