

SPECIAL EVENTS

- July 1, 2010 Canada Day
- July 3, 2010 Prayer & Fasting
- July 10, 2010 Community Services Emphasis & Bake Sale
- July 17, 2010 Stewardship Emphasis / Baby Dedication
- July 25, 2010 Back -to-School Picnic & Bar-B-Que
- July 31, 2010 Deacon/ Deaconess Emphasis Day
- August 5-8, 2010 Pathfinder Camporee- Guelph Lake
- August 7, 2010 Women's Ministry Emphasis Day / Prayer & Fasting
- August 14, 2010 Education Emphasis Day
- August 15, 2010 Building Fund Committee Walk-a-thon
- September 04, 2010 Personal Ministry Emphasis / All Day Prayer & Fasting / Agape Feast
- September 11, 2010 Communion (a.m.) / Baby Dedication Reunion / Lay Evangelism begins(p.m.) Bible Bowl Championships
- September 12-28, 2010 Lay Evangelism Meetings Every Saturday, Sunday, Tuesday & Friday

Monthly Themes

Building and Serving Through

- April-Humility and Faithfulness
- May-Witnessing
- June-Celebration and Worship

Ruth's Voice

VOLUME 2 ISSUE 2

WWW.RUTHSDA.ORG

JUNE 2010



THEME: Building and Serving with Love Friendship and Obedience, through Education, Health and Family Ministries

LOVE AND OBEDIENCE?

The Heart of God

It's hard to believe that we are almost at the end of the second quarter of 2010. The first quarter provided us with spiritual food to feed the spiritual man.

The second quarter told us about building and serving through health and the family. We also heard about building and serving through love and obedience, and finally, we heard about building and serving through education and friendship. We had a full second quarter of great sermons.

Indeed, our physical and spiritual health (3 John.1:2) are vital to any desire to build and serve our families and others. We had seminars, information tables, and opportunities to focus on our physical health. Eating a proper diet and complementing it with rest, fresh air, and some exercise goes a long way to ensuring we maintain our physical health for years to come. With us in good physical health, we learned that we are better able to take care of ourselves, our families and others, and allow the gospel to spread farther and wider.

Of course, in speaking about our physical health, it is important to ensure we place first things first. Physical health is



vital, but our spiritual health is critical to our "real" survival (1 Tim.4:8). You see, our physical health is temporary, but our spiritual health has eternal implications. So while we need to pay much attention to our physical health, we MUST ensure our spiritual health gets even more attention because it is the only thing that is of any permanent value. Genetics and other family traits have their impact on our health, but in the spiritual realm, thank God, we are all of the same pure genetic material – the righteousness of

Christ – we have become a new creation, and old things have now passed away. We can now relate with our families on a different plane, and can now truly build and serve through health and family.

Building and serving through love and obedience was another emphasis that brought great blessings to me. Love sometimes is easier said than done, isn't it? And how about obedience? Same thing. Obedience is easy when not much is at stake, but when the stakes matter, our obedience often shakes.

We were reminded that Love (what a beautiful and "loaded" word) has a source, and that source is God (1 Jn.4:8) and He demonstrated that love by Christ dying for our sins (Rom.5:8). So the model of love we are told to follow, was that of Christ.

Because love requires some type of action, we are all encouraged to show love to our family members first, and then to our church brethren and the world at large. We are encouraged to love at home by spending time, by listening, and by giving of ourselves to our spouses, our children, and to take time-out for ourselves. I pray for all of us to have the strength to be able to emulate

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Highlights of the Quarter

Rejoice in the Lord Revival

The month of May began with the Rejoice in the Lord Revival which proved to be a tremendous blessing to all who attended.

2010 has been official designated the Year of Lay Evangelism and so week one the revival got off to a tremendous start by Sis. Beverley M. Belfon who spoke Sabbath Morning and Sis. Arlene McCalla in the afternoon. The following weeks saw Pastor Fred Nichols and Pastor Dreamell Grant and culminated with Pastor Joseph Bulgin.

There was no doubt that with the variety of speakers both young and old were blessed as a result. The presentations made by our lay preachers gave us a foretaste of what we can expect when we are given an opportunity to hear all of our Lay Evangelists later in the year during the month of September. So continue to lift them up in your prayers so that God will continue to work with and through them so that His name will be praised.

Music Day

When we read the Psalm it is not only a book of comfort and encouragement but one definitely of praise to Almighty God. The music department in the month of June certainly lived up to that expectation when under the leadership of Bro. Howard Groves and the music committee planned a wonderful music day.

We had singers and musicians

from across the GTA and our own home-grown talent. With a mixture of musical testimonies and instrumental instruments namely clarinet, harmonica and piano praise was expressed in a variety of ways.

Despite the absence of the spoken word the spirit of God still prevailed for we are reminded in Revelation 4:8-11.

“8 And the four beasts had each of them six wings about him; and they were full of eyes within: and they rest not day and night, saying, Holy, holy, holy, LORD God Almighty, which was, and is, and is to come.

9 And when those beasts give glory and honour and thanks to him that sat on the throne, who liveth for ever and ever,

10 The four and twenty elders fall down before him that sat on the throne, and worship him that liveth for ever and ever, and cast their crowns before the throne, saying,

11 Thou art worthy, O Lord, to receive glory and honour and power: for thou hast created all things, and for thy pleasure they

Children's Emphasis Day

June 19 was children's day and we were blessed to see our children leading out in the service, showing us what God can do through them.

They led out from the preliminaries in the morning during Sabbath school to the Divine hour. We were blessed to have two young men who were willing to allowed God to speak through them to us that day.



Kharrington Walker-Miller from the Brampton Seventh-day Adventist Church and our very own Micah Philpotts delivering God's message to us. They both showed us that God can work with us at any age as

long as we are willing to be used by Him.

The afternoon service was Music Fest from visiting artists and our very own Voices of Joy. All the children who took part made it a great day in the house of God. We just pray that God will continue to help keep them faithful to Him until that day when He comes again.

Janice Philpotts

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...God and learn how to love like he did, so that we would be willing to make the sacrifice of ourselves in serving those around us.

Obedience was the other area mentioned that is so often challenging. We all know that when the issue before us is simple and easy, then our obedience quotient is very high. However, when God's word says one thing, and we feel the other, we can be torn in every direction and find ourselves not being obedient to the Word. It's at that time that we rationalize and tell ourselves that the Word didn't really mean that or ... Well, the challenge has been thrown out to us - Take God at his word and leave all the consequences of obedience to him. He is a "way-maker" when we think there's no way. He's the door-maker when we can't see a door to walk through, He's an on-time God who is never, ever late. Through faith, and God's help, we can increase our obedience and see how God can work things out for us.

Education and Friendship were the last themes that were emphasized this quarter. Parents were encouraged to invest in their children and give them the opportunity to experience a school that provides Chris-

Friendship was also emphasized as a critical component of a healthy social life. The caveat was to ensure that friends are chosen selectively. Not everyone who say they want to be a friend is necessarily the right friend to have. Especially to our youth, they were encouraged to maintain strong friendships inside the church and not get entangled with friends who go in the opposite direction spiritually. They were encouraged that sometimes they may have to stand alone when encouraged to participate in things that are contrary to God's way. The adults were similarly encouraged and advised to look out for those who may need a friend and to make ourselves "friendly" so we can comfort and win souls to Christ.

Overall, this quarter had spiritual depth that everyone could benefit from and I pray that what we learned this past quarter will not be soon forgotten.

May the Lord bless and keep us as we endeavor to build and serve through health and family, build and serve through love and obedience, and build and serve through education and friendships.

Andrew Wisdom

LOVE AND OBEDIENCE?

The Heart of God

tian Education. The speakers spoke about the triangle that work effectively to keep children spiritually aware and connected – the family, the school, and the church. Taken together, this combination keeps children in a narrow focus on God.

There was a major emphasis placed on reminding parents that the education of our children begins at home. If the home "education" is not working, then the other two corners of the triangle will not be too effective. So parents, and guardians, let us make sure we don't shrink back from making a robust effort to make our homes a Christian Education Centre.

PERSONAL MINISTRIES HIGHLIGHTS

Testimony-Divine Interruption

My testimony today to the members of Ruth SDA church is; "Remember God is Everything and He is still in control of every situation." When I was faced with disappointment this week I got very upset and I sinned. Few days after much prayer and questions to God I was watching a gospel program and the preacher spoke about "Divine Interruption." He reminded

me that my God is awesome, a God who wishes that I prosper and be in good health, who promises to take care of me and He cannot lie. He knows what's best for me, so even if I think I know what is best; what really matters is the plan that God has for my life. So from this day forward I embrace all disappointments as a divine interruption from the Master's hand to use me to bless other as He so directs and blesses

my future. God bless you.

Special Note

Please remember our up coming Fall Lay Evangelism Meetings led by our members Beverley M. Belfon, Arlene McCalla, Andrew Wisdom, Howard Groves, Martin Stewart and Everord Hamilton. Please pray for them as they embark on their journey of soul winning for God's Kingdom

Tamara Haynes

Ruth's Youth Voice

Obedience in Our Generation

"Children, obey your parents in the Lord, for this is right"
Eph. 6:1

What does obedience really mean?

According to the Oxford Dictionary, to obey means to comply with the command, direction or request of a person (in this case, the parents). It also means to behave in accordance with a principle or a law. Moreover, the Bible states in Ephesians chapter 6 "1Children, obey your parents in the Lord, for this is right. 2Honor your father and mother—which is the first commandment with a promise— 3that it may go well with you and that you may enjoy long life on the earth."

God has given parents and guardians the responsibility of teaching their children that in this world they will always encounter laws. Children need to learn that there will always be laws and rules to be obeyed in the normal course

of living in this world (e.g. driving on the right side of the road, not stealing, not fighting, washing our hands before eating etc) and that there are unpleasant consequences when laws are not obeyed. They also need to learn that rules are set in place for their protection, when they are old enough to understand this. Parents are to teach this principle first within their homes. With all the various reasons to be obedient the Bible emphasizes that we should be obedient because it is right; not just to escape punishment.

Consider the nature and the necessity of obedience. Children are not always taught this important lesson. The duty of obeying from right motives, and the sinfulness of disobedience, are not urged upon the conscience. Children must learn to submit to their parents; they must be trained and educated. No one can be truly good and great who has not learned to yield his will, first to his God, and then to parents, and to obey with alacrity. Those who learn to obey are the only ones who will be fitted to command.

By learning the lesson of obedi-

ence, children are not only honoring their parents and lightening their burdens, but they are pleasing One higher in authority. "Honor thy father and thy mother," is a positive command. Children who treat their parents with disrespect, and disregard their wishes, not only dishonor them, but break the law of God. The earlier the will is made to yield to the will of the God, and the more complete the submission, the less difficult it will be to yield to the requirements of parents. And none can hope for the love and blessing of God who do not learn obedience to his commandments, and stand up firmly against temptation.

How can parents teach their children to obey?

First and foremost parents need to be the example to their children. Parents should exemplify obedience and discipline at all times. Remember children live what they learn. Parents need to set down very clear rules about acceptable behaviour within their homes,...

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Obedience in Our Generation

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...and teach their children to comply with these rules, realizing that without a rule, there cannot be disobedience. A child cannot be accused of disobeying his or her parents where rules have not yet been set and clearly communicated to the child. Children do not control the home or set the rules - The parents do."



these rules. Parents should be able to determine a difference between a mistake and disobedience. The onus is on the parents to be consistent in enforcing obedience, with love and prayer. Go forward young people, step by step, in the humble path of obedience, walking in God's ways; and in the great day of final accounts

you will receive a glorious reward. You will be satisfied with long life in the beautiful new earth, "the land which the Lord thy God giveth thee.

It is by faithfulness in the minor duties of life that you are gaining

an experience that will fit you for bearing larger responsibilities. Remember that your characters are not fully formed, but that day by day you are building for eternity. Fashion your characters after the divine model. Weave into them all the kindness, thoughtful obedience, pains-taking, and love that you can. Educate yourselves to possess the ornament of a meek and quiet spirit, which in the sight of God is of great price

Tamara Haynes

Once the parents have set the rules, they must also clearly indicate to their children the consequences for disobeying

Sudoku #2

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	9	1		6				4
4			1	2		8		
			9				6	2

KenKen# 2

3+		2-
4+	7+	

The Root of Forgiveness is Love

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you (Ephesians 4:32)

The call to forgive is sometimes a difficult one, especially in marriage. You may not always want to forgive your partner because harbouring the hurt seems to dull the pain you feel from being rejected or offended. Yet forgiveness is the bonding material that keeps a marriage alive and moving ahead for a lifetime. The call to be married is also the call to forgive your partner hundreds of times over the years.

Forgiveness is not always fair or equitable. That is reality. Sometimes you may feel like trying to make your partner pay for what he or she has done. "It just isn't fair," we complain. I want my spouse to feel my scorn. After all, I was stung by what he (or she) did!" However, who is the loser when you do not forgive? You are. You end up with a videotape running inside your memory that plays the hurt repeatedly.

When you do not forgive, you are allowing the other person to dictate or control you. However, when you forgive you are

allowing God to dictate or control your life. Is there any real comparison, think about it.

Forgiveness is not pretending or living in denial. You face the offense and the ensuring hurt and talk about it so it does not become a repetitive pattern of life.

When you truly forgive, you can no longer bring up past incidents and throw them at your partner either verbally or in your mind. Remember the words of Proverbs 17:9. He who covers a transgression seeks love, but he who repeats a matter separates intimate friends.

What do you need to discuss about forgiveness today?

Wright H. Norman (1990). *Quiet Times for Couples*. Harvest House Publishers. Eugene:Oregon.

Submitted by Carole Bell

Communication is a multi-faceted word. It informs interprets, symbolizes, persuades and often entertains. As an instrument for spreading the Gospel, it amalgamates the preached word and the hearing ear in a vast efficient communicative network. Merriam Webster defines communication as the process by which information is

Communication and the Church

exchanged between individuals through a common system of symbols, signs or behavior. Many in academia and the business world confirm its high importance to success of business, marriages and other social institutions such as the family. Its relevance to God's church then must be paramount.

The Church stands forth as a sign of brotherliness which allows dialogue through communication. It is through communication that we will execute the command of Mathew 28: 19 - 20; Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you..

Cont'd on Pg. 7

Communicatin and the Church

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always, even unto the end of the world. Such a mission requires that we foster within the Church herself mutual esteem, reverence, and harmony, through the full recognition of the invitation from the Lord set forth in Isaiah 1:18-20. Come now, and let us reason together," Says the LORD, "Though your sins are like scarlet, they shall be as white as snow; though they are red like crimson, and they shall be as wool.

If you are willing and obedient, you shall eat the good of the land; But if you refuse and rebel, you shall be devoured by the sword"; for the mouth of the LORD has spoken. Thus all those who compose the remnant People of God, both pastors and the general faithful, must employ communication with ever-abounding effectiveness.

For the union which unites the faithful are stronger than anything that divides them. Hence, let there be unity in what is necessary, biblical diligence to understand what is doubtful, and clarity in our doctrine as we fellowship with one another and win souls for Christ.

Lindel A. Bell

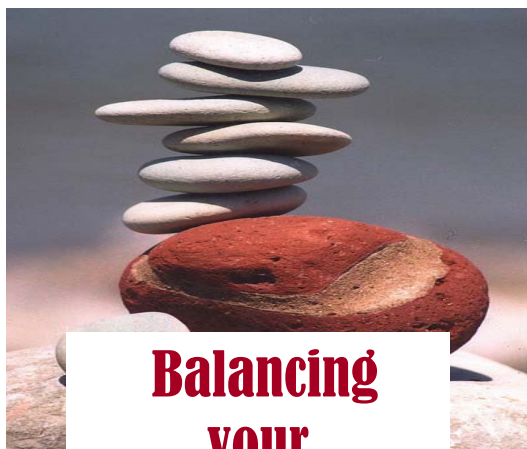
Health at Ruth

BLESSED ARE THE BALANCED; THEY SHALL OUTLAST EVERYONE

Trusting God completely means faith that he knows what is best for your life. Live life with a due sense of responsibility, not as those who do not know the meaning of life but as those who do (Ephesians 5:15).

The Great Commandment and the Great Commission sums up God's five purposes for your life: worship, fellowship, discipleship, ministry, and evangelism. Keeping your five purposes in balance is not easy. We all tend to overemphasize the purposes we feel most passionate about and neglect the others. But you can keep your life balanced and on track by joining a small group for

accountability, by regularly evaluating your spiritual health, by recording your progress in a personal journal, and by passing on



Balancing your Life

what you learn to others. The bible say, "As iron sharpens iron, so people can improve each other" (Prov. 27:17).

The best way to balance the five purpose in your life is to evaluate yourself periodically. God places a high value on the habit of self-evaluation

The Bible say, "Test yourselves to make sure you are solid in the faith. Don't drift along taking everything for granted. Give yourselves regular checkups... Test it out. If you fail the test, do something about it" (1Cor 13: 5).

Those who pass along insights get more from God. God is calling you to be his messenger.

Jesus modeled a purpose driven life, and he taught others how to live it, too. That was the "work" that brought glory to God. Today God calls each of us to the same work.

Beverley M. Belfon

Advertisements

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Charmaine T. Small
Advisor

195 County Court Boulevard
Suite 100
Brampton, ON L6W 4P7

Tel: 905-451-7576 ext. 238
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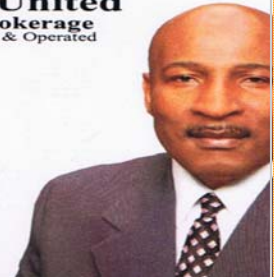
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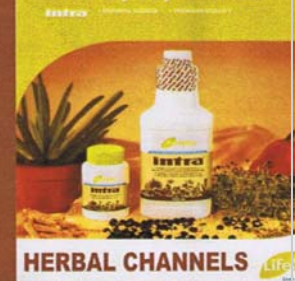
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COMMUNICATIONS DEPARTMENT AND OTHER
MEMBERS WHO SUBMITTED ARTICLE

TAMARA HAYNES

CHARMAINE SMALL

ANDREW WISDOM

CLAUDIA YOUNG

JANICE PHILPOTTS

HOWARD GROVES

Ruth S.D.A Church

25 Ruth Avenue

Brampton, On

L6Z 4N3

Phone: 905-846-5258

www.ruthsda.org