

August 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 OYO	1 OYO	2 OYO	3 OYO	4 OYO	5 OYO	6 Weekend cardio
7	8 Fall Sports Registration HS/MS Auditorium	9 OYO	10 OYO	11 OYO	12 OYO	13 Weekend cardio
14	15 FIRST DAY OF PRACTICE!! 8:30 – 11:00 Central Park	16 Practice 8:30 – 11:00 Central Park	17 Practice 8:30 – 11:00 Central Park	18 Practice 8:30 – 11:00 Central Park Alumni & Family Run @ Silverwood Meeting @ 6:00 Run @ 6:30	19 Practice 8:30 – 11:00 Central Park	20 Saturday Practice 8:30 – 10:00 10 th -12 th graders Location - TBD
21	22 Practice 8:30 – 11:00 Central Park	23 Practice Picture Day 8:30 – 11:00 Central Park	24 Practice 8:30 – 11:00 Central Park	25 Practice 8:30 – 11:00 Central Park	26 Practice 8:30 – 11:00 Central Park	27 Holy Angels Invite 10:00 am PowderHorn Park
28	29 Practice 3:30 – 5:30 Central Park Subject to change	30 Practice 3:30 – 5:30 Central Park Subject to change	31 Tri-Metro Jamboree 4:00 pm Battle Creek Park	Sept. 1 Practice 3:30 – 5:30 Central Park Subject to change	Sept. 2 TBD	