



Mission Statement

The mission of STARZZ Basketball is to provide an opportunity for our young people to develop and improve their basketball skills, as well as their personal development. Through basketball, our young people will learn valuable lessons about teamwork, discipline, respect, hard work and the value of making good decisions through participation in competitive sports.

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STARZZ Basketball

PO Box 1174
Copperas Cove, Texas 76522
www.leaguelineup.com/starzz
ccstarzz09@aol.com

Bulldawgs Lose In State Semi-final Game!



Great Season 13-2



2008 District 12-5a Champs ... Bi-District Champs ...
Area Champs ... Regional II Semi-Final Champs ...
Region II Champions ... State Semi-finals Runnerup

“The greatest ally you have to get things working well and the players performing as a team is the bench. Don’t be afraid to use it, either for the star player or anyone else.” John Wooden

Commentary

I hope that everyone is having a happy holiday season. It seems that time moves so fast, as basketball season has already arrived. I wrote in the last newsletter that there was one more item that needed to be addressed before we kicked off the first season of STARZZ Basketball. That was the issue of practice facilities. I think that issue has fairly well been addressed and should not be a problem. We are still in the process of recruiting coaches and other volunteers. There is a lot of interest from kids and parents. Right now, I think STARZZ Basketball is in good shape.



In a few weeks, Copperas Cove Parks and Recreation will start their basketball program. I am hoping to see a lot of new faces out there this year, as well as those from last year. Dorothy will be coaching a 11-12 y/o girls, I will have 9-10 year old girls, Kelley has a 11-12 boys team and Little Dorothy has 4-6 boys. As you can see, the Lyons family will be all over the place. It’s a hard job, but somebody has to do it!

Charles

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STARZZ

Basketball

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Charles Lyons
Program Director
(254) 290-0730

Dorothy Lyons
Business Director
(254) 290-0679

www.leaguelineup.com/starzz
email: ccstarzz09@aol.com

STARZZ Basketball, PO Box 1174, Copperas Cove, Tx 76522

Cove Teams Finish 1-2 in Five Hills Tourney

For the second time this year, the 8th grade Copperas Cove Lady Bullpups and the SC Lee Lady Cougars squared off for a tournament championship. As in the Burnett Tournament earlier this season, the Lady Cougars ended up tournament runnerups, losing to the Bullpups. On the 7th grade side of the house, the Copperas Cove Lady Bullpups took second place, losing to Burnett.

Coaches Wanted!

Starzz Basketball is actively seeking coaches with experience coaching youth basketball. If interested, please go to our web site at www.leaguelineup.com/starzz and complete a Volunteer Registration Form. We will get back with you!



Players Wanted!

Starzz Basketball is actively seeking players for its Spring/Summer program. If you are interested in playing with the STARZZs, go to www.leaguelineup.com/starzz and complete a Player Information form. We will contact you soon after we receive your completed form.



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History of Basketball: The Beginning

The original game of basketball was started in 1891 with 18 men in a YMCA gymnasium in Springfield, Mass. Since then it has grown into a game that is played by more than 300 million people worldwide.

Dr. James Naismith invented basketball - under the orders from Dr. Luther Gulick, head of Physical Education at the School for Christian Workers. Naismith had 14 days to create an indoor game that would provide an "athletic distraction" for a rowdy class through the harsh New England winter.

Naismith's invention didn't come easily. His first intention was to bring outdoor games (such as soccer and lacrosse) indoors. These games proved to be too physical and cumbersome for indoor play.

Becoming frustrated with his lack of success, Naismith recalled a childhood game that required players to use finesse and accuracy to become successful. After brainstorming this new idea, Naismith developed the game of basketball as well as the original 13 rules.

James Naismith was a devoted and creative physical educator who loved sports but shied away from the glory of competitive athletics. As basketball grew in popularity, Naismith never sought publicity or self-promotion. He was a very humble man.

Although he never had the opportunity to see the game become the incredible success it is today, Naismith's biggest thrill came when he was sponsored by the National Association of Basketball Coaches (NABC) to witness basketball become an Olympic sport at the 1936 Games held in Berlin.

Dr. Naismith became famous for creating the game of basketball. For his historic and brilliant invention, Dr. James Naismith (whose name adorns the Basketball Hall of Fame) will be forever synonymous with the game of basketball.

13 Rules Of Basketball

By Dr. James Naismith

The object of the game is to put the ball into your opponent's goal. This may be done by throwing the ball from any part of the grounds, with one or two hands, under the following conditions and rules.

1. The ball may be thrown in any direction with one or both hands.
2. The ball may be batted in any direction with one or both hands (never with the fist).
3. A player cannot run with the ball. The player must throw it from the spot on which he catches it, allowance to be made for a man who catches the ball when running at a good speed if he tries to stop.
4. The ball must be held in or between the hands; the arms or body must not be used for holding it.
5. No shouldering, holding, pushing, tripping, or striking in any way the person of an opponent shall be allowed; the first infringement of this rule by any player shall count as a foul, the second shall disqualify him until the next goal is made, or, if there was evident intent to injure the person, for the whole of the game, no substitute allowed.
6. A foul is striking at the ball with the fist, violation of Rules 3,4, and such as described in Rule 5.
7. If either side makes three consecutive fouls, it shall count a goal for the opponents (consecutive means without the opponents in the mean time making a foul).
8. A goal shall be made when the ball is thrown or batted from the grounds into the basket and stays there, providing those defending the goal do not touch or disturb the goal. If the ball rests on the edges, and the opponent moves the basket, it shall count as a goal.
9. When the ball goes out of bounds, it shall be thrown into the field of play by the person first touching it. In case of a dispute, the umpire shall throw it straight into the field. The thrower-in is allowed five seconds; if he holds it longer, it shall go to the opponent. If any side persists in delaying the game, the umpire shall call a foul on that side.
10. The umpire shall be judge of the men and shall note the fouls and notify the referee when three consecutive fouls have been made. He shall have power to disqualify men according to Rule 5.
11. The referee shall be judge of the ball and shall decide when the ball is in play, in bounds, to which side it belongs, and shall keep the time. He shall decide when a goal has been made, and keep account of the goals with any other duties that are usually performed by a referee.
12. The time shall be two 15-minute halves, with five minutes' rest between.
13. The side making the most goals in that time shall be declared the winner. In case of a draw, the game may, by agreement of the captains, be continued until another goal is made.



Happy Holidays

from all of us here at

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Basketball



Visit our website at
www.leaguelineup.com/starzz