Central Texas



STARZZ

May 2019
Newsletter



MISSION STATEMENT

The mission of the Central Texas STARZZ basketball program is to provide an opportunity for our young people to develop and improve their basketball skills, as well as their personal development. Through basketball, our young people will learn valuable lessons about teamwork, discipline, respect, hard work and the value of making good decisions through participation in competitive sports.

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The Central Texas STARZZ is a non-profit 501(C)3 youth program, a member of the Amateur Athletic Union (AAU).

2008

ELEVENTH YEARS...



It's been eleven years since the Lyons family go this thing started. Lots of memories during those years.

PRAISJAH JOHNSON MOVIN" ON ...







NEVER ... NEVER ... NEVER

A youth basketball coach was arrested and jailed Saturday night on charges of assault of a sports official during a tournament in Paducah, Kentucky. Keyon Menifield, 40, of Flint, Michigan, is accused of assaulting a referee at the Paducah Regional Sports Plex.

The referee has been identified as Kenny Culp of Paducah. KaSondra Barnett, Culp's niece, posted on Facebook that her uncle was taken to Vanderbilt University Medical Center in Nashville, Tennessee, and is being treated for a broken collarbone, a crack in his sinus cavity and a concussion or bruise on his brain with bleeding.

"During the disagreement the referee turned to walk away," the McCracken County Sheriff Office's posted on Facebook. "As he did, Menifield punched the referee, knocking him unconscious, causing minor injuries. Menifield then fled the area prior to deputies arrival. Menifield was quickly located at a local hotel and taken into custody."

STARZZ MEET DALLAS WINGS





Players know how to dribble, shoot and pass. The challenge is to teach them why they should do it a certain way, and when they should do it."

Mary Harshman

AUSTIN MAGIC LEAGUE



The Central Texas STARZZ 4th Grade girls and 4th Grade boys are currently participating in the Austin Magic Basketball League. Teams usually play two games each Sunday over a four week period. The league ends with a tournament at the end of the four weeks. The 4th Grade boys are undefeated in league play and await the tournament. The 4th Grade girls are winless, but continue to improve as the season progresses.



GATESVILLE TOURNAMENT

April 13. 2019 Central Texas STARZZ 6th Grade girls, 4th Grade girls, and 4th Grade boys participated in the Gatesville Excel basketball tournament in Gatesville, Texas. The 6th Grade girls and 4th grade boys finished 3-0 in the tournament, capturing gold medals in their division. The 4th Grade girls finished 0-3. The 6th Grade girls are coached by Charles and Dorothy Lyons. The 4th Grade boys are coached by Joel Hanley and Michael Watson, The 4th Grade girls are coached by Tony Adams and Samantha Gibbs.





STARZZ PLAY AT RTYA TOURNAMENT

April 20. 2019 Central Texas STARZZ 6th Grade girls participated in the Ramonce Taylor Youth Association basketball tournament in Belton, Texas. The team went 2-1, loosing to Central Texas United in game one. They then went on to defeat Texas Royal and the Clifton Junior Pirates.



Central Texas STARZZ 9th Grade girls participated in the tournament also. They also went 2-1, loosing in the championship game to the Killeen Supergirls.







27 Apr. Thank you to Walmart and Homebase Lumber for allowing the Central Texas STARZZ to hold fundraisers at their business locations. We were able to complete the purchase of new uniforms and have monies available for other expenses and end-of-year banquet. We have our final fundraiser on May 18 at the Copperas Cove Walmart.













INTERACTING WITH YOUR YOUNG PLAYER

Taking the Best Approach to YOUR CHILD IN BASKETBALL

What do you want your son or daughter to get out of the experience of playing basketball? Do you envision your child playing in the NBA or WNBA (not likely)? Are you hoping they will become good enough to get a college scholarship (also, not that likely)? Or, do you think their participation is a wonderful way to enjoy physical activity, learn about team play, and maybe even score a few points? Whatever your answer, give the question some serious thought. The way you respond will have a major impact on how you support your son or daughter's basketball participation. More importantly, your answer will go a long way toward determining how you interact with your youngster as he or she grows and develops as a basketball player.

For parents of young players there is one guiding principle: If you want your young player to develop a love for basketball, he or she must first develop a passion for the game. To do that, he or she must enjoy the game and see basketball, particularly at a young age, as an activity that comes with a smile. That's where it all starts — nothing more than an activity where the beginning child can bounce the ball a few times, maybe plop the ball into a shorter basket, and so forth. That's how the basketball seed is planted. Once it begins to sprout, it can continue to blossom for years to come, with your care and nurturing, of course.

What do you do during these early formative years?

For the most part, just sit back and share the experience with your child. Sometimes grown-ups have forgotten that basketball is just a game.

What advice should you give to your budding hoopster?

That's simple. Just tell them to play hard, and to have fun. If they keep a smile on their face, they will most likely give a strong effort. And by playing hard they will get better in the process.

BUILDING A BASKETBALL RELATIONSHIP With Your Child

One of the joys of being a youth basketball parent is being able to watch your child grow as a player. As a proud parent, you'll beam when you see your little one wearing his or her first team jersey and taking those first few dribbles in a game. As your young player grows, so will his or her game. You will be there as they improve. You will experience the sting of defeat as well as the highs of victory. As a parent, your most important and rewarding role will be to share those moments and create a positive basketball relationship.

What About COACHING YOUR OWN CHILD?

There's nothing wrong with volunteering as an assistant coach for your son's or daughter's team. In fact, it can be very rewarding for you and your child. Just make sure you check with him or her first. Most of the time, they'll love the idea. But they might say "no," too. If they prefer you don't coach, have the courage to respect your child's desires. If the child says yes, remind him or her that if you volunteer as an assistant coach, it won't mean any favoritism. They have to know you will treat all players equally and fairly. But that doesn't mean being tougher on your child. Remember what you said about treating all the kids equally and fairly? That goes for your own young player as well. If you wish to take on the responsibility of a head coaching position, contact your league director and make your availability known. If a position opens up, you may get the call.

Dealing with Your EXPECTATIONS OF YOUR CHILD

Let's assume your 10-year-old enjoys basketball, and that he or she is one of the better players on the team. Is it now the time to be dreaming of a college basketball scholarship or a future NBA or WNBA career? Dreams are fine, but keep them in perspective. A young player might get turned off early and leave the game if they feel pushed too hard. The best path is to encourage participation, good sportsmanship, hard work and having fun. If they understand those are your expectations from then then the cream will eventually rise to the top.

YOUNG PLAYER COURT.

PLAY BASKETBALL With Your Child

More than most sports, basketball affords parents genuine on-court interaction with their son or daughter. Whether playing a game of H.O.R.S.E. (one player takes a shot from anywhere on the court, and if he or she makes it, the next player has to match the basket or else he or she is assigned a letter until HORSE is spelled), having a free-throw shooting contest, or even playing a simple game of one-on-one, basketball requires nothing more than a ball and a hoop. But try not to use the opportunity to engage in competition with your son or daughter. If your daughter is 12, compete against her as though you were 12, not a full grown adult. Get in the habit of acknowledging a great shot or pass by your child. Make him or her feel good about their actions. Everybody responds to positive reinforcement - especially kids. And remember children imitate the actions of their parents. If you show them how to respond to a good play, they'll follow your lead.

What's the bottom line? Basketball is one of those rare athletic activities that can transcend gender and generations. And it's also fun!



"You know you're doing your job right when both coaches are mad at you."







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