



Northbridge High School Indoor Track Measurements
133 meter track

- Lap Counts
- 2 mile - 24 + laps (18,866m before finish line)
 - mile - 12 + laps (9,433m before finish line)
 - 1000M - 7 1/2 laps
 - 600M - 4 1/2 laps
 - 300M - 2 laps (in lanes)
 - 1600M relay - 3 laps (1st in lanes to break line)