

DAY / DATE	MON	TUE	WED	THU	FRI	SAT	SUN
REVILY							
DEPART							
ERAND							
DEPART							
NAME	TOM RICK MANUEL CLIF / FULLER LEO ANTONIO GEO	TOM RICK MANUEL CLIF / FULLER LEO ANTONIO GEO	TOM RICK MANUEL CLIF / FULLER LEO ANTONIO GEO	TOM RICK MANUEL CLIF / FULLER LEO ANTONIO GEO	TOM RICK MANUEL CLIF / FULLER LEO ANTONIO GEO	TOM RICK MANUEL CLIF / FULLER LEO ANTONIO GEO	TOM RICK MANUEL CLIF / FULLER LEO ANTONIO GEO
SHIFT BEGIN							
LUNCH OUT							
LUNCH IN							
SHIFT END							
4 AM (4)							
5 AM (5)							
6 AM (6)							
7 AM (7)							
8 AM (8)							
9 AM (9)							
10 AM (10)							
11 AM (11)							
12 PM (12)							
1 PM (13)							
2 PM (14)							
3 PM (15)							
4 PM (16)							
5 PM (17)							
6 PM (18)							
7 PM (19)							
8 PM (20)							
9 PM (21)							
10 PM (22)							
11 PM (23)							
12 AM (00)							
1 AM (1)							
2 AM (2)							
TRANSIT							
FOOD							
WORKOUT							
BUILD							
TAPS							