Special Topic Tuesday —

Clinical Pearls for Delirium

Date: Tuesday, March 14, 2017

Location: OSF St. Joseph Medical Center

Business Conference Center, Room 3

Time: 7:00 AM — 8:00 AM

Faculty: Nabih M. Ramadan, MD, MBA, FAAN, FAHS

Neurologist, OSF Healthcare

Needs Statement/Course Description: Delirium is described as an acute confusional state that is characterized by a constellation of symptoms that can include altered level of consciousness, disorientation, changes in cognition and even hallucinations. Delirium can be the presenting symptom of an underlying illness or the result of any number of issues including alcohol or drug abuse or withdrawal, medications, surgery, infection, or metabolic changes. Although acute in nature, delirium is common in elderly patients and can be difficult to differentiate from dementia. Delirium is a serious and costly condition that can be a significant contributor to morbidity and mortality; however, early diagnosis and resolution is associated with improved outcomes.

Target Audience: This continuing medical education activity is primarily designed for physicians and residents specializing neurosurgery, neurology, pain management, family practice, emergency medicine and others. This activity will also be of benefit to nurses, nurse practitioners, physician assistants and other allied health professionals.

Course Objectives

At the conclusion of this activity, the participant should be able to:

- 1. Outline the DSM-5 diagnostic criteria for a diagnosis of delirium.
- 2. Describe diagnostic instruments and assessment tools commonly utilized to establish a diagnosis of delirium.
- 3. Differentiate delirium from dementia.
- 4. Explain structural and metabolic causes of delirium.
- 5. Discuss strategies to prevent delirium in high risk patients.

Addressing Core Competencies: Medical Knowledge, Practice-Based Learning and Systems-Based Practice



Accreditation Statement: The Central Illinois Neuroscience Foundation is accredited by the Illinois State Medical Society to provide continuing education for physicians.

Credit Designation: The Central Illinois Neuroscience Foundation designates this live activity for a maximum of 1.0 AMA PRA Category 1 CreditTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CINF wishes to take those steps to assure that no individual with a disability is excluded, denied services, segregated, or otherwise treated differently than other individuals because of the absence of auxiliary aides or services.



