



Taekwondo Australia Inc. presents

Inter-Club Level 1 Coaching Course

Coaching Accreditation Scheme

Course Program Includes:

- General Coaching Principles Course (an online component)
- Competition Rules and Championships Procedures
- Match Management and Seconding the Player
- Competition Techniques and Tactics
- Coaching Better and Micro-teaching

Course Information:

- A minimum 80% attendance is required in addition to satisfactory completion of a written assignment and practical assessment
- The cost of the course (\$200 – GST inclusive) includes all manuals, workbooks, assessment and associated costs.
- Applicants are responsible for their own stationary, Taekwondo equipment and lunch.
- Applicants should be appropriately attired for practical as well as theory sessions.

Benefits of the Inter– Club Level 1 Coaching Course to the coach:

- increases confidence and competence in coaching ability
- promotes an ongoing progressive improvement of knowledge and expertise in taekwondo
- incorporates an involvement with, and an understanding of, sports science enabling a more in-depth approach to coaching
- promotes the use of safe and correct taekwondo techniques
- improves communication skills
- encourages the development of innovative coaching techniques
- aims to increase the enjoyment of sport for both coaches and athletes.
- opportunity to become Presenter and Assessor for the TA coaching accreditation courses
- eligibility to coach at all sanctioned Taekwondo Australia events

Accredited coaches also receive discounts on various workshops and publications. You will also receive an Accreditation card, and regular newsletters and information.