



STARZZ

WE SUPPORT OUR SOLDIERS
BASKETBALL

Issue V I

www.leaguelineup.com/starzz

February 24, 2009

MISSION STATEMENT

The mission of STARZZ Basketball is to provide an opportunity for our young people to develop and improve their basketball skills, as well as their personal development. Through basketball, our young people will learn valuable lessons about teamwork, discipline, respect, hard work and the value of making good decisions through participation in competitive sports.



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STARZZ Basketball

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TEAM TRYOUTS

6th-7th and 8th Grade

Friday, February 27, 2009 6:00 – 8:00 pm

YMCA – Copperas Cove,

501 Clara Drive, Copperas Cove, Texas



JR NBA/JR WNBA

Area youths win honors



On February 16, local youngsters between the ages of 9 and 14 had the opportunity to participate in the Jr. NBA/Jr. WNBA Skills Challenge, sponsored by Singulair, and hosted by STARZZ Basketball and the Copperas Cove Parks and Recreation Department. The event was held at the Ave E School gym in Copperas Cove. This grassroots program provides boys and girls, competing separately, a free opportunity to showcase their excellence in the core basketball skills of shooting, dribbling, and passing. The Skills Challenge is also intended to encourage youth participation in sports while promoting sportsmanship.

The following participants won 1st Place honors in their respective age and gender groups:

<u>Boys</u>	<u>Name</u>	<u>Girls</u>	<u>Name</u>
Age 9-10	Josiah Jimboy	Age 9-10	Pria Chanel Johnson
Age 11-12	Rashard Odomes	Age 11-12	Rachelle Allen
Age 13-14	Qwoy Blunt	Age 13-14	Jasmin Lyons

See pages 3 – 4 for ore pictures.



Great Basketball Quotes!

My responsibility is getting all my players playing for the name on the front of the jersey, not the one on the back.

-- Source Unknown



Charles' Commentary!

We will have a team tryouts and parents meeting on Friday, February 27 at 6:00 pm. The location will be the Copperas Cove YMCA at 501 Clara Drive.

We are planning our first fundraiser at the Copperas Cove Wal-Mart for 18-19 April, two-days. These fundraising events are why I thing we can keep our participation fees low. I hope everyone will mark this date on their calendars. The JrNBA/JrWNBA Skills

Competition went very well. The attendance was not quite as expected. However, I am still please that we were able to offer this event to the community. Special thanks to the volunteers who helped.



CONGRATULATIONS AND GOOD LUCK,



LADY DAWGS!

District, Bi-District, and Area Champs



Upcoming Dates

21 Feb Team Tryouts
7 Mar TAAF Tournament

LIFE'S A GAME



Women's Basketball

Every Tuesday Night
at the
Copperas Cove YMCA

8:00 pm – 10:00 pm

\$2.00

Just Bring it!









RESPONSIBLE SPORT PARENTING: KID-FRIENDLY CRITICISM

We know that as parents, we have to sometimes correct our kids to help them improve. But we can deliver this feedback with useable information that helps empower our children. For example, "You need to focus!" contains virtually no useable information, but "Remember that coach wants you to keep both feet on the ground on throw-ins." contains very useable information.

Here are a few more tips:

Avoid non-teachable moments – The ride home from a game ended by a costly mistake is not the time to offer instruction.

Wait for privacy – People hear criticism better in private than in front of a crowd.

Ask permission – If you ask, and your child prefers not to hear your criticism, honor that, and ask again later. (Do not use this technique in areas where your child needs an immediate lesson, such as poor sportsmanship or dangerous behavior.)

Use if-then statements – To help your children feel in control even while you are criticizing, phrase your feedback in the form of an if-then statement. "If you call Ava off the ball, you'll be more comfortable under that pop-up."

Make a criticism sandwich – "Sandwich" the criticism between a truthful, specific compliment on each side. The criticism is the meat, while the compliments are the bread. For example: "You've been exploding off the line great. You seem to get under the lineman's pads almost every time now. Just make sure you keep your hands inside. If you combine keeping your hands inside with that explosiveness, you'll be hard to beat."



Basketball

THE CHAMPION'S CHAMPION

by Dr. Bill Welker ... a tribute to the "Role Player".

"He's the one loved by his peers,
Though on the bench -- he always cheers,
He keeps the first man on his toes,
And never quits - why, no one knows."

"He puts the champion where he's at,
By making him work to earn his plaque,
His name's not found in big headlines,
But he's always there come practice time."
"I often wonder -- were the champion second team,
Would he keep on trying or lose his gleam,
Would he give his all if there was no fame,
And not give up for the good of the game."

"There are no questions in this man's mind,
The Champion's Champion -- in life -- will do just fine."

"10-YES' CHECKLIST"

By: Tony Alfonso

This is a simple checklist -- this is not a test, but if you want to be a good basketball player, you should be able to answer 'YES' to each and every one of these questions. If you answer 'no', you may want to re-evaluate your game, skills, and/or work ethic.

- _____ 1. Are you more active than your opponent?
- _____ 2. Are people constantly expressing amazement at how hard you work?
- _____ 3. Do you keep a daily shot chart and measure your shooting progress?
- _____ 4. On defense, do you work at least as hard off the ball as on the ball?
- _____ 5. Do you talk to your teammates every time down the court on defense?
- _____ 6. Are you always on balance before shooting, passing, or dribbling?
- _____ 7. Do you typically sprint between the 3-pt lines when changing ends?
- _____ 8. Do you realize that it is hardly ever good to stand still during games?
- _____ 9. Do you encourage your teammates at least 100 times per practice?
- _____ 10. Do you go to practice each day with the purpose of improving?



Magazine Fundraiser Up to 80% Savings



STARZZ Basketball's online fundraising store has over 650 of the most popular magazine titles at up to 85% off newsstands prices. Purchase or renew your favorite magazine subscriptions and 40% of your purchase will go directly to our cause!

Get exceptional savings on magazines and the opportunity to support a great cause! Here's how you can help:

1. Click on "Access Our Team Magazine Store" on the STARZZ Basketball website at www.leaguelineup.com/starzz to visit the STARZZ Online Magazine Store. You will be able to select from a variety of over 650 of the most popular magazine titles at savings of up to 85% off newsstand prices.
2. You can renew your favorite magazine subscriptions, subscribe to new magazines, or give gift subscriptions to friends, relatives, and/or business associates.
3. 40% of your purchases will benefit STARZZ Basketball!
4. You can also help by inviting others whom you think would be interested in helping our cause by purchasing magazine subscriptions online at great savings. Simply go to the "Invite Friends and Family" box at the bottom of the Home page.

Thank you .. STARZZ Basketball



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