

Meal Plan May 2018

Key: Breakfast, **Breakfast**, Lunch, Snack

	Mon	Tue	Wed	Thu	Fri	Info
Breakfast	30 Assorted Cereal/Fruit/Milk	1*** Mini Muffins / Milk	2*** Assorted Cereal/Fruit/Milk	3*** Pancakes /Fruit/ Milk	4*** Assorted Pop Tarts/Milk	*MENU ITEMS SUBJECT TO CHANGE*
Lunch	Beef Ravioli Mixed Vegetables Apple Slices / Milk	Meatloaf Mashed Potatoes Peaches / Milk	Turkey & Cheese Sliders Peas Mandarin Oranges / Milk	Cheese Pizza Sticks Corn Pineapple / Milk	Chicken Pasta Casserole Carrots Mixed Fruit / Milk	
<u>Snack</u>	<u>Vanilla Wafers / Juice / Water</u>	<u>Rich & Crisp Crackers / Juice / Water</u>	<u>Fig Bars / Juice / Water</u>	<u>Ritz Crackers / String Cheese / Juice / Water</u>	<u>Rice Krispy Treats / Juice / Water</u>	
Breakfast	7 Assorted Cereal/Fruit/Milk	8 French Toast /Fruit / Milk	9*** Assorted Cereal/Fruit/Milk	10*** Sausage Biscuit / Milk	11*** Assorted Pop Tarts /Milk	*We use Whole grain pasta, Wheat Bread and Brown Rice in our lunches.
Lunch	Corn Dog Nuggets Broccoli Pears / Milk	Sliced Ham Green Beans Mandarin Oranges / Milk	Cheese Tortellini Carrots Apple Slices / Milk	Hamburger with Bun Mixed Vegetables Mixed Fruit / Milk	Cheese Pizza Corn Pineapple / Milk	
<u>Snack</u>	<u>Ritz Bitz with Cheese / Juice / Water</u>	<u>Oatmeal Cookies / Juice / Water</u>	<u>Cheese Crackers / Juice / Water</u>	<u>Strawberry Cereal Bars / Juice / Water</u>	<u>Veggie Straws / Juice / Water</u>	
Breakfast	14 Assorted Cereal/Fruit/Milk	15*** Blueberry Pancakes / Milk	16*** Assorted Cereal/Fruit/Milk	17*** Waffles / Fruit / Milk	18*** Assorted Cereal/Fruit/Milk	***Indicates the lunch may contain Dairy**
Lunch	Chicken Nuggets Green Beans Mandarin Oranges / Milk	Beef Tacos Corn Pears / Milk	Country Fried Steak Mashed Potatoes Mixed Fruit / Milk	Turkey & Cheese Sandwich Green Beans Peaches / Milk	Pasta with Red Sauce & Cheese Mixed Vegetables Apple Slices / Milk	
<u>Snack</u>	<u>Oatmeal Chocolate Chip Bars / Juice / Water</u>	<u>Wheat Crackers / Cheese Cubes / Juice / Water</u>	<u>Mini Moon Pies / Juice / Water</u>	<u>Snack Mix / Juice / Water</u>	<u>Fruit Squeeze / Juice / Water</u>	
Breakfast	21 Assorted Cereal/Fruit/Milk	22*** Pancake Bites / Milk	23*** Assorted Pop Tarts /Milk	24*** Mini Bagels / Jelly / Milk	25 Assorted Cereal/Fruit/Milk	
Lunch	Fish Sticks Carrots Pineapple / Milk	Macaroni & Cheese Green Beans Apple Slices / Milk	Hot Dog Rollups Mixed Vegetables Pears / Milk	Pepperoni Pizza Corn Mixed Fruit / Milk	Chicken Sandwiches Roasted Broccoli Peaches / Milk	
<u>Snack</u>	<u>Mini Pretzel Twist / Juice / Water</u>	<u>Animal Crackers / Juice / Water</u>	<u>Oyster Crackers / Raisins / Juice / Water</u>	<u>Teddy Grahams / Juice / Water</u>	<u>Wheat Crackers / Juice / Water</u>	
Breakfast	28	29 Assorted Cereal/Fruit/Milk	30*** French Toast Sticks/ Milk	31 Blueberry Muffins / Milk	1*** Assorted Cereal /Milk	
Lunch	<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;">CLOSED FOR MEMORIAL DAY</div>	Steak Fingers Peas Peaches /Milk	Cheese Quesadilla Corn Pineapple / Milk	Corn Dog Nuggets Green Beans Mandarin Oranges / Milk	Chicken Pasta Salad Carrots Apple Slices / Milk	
<u>Snack</u>		<u>Rich & Crisp Crackers / Juice / Water</u>	<u>Fig Bars / Juice / Water</u>	<u>Ritz Crackers / Sting cheese / Juice / Water</u>	<u>Rice Krispy Treats / Juice / Water</u>	