## **BEST SELLERS**



#### ZeroAche+

Herbal Pain Cream - natural and safe relief of muscle pains and sprains.

Annique's Rooibos ZeroAche has been formulated with natural ingredients to

help provide relief for muscle aches, stiffness, sprains, bruises, strains and

rheumatism. ZeroAche also helps soothe headaches and migraine

symptoms, insomnia and other stress related conditions. ZeroAche is ideal for:

- · people who prefer not to take pain medication
- sore muscles, sprains and bruises
- people who experience a lot of stress - chronic shoulder and neck pain
- arthritis sufferers
- sports men and women

Cayenne: Aids in the effective relief of pain; increases blood flow to the affected area to speed up recovery.

Lavender: Has natural sedative properties, relieves pain and eases spasms.

Marjoram: Relieves aches, sprains, bruises and stiffness, relaxes muscles and

has a calming effect.

Arnica: Remedy for bruising, swelling and sprains.

Menthol: Soothes, cools and relieves muscle aches.

Rooibos: Provides skin repairing anti oxidants.

Eucalyptus: Improve circulation, soothes aches and pains.



## **ZeroStress+**

Do you suffer from any of the following?

- Frustration
- Traffic stress
- Exam stress
- Tension
- Anxiety
- Nervousness
- Exhaustion

Annique has a natural solution to these common problems - a calming mist called ZeroStress+. Annique's ZeroStress+ is a herbal mist that naturally encourages calmness, clarity and inner peace.

ZeroStress+ assists in soothing nerves and emotions to encourage calmness, clarity and inner peace - naturally. Use this aromatic mist to help regain your composure during stressful times, calm your mind to focus on the task at hand, lift your spirits and to relieve anxiety.

Botanical ingredients include:

- rosewood helps balance mind and body
- rose geranium aligns the hormonal system and helps relieve stress
- juniper berry calms nerves and relieves nervous tension
- jasmine soothes the mind
- · lavender relieves insomnia
- Rooibos provides powerful antioxidants.

ZeroStress+ is effective support for stressful moments, traffic frustration, exam stress, insomnia, anxiety, PMS symptoms, nervousness and exhaustion.

#### ResQue Crème



#### 

#### **Rooibos Hair Tonic**



Rooibos: Nature's answer to thinning hair?
In a study commissioned by a processor of rooibos for use in cosmetic applications, and carried out by an independent laboratory in France, rooibos was perceived to positively affect the hair and hair growth. In a 90-day trial, the action of a lotion containing a broad-spectrum rooibos extract was compared with a placebo lotion without rooibos. The trial participants were healthy men and women experiencing hair loss.

At trial-end, using a video-trichogramme that measures hair density and hair growth speed, the laboratory noted that a significant increase in the speed of hair growth had occurred in the participants using the rooibos lotion.

## **Tummy Tuck**



"Memory-enhancing" peptides stimulate a cell reaction similar to the body's natural response to exercising, which actually encourages the body to burn fat while contouring and reshaping your abdominal zone and waistline.

Best of all? You'll see visible results after just the first few applications, with a measurable reduction of +2cm in just 4-8 weeks.

## tea therapy with Rooibos



All the teas are wonderful but the Night Rest is the most popular of them all, one [1] tea bag makes two [2] cups of tea. See product catalogue for the rest of the flavours.



## Lifestyle Shake



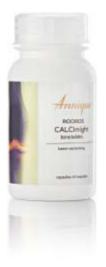
Annique Shake: ANTIOXIDANTS to help remove ageing and disease-causing freeradicals from the body (vitamins A, C and E, and nicotinamide); STRESS CONTROL with the perfect combination of B-vitamins to support heart health; CALCIUM absorption is supported with vitamin D3 and is, therefore, ideal for the aged or people who are often restricted to indoor activities:

INCREASED METABOLISM with vitamin

B-complex. Increases energy levels and promotes weightloss; CONTROL PMS and swelling of limbs during menstruation. DELICIOUS flavours:

- Strawberry
- Chocolate
- Vanilla
- · Caramel
- · Mixed Berry

## CalciMight



#### calcium and magnesium

Essential for:

- (a) Bones and teeth
- (b) Stress control
- (c) Hormonal balance

## **Q10 Body Fuel**



#### co-enzyme Q10

Essential for:

- · heart health
- · cell energy
- longevity
- · improves oxygen use
- · stabilises blood sugar levels
- · delays heart disease
- · healthy gums and tissue
- $\cdot$  improves efficiency of vitamin C

## **Baby Bath**



This is an all-time bathtime great!
It may be used as a shampoo,
bubble bath and body wash.
This makes it the ideal travelling
companion. Annique's patented
Rooibos extract is included to
relieve skin irritations and dryness.

## **Liquid Skin Nutrition**



Liquid Skin Nutrition is an effective and convenient skin spray formulated to eliminate skin impurities that may cause spots, pimples, blemishes, blackheads and white heads.

## **Detox Silk masque**



Provides a refreshing, cleansing and rejuvenating treatment.

Dead Sea silt contains chlorophyll, carotinoid, flavanoids, and tocopherol and has antioxidant and rejuvenating properties. Also recommended for sensitive and combination skin.



# Rooibos Miracle Tissue oil

Miracle Tissue oil is a specialised skin treatment that helps improve the appearance of scars, wrinkles, uneven skin tone (reduces uneven tone) and stretch marks. The unique combination of nourishing plant oils combined with a unique extraction of Rooibos oil, makes it highly effective for numerous skin concerns, including ageing and dehydrated skin.



# **Body Lift**

Revitalising Body Lift contains ingredients derived from vegetable origin to counteract gravity's effect, tighten, lift and firm the skin.



# Revitalising cream

The Annique Revitalising Cream is unique - a revolutionary formula for the restoration, renewal and rejuvenation of skin.