

Meal Plan March 2018

Key: Breakfast, **Breakfast**, Lunch, Snack

	Mon	Tue	Wed	Thu	Fri	Info
Breakfast Lunch <u>Snack</u>				1*** Pancakes / Milk Pizza Quesadilla Salad Mandarin Oranges / Milk <u>Saltine Crackers / Cheese Slices / Juice / Water</u>	2*** Assorted Cereal/Fruit/Milk Cheesy Beef & Rice Casserole Corn Peaches / Milk <u>Sugar Cookies / Juice / Water</u>	<u>*MENU ITEMS SUBJECT TO CHANGE*</u>
Breakfast Lunch <u>Snack</u>	5 Assorted Cereal/Fruit/Milk Corn Dog Nuggets Peas Pears / Milk <u>Cheese Crackers / Juice / Water</u>	6*** French Toast /Fruit / Milk Macaroni & Cheese Mixed Vegetables Apple Sauce / Milk <u>Graham Crackers / Juice / Water</u>	7 Assorted Cereal/Fruit/Milk Steak Fingers Carrots Mixed Fruit / Milk <u>Sun Chips / Juice / Water</u>	8 Sausage Biscuit / Milk BBQ Chicken Sandwich Green Beans Peaches / Milk <u>Mini Moon Pies / Juice / Water</u>	9*** Assorted Pop Tarts /Milk Country Fried Steak Mashed Potatoes Pineapple / Milk <u>Veggie Straws / Juice / Water</u>	<u>*We use Whole grain pasta, Wheat Bread and Brown Rice in our lunches.</u>
Breakfast Lunch <u>Snack</u>	12 Assorted Cereal/Fruit/Milk Chicken Nuggets Green Beans Mandarin Oranges / Milk <u>Strawberry Crème Cookies / Juice / Water</u>	13*** Blueberry Pancakes / Milk Turkey & Cheese Sliders Peas Mixed Fruit / Milk <u>Saltines / Raisins / Juice / Water</u>	14*** Assorted Cereal/Fruit/Milk Cheese Pizza Mixed Vegetables Pears / Milk <u>Oatmeal Cream Pies / Juice / Water</u>	15 Waffles / Fruit / Milk Beef Soft Tacos Corn Pineapple / Milk <u>Whole Grain Goldfish / Juice / Water</u>	16*** Assorted Cereal/Fruit/Milk Chicken Alfredo Roasted Broccoli Apple Slices / Milk <u>Rice Krispy Treats / Juice / Water</u>	<u>***Indicates the lunch may contain Dairy**</u>
Breakfast Lunch <u>Snack</u>	19*** Assorted Cereal/Fruit/Milk Cheese Tortellini with Sauce Roasted Broccoli Apple Sauce / Milk <u>Snack Mix / Juice / Water</u>	20 Pancake Bites / Milk Beef Nuggets Carrots Pears /Milk <u>Chocolate Animal Crackers / Juice / Water</u>	21 Assorted Pop Tarts /Milk Sweet & Sour Meatballs Rice & Stir Fry Veggies Pineapple / Milk <u>Wheat Crackers / String Cheese / Juice / Water</u>	22*** Mini Bagels / Jelly / Milk Grilled Chicken Salad (lettuce, tomato, cheese) Mixed Fruit / Milk <u>Butter Ring Cookies / Juice / Water</u>	23*** Assorted Cereal/Fruit/Milk Cowboy Casserole Corn Mandarin Oranges / Milk <u>Mini Pretzel Twist / Juice / Water</u>	
Breakfast Lunch <u>Snack</u>	26 Assorted Cereal/Fruit/Milk Ham Patty and Rolls Mixed Vegetables Pineapple / Milk <u>Vanilla Wafers / Raisins / Juice / Water</u>	27*** Mini Muffins / Milk Cheese Quesadilla Corn Mandarin Oranges / Milk <u>Wheat Crackers / Cheese Cubes / Juice / Water</u>	28 Assorted Cereal/Fruit/Milk Hot Dog with Bun Green Beans Peaches / Milk <u>Blueberry Cereal Bars / Juice / Water</u>	29*** Pancakes / Fruit / Milk Chicken Parmesan & Pasta Roasted Broccoli Apple Slices / Milk <u>Ritz Crackers / Juice / Water</u>	30*** Assorted Pop Tarts /Milk Pepperoni Pizza Salad Mixed Fruit / Milk <u>Chocolate Chip Cream Pies / Juice / Water</u>	