

**Dual Valley Conference
League Championship Meet
Performance List - meet order**

Event 1 Girls Shot Put (17)

DVC: 34-05.50 1/2/2017 Tatiana Weirsma			
Name	Yr	School	Seed Mark
1	Kate Hockenbury	11 Hopedale	31-11.75
2	Karen Bekhet	10 Whitinsville	31-06.00
3	Samantha Butts	12 Blackstone-M	28-06.25
4	Savarah Gaskill	12 Nipmuc	26-04.00
5	Norah Garvey	12 Sutton	26-00.00
6	Isabella Frieswick	11 Nipmuc	25-07.00
7	Alivia Carlin	10 Hopedale	25-03.75
8	Michaela Cannistraci	12 Whitinsville	25-00.00
9	Jenna Keeman	12 Douglas	24-06.50
10	Ellie Donovan	12 Sutton	24-04.00
11	Meaghan Holloway	12 Sutton	24-03.00
12	Camille Gallagher	11 Nipmuc	21-06.00
13	Lauren D'Amico	11 Douglas	21-02.50
14	Nicolette Grundstrom	12 Douglas	20-05.75
15	Erin Brown	11 Whitinsville	19-10.50
16	Madeline Hodgdon	8 Hopedale	19-01.00
17	Mia Sheldon	11 Douglas	14-00.00

Event 2 Girls High Jump (10)

DVC: 5-04 12/13/2014 Olivia Reinold			
Name	Yr	School	Seed Mark
1	Jenna Keeman	12 Douglas	5-01.00
2	Laura White	11 Sutton	5-00.00
3	Ava Fraulo	9 Sutton	4-08.00
4	Celestina Ramos	10 Hopedale	4-06.00
5	Ellie Donovan	12 Sutton	4-06.00
6	Grace Dowrey	11 Blackstone-M	4-04.00
7	Julia Sullivan	9 Nipmuc	4-02.00
8	Robin Dupre	12 Nipmuc	4-02.00
9	Olivia Skiba	8 Nipmuc	4-02.00
10	Julia Psuik	10 Douglas	NH

Event 3 Girls 2 Mile Run (8)

DVC: 11:30.60 1/28/2013 Jessie Cardin			
Name	Yr	School	Seed Time
1	Isabelle Doran	12 Hopedale	12:16.00
2	Emma Nadolski	8 Nipmuc	12:16.00
3	Keely Mungeam	11 Douglas	12:36.60
4	Alyssa Spiezio	8 Hopedale	13:21.00
5	Amanda Pajak	8 Sutton	14:07.00
6	Grace Sweeney	11 Sutton	15:59.00
7	Hannah Dodge	9 Sutton	16:45.00
8	Grace Dowrey	11 Blackstone-M	NT

Event 4 Girls 50 Yard Hurdles (12) Prelims

DVC: 7.30 12/19/2016 Meghan Foley			
Name	Yr	School	Seed Time
1	Arouny Souphida	11 Douglas	7.60
2	Chloe Adamowicz	11 Sutton	8.20
3	Berkeley Adamowicz	11 Sutton	8.30
4	Alyson Casey	9 Nipmuc	8.40
5	Ava Fraulo	9 Sutton	8.50
6	Jenna Keeman	12 Douglas	8.70

7	Arianna Souphida	9 Douglas	8.80
8	Olivia Skiba	8 Nipmuc	9.00
9	Jessica Brodeur	10 Blackstone-M	9.00
10	Cece Labonte	9 Whitinsville	9.00
11	Alexis Marcotte	10 Hopedale	9.20
12	Lexi Ells	8 Whitinsville	10.50

Event 5 Girls 50 Yard Dash (18) Prelims

DVC: 6.0h 1/17/2017 Saralynn Spear (6.04 Fat)			
Name	Yr	School	Seed Time
1	Maureen Grady	12 Douglas	6.30
2	Berthe Umumbu	10 Blackstone-M	6.50
3	Ava Fraulo	9 Sutton	6.70
4	Vicky DeBarros	11 Whitinsville	6.80
5	Kali Comer	10 Nipmuc	6.90
6	Chloe Hoff	12 Nipmuc	6.90
7	Katie Hearn	8 Sutton	6.90
8	Renee Dansereau	8 Douglas	6.90
9	Bridgette Donovan	12 Sutton	7.00
10	Alexis Marcotte	10 Hopedale	7.00
11	Katie White	10 Hopedale	7.10
12	Jill Labonte	9 Whitinsville	7.20
13	Robin Dupre	12 Nipmuc	7.20
14	Mia Guadagnoli	8 Hopedale	7.40
15	Paige Brothers	10 Douglas	7.40
16	Abby Goodell	9 Whitinsville	7.40
17	Julia Perry	12 Sutton	8.60
18	Mia Sheldon	11 Douglas	9.20

Event 6 Girls 1 Mile Run (9)

DVC: 5:14.40 1/17/2015 Rita Maurias			
Name	Yr	School	Seed Time
1	Jen Coseno	11 Sutton	5:39.40
2	Emma Wall	11 Douglas	5:44.60
3	Katelynn Brunt	10 Hopedale	5:54.00
4	Becky Dowling	9 Whitinsville	5:59.10
5	Hadley Koeman	11 Whitinsville	6:11.18
6	Sophia Garrepy	11 Nipmuc	6:31.00
7	Clara Scott	9 Nipmuc	6:40.00
8	Meg Rzucidlo	12 Sutton	7:05.00
9	Maddie Pietrus	11 Sutton	7:10.00

Event 7 Girls 300 Meter Dash (16)

DVC: 43.73 1/31/2015 Liz Charity			
Name	Yr	School	Seed Time
1	Ellie Donovan	12 Sutton	46.00
2	Berthe Umumbu	10 Blackstone-M	46.20
3	Jenna Keeman	12 Douglas	46.60
4	Michelle Cote	10 Nipmuc	48.03
5	Jessica Brodeur	10 Blackstone-M	49.70
6	Renee Dansereau	8 Douglas	50.00
7	Samantha Gibson	11 Douglas	50.10
8	Lauren Averka	11 Sutton	50.50
9	Katie Hearn	8 Sutton	50.70
10	Julia Brereton	9 Nipmuc	55.50
11	Ciara Boyle	10 Nipmuc	1:01.00

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Event 7 ... (Girls 300 Meter Dash (16))

Name	Yr	School	Seed Time
12 Maggie Sacco	10	Hopedale	1:02.00
13 Arshia Singh	10	Hopedale	1:02.00
14 Kaylee Soares	11	Hopedale	1:02.50
15 Lexi Ells	8	Whitinsville	1:03.30
16 Linzy Rivera	11	Whitinsville	1:04.40

Event 8 Girls 600 Meter Run (14)

DVC: 1:43.50 1/31/2015 Rita Maurais			
Name	Yr	School	Seed Time
1 Lora Dufrense	12	Sutton	1:52.40
2 Zoe Athanasopoulos	11	Hopedale	1:58.60
3 Grace Dowrey	11	Blackstone-M	1:58.90
4 Becky Dowling	9	Whitinsville	2:01.90
5 Trinity Borst	10	Nipmuc	2:02.00
6 Isabella Marquis	12	Whitinsville	2:03.10
7 Alisa Guertin	11	Douglas	2:05.10
8 Eliza Dowling	9	Whitinsville	2:05.80
9 Olivia Capuano	8	Sutton	2:06.60
10 Grace Sweeney	11	Sutton	2:11.00
11 Julia Psuik	10	Douglas	2:14.80
12 Audra Dankwardt	12	Nipmuc	2:20.00
13 Paige Allen	10	Nipmuc	2:21.00
14 Jenna Elliott	10	Douglas	NT

Event 9 Girls 1000 Meter Run (9)

DVC: 3:06.93 2/1/2014 Rita Maurias			
Name	Yr	School	Seed Time
1 Isabelle Doran	12	Hopedale	3:16.65
2 Norah Garvey	12	Sutton	3:24.10
3 Jen Coseno	11	Sutton	3:25.50
4 Alexandra Criasia	9	Douglas	3:37.70
5 Hadley Koeman	11	Whitinsville	3:39.30
6 Ida Kozachowska	11	Nipmuc	3:45.00
7 Maddie Pietrus	11	Sutton	3:46.00
8 Lucy Wiklund	9	Nipmuc	4:31.00
9 Lauren D'Amico	11	Douglas	NT

Event 10 Girls 4x400 Meter Relay (5)

DVC: 4:24.89 1/31/2015		
Team	Relay	Seed Time
1 Sutton		4:42.90
2 Hopedale		4:46.40
3 Nipmuc		4:55.00
4 Douglas		5:04.60
5 Blackstone-M		NT

Event 11 Girls 4x200 Meter Relay (5)

DVC: 1:56.30 1/31/2015		
Team	Relay	Seed Time
1 Nipmuc		1:59.16
2 Douglas		2:03.10
3 Sutton		2:05.30
4 Whitinsville		2:07.10
5 Hopedale		2:09.00

Event 21 Boys Shot Put (14)

DVC: 45-07.25 2/5/2013 Andrew Joe			
Name	Yr	School	Seed Mark
1 Bretton Loftus	12	Nipmuc	44-10.00
2 Curtis Rocheleau	11	Sutton	42-08.00
3 Shamus Birdsey	11	Nipmuc	39-04.50
4 Damien Lahousse	11	Blackstone-M	34-06.50
5 Matthew Crepeau	12	Hopedale	34-03.00
6 Valdez Clark	12	Douglas	34-03.00
7 Brian Kostiw	12	Sutton	34-02.00
8 Brendan Murphy	10	Nipmuc	33-04.00
9 Ryan Falcon	12	Sutton	31-07.50
10 Nathaniel Bean	11	Hopedale	30-08.50
11 Matthew Szczepanek	12	Blackstone-M	30-05.00
12 Gabriel Stewart	11	Blackstone-M	30-03.00
13 Nolan Psuik	11	Douglas	27-08.00
14 Niko Chalkiadakis	11	Whitinsville	27-03.50

Event 22 Boys High Jump (11)

DVC: 6-08 1/7/2016 Kevin Hack			
Name	Yr	School	Seed Mark
1 Aidan Royce	10	Sutton	6-02.00
2 Damien Lahousse	11	Blackstone-M	6-00.00
3 Kyle Dodge	11	Sutton	5-06.00
4 Shawn Forget	12	Nipmuc	5-04.00
5 Daniel DeZutter	11	Nipmuc	5-04.00
6 Rowan Woods	12	Sutton	5-04.00
7 Andrew Jayyosi	12	Nipmuc	5-04.00
8 Luc Leclair	11	Blackstone-M	5-02.00
9 Ben MacGillivray	12	Whitinsville	5-02.00
10 Gregory Peck	10	Douglas	5-02.00
11 Nathan DeGregorio	11	Whitinsville	5-00.00

Event 23 Boys 2 Mile Run (9)

DVC: 10:05.50 1/9/2017 Brandon Hall			
Name	Yr	School	Seed Time
1 Colin Black	12	Hopedale	10:24.00
2 Daniel DeZutter	11	Nipmuc	10:26.00
3 Tomas Brockett	10	Nipmuc	10:53.00
4 Kyle Murray	10	Hopedale	10:56.00
5 Ryan Delongchamp	12	Sutton	11:34.80
6 Colin Squier	7	Douglas	11:59.00
7 Kyle Mendoza	10	Sutton	12:15.00
8 Kevin Russo	11	Sutton	12:32.70
9 Jacob Chaplin	11	Blackstone-M	13:33.60

Event 24 Boys 50 Yard Hurdles (16) Prelims

DVC: 6.6h 1/17/2011 Christopher Coffin			
Name	Yr	School	Seed Time
1 Ben Manoli	12	Hopedale	7.30
2 Damien Lahousse	11	Blackstone-M	7.60
3 Benjamin Skiba	10	Nipmuc	7.60
4 Christian Swaim	12	Whitinsville	8.50
5 Kyle Dodge	11	Sutton	8.50
6 David Round	12	Nipmuc	8.50
7 Cody Winchell	11	Douglas	8.50

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Event 24 ... (Boys 50 Yard Hurdles (16) Prelims)

Name	Yr	School	Seed Time
8 Colton Hargrave	11	Sutton	8.60
9 Matthew Szczepanek	12	Blackstone-M	8.80
10 Luke Lightbown	8	Douglas	9.00
11 Jonathan Delsignore	12	Sutton	9.00
12 Cole Sullivan	12	Nipmuc	9.20
13 Nathan DeGregorio	11	Whitinsville	9.40
14 Mina Bebawy	10	Hopedale	9.70
15 David Poirier	10	Blackstone-M	13.40
16 Andrew Squier	9	Douglas	NT

Event 25 Boys 50 Yard Dash (16) Prelims

DVC: 5.6h 1/14/2010 Mark Hill			
Name	Yr	School	Seed Time
1 Anthony Rossi	12	Douglas	5.60
2 Darnell Worley	11	Whitinsville	5.60
3 Richard Broni	11	Nipmuc	5.80
4 Ethan Raye	12	Nipmuc	5.80
5 Rowan Woods	12	Sutton	5.90
6 Michael MacGillivray	11	Whitinsville	5.90
7 Brian Dunn	11	Sutton	5.90
8 Ben Manoli	12	Hopedale	6.00
9 Nathaniel Bean	11	Hopedale	6.10
10 Brian Kostiw	12	Sutton	6.10
11 Gabe Bean	9	Hopedale	6.10
12 Gabriel Stewart	11	Blackstone-M	6.10
13 Shawn Forget	12	Nipmuc	6.30
14 Ben MacGillivray	12	Whitinsville	6.40
15 Gregory Peck	10	Douglas	6.40
16 Nolan Psuik	11	Douglas	6.90

Event 26 Boys 1 Mile Run (12)

DVC: 4:43.60 1/19/2012 Paul Maurais			
Name	Yr	School	Seed Time
1 Michael Olson	12	Sutton	4:51.70
2 Cole Bolduc	12	Blackstone-M	4:56.00
3 Aidan Stuart	12	Sutton	5:01.50
4 Michael Dobbs	11	Hopedale	5:03.00
5 Joshua Fumia	10	Hopedale	5:23.00
6 Brandon Whiton	10	Whitinsville	5:30.30
7 Dylan Anema	10	Whitinsville	5:30.30
8 Alex Kerr	11	Whitinsville	5:35.10
9 Finn Reilly	10	Hopedale	5:50.00
10 Dustin Acocelli	11	Sutton	6:04.00
11 Cameron Hagan	8	Nipmuc	6:14.00
12 Jonah Rosenkrantz	7	Douglas	NT

Event 27 Boys 300 Meter Dash (14)

DVC: 37.80 1/20/2011 Jake Foynes			
Name	Yr	School	Seed Time
1 Damien Lahousse	11	Blackstone-M	40.60
2 Andrew Jayyosi	12	Nipmuc	40.90
3 Jamoson Green	11	Sutton	41.30
4 Gabriel Stewart	11	Blackstone-M	41.70
5 Michael Luzi	9	Hopedale	42.40

6 Alex Vallaro	12	Sutton	42.50
7 Nate Hall	9	Hopedale	43.10
8 Bobby Whiton	12	Whitinsville	43.40
9 Colton Hargrave	11	Sutton	45.90
10 David Round	12	Nipmuc	46.50
11 Aidan Dankwardt	9	Nipmuc	47.50
12 Nathan DeGregorio	11	Whitinsville	47.80
13 Aaron Goodell	12	Whitinsville	49.40
14 Avery Aldrich	9	Hopedale	49.80

Event 28 Boys 600 Meter Run (14)

DVC: 1:26.20 1/15/2018 Alec Goldenberg			
Name	Yr	School	Seed Time
1 Michael Olson	12	Sutton	1:34.50
2 Joseph Turenne	10	Hopedale	1:38.00
3 John Paul Capuano	12	Sutton	1:39.40
4 Jackson Terenzi	10	Hopedale	1:40.00
5 Tyler Brown	12	Nipmuc	1:41.10
6 Owen Brigham	10	Nipmuc	1:42.20
7 Jonathan Delsignore	12	Sutton	1:44.10
8 Sam Barker	12	Whitinsville	1:44.90
9 Walker Penfield	10	Nipmuc	1:47.00
10 David Poirier	10	Blackstone-M	1:52.00
11 Bobby Whiton	12	Whitinsville	1:52.00
12 Matthew Szczepanek	12	Blackstone-M	1:53.00
13 Cody Shuras	10	Blackstone-M	2:00.90
14 Cole Leonard	10	Hopedale	2:20.00

Event 29 Boys 1000 Meter Run (15)

DVC: 2:42.88 1/23/2018 Brandon Hall			
Name	Yr	School	Seed Time
1 Cole Bolduc	12	Blackstone-M	2:53.60
2 Colin Black	12	Hopedale	2:54.00
3 Daniel DeZutter	11	Nipmuc	2:57.40
4 Lincoln Clark	11	Sutton	2:59.10
5 Joseph Thumann	10	Whitinsville	3:00.00
6 Jack Hearn	10	Whitinsville	3:01.50
7 Kyle Murray	10	Hopedale	3:05.00
8 Ryan Delongchamp	12	Sutton	3:07.80
9 Kyle Dodge	11	Sutton	3:10.20
10 Jake Tower	9	Hopedale	3:21.00
11 Jordan Katzen	7	Nipmuc	3:45.70
12 Luc Leclair	11	Blackstone-M	NT
13 Aiden LeBoef	7	Douglas	NT
14 Conner Stickney	8	Douglas	NT
15 Tyler Stevens	7	Douglas	NT

Event 30 Boys 4x400 Meter Relay (6)

DVC: 3:49.90 1/15/2013		
Team	Relay	Seed Time
1 Sutton		3:58.10
2 Nipmuc		4:07.30
3 Hopedale		4:10.00
4 Whitinsville		4:15.10
5 Blackstone-M		NT
6 Douglas		NT

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Event 31 Boys 4x200 Meter Relay (5)

DVC: 1:42.51 2/1/2014

	Team	Relay	Seed Time
1	Hopedale		1:46.77
2	Nipmuc		1:48.10
3	Whitinsville		1:48.50
4	Sutton		1:49.60
5	Douglas		1:50.00