**Overload – Part 1**

**What I Need**

**Selected Scriptures**

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**Introduction:**

**(Overload Intro Video)**

**Overload. The fact is, we all face emotional, physical, financial, and time overload. And it may surprise you to know that the Bible actually gives instructions on exchanging overload for under-control. That’s the goal of this series. Exchanging the Overload For the Under Control.**

**Today, we’re starting with this message entitled, “What I Need”. Because, the truth is, the reason we get overloaded is because we don’t have a clear picture in our minds of what we really need. Now, I didn’t say what we really want. Big difference. I need to eat today. I want to eat a prime rib, side of mashed potatoes and gravy, some big buttery hot rolls, some honey glazed baby carrots, and finish it off with a butter finger milk shake! Do I need all that? No! I want all that. And if I were to go to some restaurant today and get what I want, I would feel the overload… and my poor wife Jennifer would probably smell the overload!**

**The point is, we wouldn’t have time today to find out what everyone’s wants are. They would be as numerous as the stars in heaven! It would probably take years to just write them all down. And then, before we were done recording your wants… they would change!**

**Now, when you compare that to our needs, our core needs, the opposite is true. We all really have very few core needs. And today, we’re not going to deal with those intrinsically core needs that every human being has like food, water, and air. But we’re going to look at some real needs every single one of us has.**

**The passage of scripture I want us to use as a springboard to this series is found in**

**Luke 12:15**

**"Beware! Don't be greedy for what you don't have. Real life is not measured by how much we own."**

**NLT**

**Jesus warns us that emotional overload, physical overload, financial overload, and even time overload are the result of wanting more. It’s as if by wanting more, we load more and more into and onto our lives until we experience overload.**

**This series is intended to serve as an “overload warning light”. It would be nice if there was an overload light on our foreheads and when we start getting overloaded emotionally, physically, financially, or time wise, the warning light would flash and we would hear a buzz. Unfortunately, we don’t have a light like that in our lives. But we do have God’s Word to serve as a warning for us.**

**Now just what does it mean to be “overloaded”? Here’s some pictures that I think represent overload pretty well:**

**Is that how you feel? I do sometimes. Emotionally, physically, financially, and overloaded when it comes to time. Too much to do and not enough hours in the day to do them!**

**But Jesus says, “Real life isn’t measured by how much stuff we can put into our lives.” Real life. That’s the kind of life I want to live. I want to live a life that Jesus would say, “Now he’s really living.” And that’s what we’re going to look at in this series.**

**So, let’s lay the foundation by answering the question, “What do I really need to live a real life?”**