


Meal Plan December 2017

Key: Breakfast, **Breakfast**, Lunch, Snack

	Mon	Tue	Wed	Thu	Fri	Info
Breakfast					1 Assorted Cereal/Fruit/Milk	*MENU ITEMS SUBJECT TO CHANGE*
Lunch					Apricot Chicken Green Beans Apple Slices / Milk	
<u>Snack</u>					<u>Potluck Snack / Juice / Water</u>	
Breakfast	4 Assorted Cereal/Fruit/Milk	5 Waffles/Strawberries/Milk	6 Assorted Cereal/Fruit/Milk	7 Muffins/Yogurt/Milk	8 Assorted Cereal/Fruit/Milk	*We use Whole grain pasta, Wheat Bread and Brown Rice in our lunches.
Lunch	Meatballs & Macaroni Carrots Apple Slices / Milk	Cheese Pizza Mixed Vegetables Pineapple / Milk	Meatloaf Mashed Potatoes Peaches / Milk	Beef Tacos with Cheese Corn Mixed Fruit / Milk	Turkey & Cheese Sliders Green Beans Mandarin Oranges / Milk	
<u>Snack</u>	<u>Animal Crackers / Juice / Water</u>	<u>Cheese Crackers / Juice / Water</u>	<u>Graham Crackers / Raisins / Juice / Water</u>	<u>Wheat Crackers/ Cheese Cubes / Juice / Water</u>	<u>Butter Ring Cookies / Juice / Water</u>	
Breakfast	11 Assorted Cereal/Fruit/Milk	12 Sausage Biscuits / Milk	13 Assorted Cereal/Fruit/Milk	14 Blueberry Pancakes / Milk	15 Assorted Cereal/Fruit/Milk	***Indicates the lunch may contain Dairy**
Lunch	Fish Sticks Mixed Vegetables Tropical Fruit Mix / Milk	Cheese Tortellini with Sauce Roasted Broccoli Apple Sauce / Milk	Hamburger with Bun Carrots Pineapple / Milk	Turkey & Cheese Roll ups Green Beans Peaches / Milk	Grilled Chicken Nuggets Peas Pears / Milk	
<u>Snack</u>	<u>Rich & Crisp Crackers / Sting Cheese / Juice / Water</u>	<u>Fruit Snacks / Juice / Water</u>	<u>Snack Mix / Juice / Water</u>	<u>Oatmeal Cream Pies / Juice / Water</u>	<u>Ritz Crackers / Juice / Water</u>	
Breakfast	18 Assorted Cereal/Fruit/Milk	19 Pancake Bites / Milk	20 Assorted Cereal/Fruit/Milk	21 Hash browns / Milk	22 Assorted Cereal/Fruit/Milk	
Lunch	Country Fried Steak Mashed Potatoes Peaches / Milk	Macaroni & Cheese Green Beans Apple Slices / Milk	Sloppy Joe with Bun Corn Mixed Fruit / Milk	Beef Nuggets Mixed Vegetables Pears / Milk	Hot Dog with Bun Carrots Mandarin Oranges / Milk	
<u>Snack</u>	<u>Vanilla Wafers / Juice / Water</u>	<u>Goldfish Crackers / Juice / Water</u>	<u>Rice Krispy Treats / Juice / Water</u>	<u>Mini Pretzel Twist / Juice / Water</u>	<u>Chocolate Chip Cookies / Juice / Water</u>	
Breakfast	25	26	27 Assorted Cereal/Fruit/Milk	28 Assorted Pop tarts / Milk	29 Assorted Cereal/Fruit/Milk	
Lunch	<div style="border: 1px solid black; padding: 10px;"> <p style="font-size: 2em; margin: 0;">CLOSED</p>  </div>		Steak Fingers Roasted Broccoli Apple Sauce / Milk	Chicken Nuggets Carrots Mixed Fruit / Milk	Cheese Pizza Corn Pineapple / Milk	
<u>Snack</u>			<u>Chex Mix / Juice / Water</u>	<u>Teddy Grahams / Juice / Water</u>	<u>Oyster Crackers / Cheese Slices / Juice / Water</u>	