

Stick it to Breast Cancer

FIELD HOCKEY TOURNAMENT

Benefit for ABCD: After Breast Cancer Diagnosis

July 25, 2010
HART PARK
Wauwatosa

RULES AND REGULATIONS RULES AND REGULATIONS RULES AND REGULATIONS

REQUIRED:

Mouthguards
Shinguards
Sneakers, cleats or turf shoes
Proper athletic apparel including team t-shirt
Sportsmanship

NOT ALLOWED:

Unsportsmanlike conduct
Improperly equipped players
Fewer than 8 or more than 10 on a team
Criticism of any official, opponent etc.

ENCOURAGED: Friendly competition, Appropriate team cheers

Every player and *spectator is expected to abide by the following Rules and Regulations.

Players' Rules and Regulations:

1. Play competitively but mostly for fun. This is a play day tournament.
2. Be on time.
3. Play by the rules. Deliberately committing a foul toward your opponent or throwing equipment is not permitted.
4. Never argue with an official.
5. Control your temper. Verbal or physical abuse of teammates, coaches, opponents, referees or fans is not acceptable.
6. Be a good sport and be positive. Cheer all good plays whether they are by your team or the opposing one.
7. Work equally hard for yourself and for your team. Your team play will benefit both parties.

***Spectators' Rules and Regulations:**

1. Discourage all play that is against the rules. Encourage everyone to play by the rules.
2. Cheer positively and not negatively; do not yell. Players know the difference.
3. Applaud good plays by both teams. Avoid criticism of any referee, individual or team.
4. Come to watch, but stay in areas designated for fans. Do not interrupt a player's concentration by becoming too intensely involved.
5. If you disagree with a referee or coach, raise the issue through appropriate channels and at the appropriate time.

*Included in the definition of "spectator" is any registered "player" who is not on the field in a current game.

In the event that these Rules and Regulations are not followed by any individual or team, it is up to the discretion of the organizers of the Stick it to Breast Cancer Tournament to decide to take action, the most severe of which will be ejection from the tournament.