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Tremper Cheerleading Presents:

Grades 3-8 Skills Training

SATURDAY, MARCH 7TH

Come and spend part of your day with **Tremper Cheerleaders**. **THIS IS NOT LIKE OUR KIDS CAMP!!** We will teach you all the basic fundamentals of cheerleading. We will have stations to rotate and work on the skills of Stretching, Motions, Jumps, Stunting & Pyramids. The proper technique of flying, basing and back spotting will also be taught along with the correct form to improve those jumps!

This will prepare you for your school cheer tryouts!

When: Saturday, March 7TH

cheerleading instructors/coaches from such liability.

Where: Tremper High School - Meet & Register in Cafeteria

Time: 8:00 - 12:00

Cost: \$30 includes a T-shirt to wear that day! Water & snack will be given

For more information and to reserve a spot please contact:

Patti Uttech @ 262-620-9911 or <u>limandpattiu@aol.com</u> SPACE IS LIMITED. Flyer posted at: <u>www.trempercheer.webstarts.com</u> and in Tremper's Office. Payments must be received by March 2nd!! Checks to Tremper Cheer.

Wear comfy clothes, t-shirt & shorts & gym shoes. Hair up in pony! No jewelry or gum!

Child's Name:			
Age: Grade (2014/15)		School attending:	
T-shirt size (Please Circle One): `	ys ym	YL AS AM	AL
Parent's Name:		Parent's Cell:	
Parent's Email:			
My child requests to be with: _			
***THERE WILL BE NO SWITCHING OF			