



Volunteer Opportunities

- I. **Warehouse Sorting:** We always have openings for volunteers to help us in the warehouses! Both our 14,000 sq. foot warehouse in Pinellas and our 50,000 sq. foot warehouse in Tampa house all of our food donations given by various local businesses. Volunteers help us by sorting and packaging the donated food which helps us move the food swiftly back into the community. The warehouses are open from 7:30am to 4:00pm Monday through Friday. Our Tampa warehouse is open 8:30am to noon on Saturdays. We can accommodate up to 50 volunteers at a given time. Both groups and individuals are welcome.

- II. **Kids Café Distributions:** As the school year begins, there are plenty of opportunities to volunteer with this program! These projects vary from giving snacks and meals to the children after school, handing out bags of food to the children before they leave for the weekend to teaching the children about nutrition and other health related subjects. In order not to overwhelm the children, we ask that volunteer groups be 10 or less. Individuals are also welcome.

- III. **Community Distributions:** As more and more donations come to our warehouse, it is imperative to get them back into the community quickly. For this, we have a great distribution team! This team is responsible for giving food donations to families in need. As the need for help grows, we are always looking for volunteers to lend a helping hand. The dates and locations of these distributions vary month to month. Groups of 10 or less are encouraged to volunteer. Individuals are also welcome.

Please contact our Volunteer Manager, Ashton Connell, for more details about the above programs.

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