

A truly magnificent success story...



We are delighted to share with you this phenomenal and heartwarming success story of one of our dear consultants, Dalene Richter from Bloemfontein.

Dalene was diagnosed with cancer in August 2008 after she discovered a lump in her left breast. Her treatment started soon after and she was treated for one and a half years. She had mastectomy of her left breast in September 2008, followed by 8 chemo treatments, every 3 weeks. She also had 6 weeks of radiation. In November 2009 she had her right breast removed as well.

She received Annique recommendations to use during her treatments for her overall wellbeing and immune support. She did her homework and own research on the recommendations as well. With her wonderful and positive results she shares with us her "recipe" that truly helped her through the treatments.

"My hair did not fall out completely, and the wig I bought, I never needed. People that knew me, but haven't seen me for a while did not even realise I was ill, or going through cancer treatment. I was able to carry on with my work and only had to take a few days off after my treatment." – Dalene Richter



Product	Dosage	Description/Motivation
Multiwonders	2 capsules per day, if necessary, again during lunch time.	Multi-wonders forms components for the body's enzyme system. It helps to increase energy levels for our lifestyle. Increases cell growth and repair, helps with body maintenance and regulation and controls stress levels. It improves health and attitudes and supplements poor diet and food quality.
Lifestyle Shake 	2 meal supplements a day	Boost your health with the Annique Lifestyle Shake vitamin and mineral supplement. It also contains an extensive list of essential vitamins and minerals your body needs.
Herbal teas (Detox tea) 	Should be taken during the day as much as possible/ found necessary.	Shake with ginger tea (helps with the nausea). I drank ginger tea throughout the day as well as the other herbal teas. All the herbal teas may be taken during the day for the wonderful healing properties, especially the Detox tea. It improves circulation and removes toxins from organs. Ginger also promotes digestion and is ideal for nausea.
ImmunoBoost	2 per day and if really needed, an extra 2 during lunchtime.	It repairs your white blood cells during and after your treatment. This micronutrient adds as an immunity booster, painkiller, helps with infections, anti-oxidants and a prophylactic against colds and flu.
Bio Harmony	2 to 4 sachets a day, or as much as your budget can allow.	Bio Harmony helps, supports and increases the body to function normally. It helps the body to feel more energetic and healthy. It supports your own immune system during your chemo treatments and therefore helps with any of the symptoms of a poor immune system. The Bio Harmony will have a huge positive reaction on your overall wellbeing.
Zerotox	2 capsules in the morning and again during the night with a glass of water excluding the night before and after your chemo treatment.	It adsorbs heavy metals, toxins and nitrates so that you feel healthy and revitalised. It helps to support your body and your liver throughout your chemo.
Body Clear	1 capsule 3 times a day.	It overall protects and supports your liver with the excretion of all the toxins, which is very, very important with taking high quantities of medication.
Constant Energy	5 capsules per day, should not be taken all at once, but throughout the day.	It is essential for collagen production, your immune maintenance and energy production. It fights infections, supports your adrenaline gland and helps the body to detoxify.
Essentials	Only 2 per day.	Essentials is important for your nervous system and hormonal balance, as well as proper brain function. It will help your vision, co-ordination and state of mind and most importantly improve your immune function and reduce inflammation.
Zestful Living	1 capsule 3 times a day.	We need Zestful Living for growth and healing. Controls hormones and stress. Helps with healthy nervous system brain function and energy. It also helps with your hair and nails, and skin repair after your treatment.

"I believe that Annique came on my path for a reason, to help and support me on this journey I had to take. Who wants to feel miserable and ill when you don't have to and have another choice?" – Dalene Richter