

S.W.C.L. Indoor Track
2016-2017 as of 1-25-17

Individual Top Marks

Woodstock [WOOD]

Number of Top Times: All

Mark	Convert	Rnd	Name	Age/Yr								
Female Open 50y Dash NB												
1	6.90		F	- Abigail Lefemi	JR	12/21/2	SWCL	Dual	Meet	#2	East	
2	7.10		F	- Naomi Rivard	JR	12/21/2	SWCL	Dual	Meet	#2	East	
3	7.40		F	- Danielle Chapu	FR	12/21/2	SWCL	Dual	Meet	#2	East	
4	7.70		F	- Chelsea Wise	JR	12/21/2	SWCL	Dual	Meet	#2	East	
Female Open 55m Dash TAN												
1	7.90		F	- Ivy Gelhaus	SO	01/04/2	SWCL	Dual	Meet	#3	West	
2	8.00		F	- Abigail Lefemi	JR	01/04/2	SWCL	Dual	Meet	#3	West	
3	8.30		F	- Naomi Rivard	JR	01/11/2	SWCL	Dual	Meet	#4	West	
4	8.40		F	- Danielle Chapu	FR	01/11/2	SWCL	Dual	Meet	#4	West	
5	8.50		F	- Julia Theriaqu	FR	01/04/2	SWCL	Dual	Meet	#3	West	
Female Open 300m Dash												
1	46.20		F	- Kennedy Davign	JR	01/11/2	SWCL	Dual	Meet	#4	West	
2	47.40		F	- Ashley Bedard	SR	01/04/2	SWCL	Dual	Meet	#3	West	
3	49.40		F	- Abigail Lefemi	JR	12/21/2	SWCL	Dual	Meet	#2	East	
4	50.50		F	- Naomi Rivard	JR	01/11/2	SWCL	Dual	Meet	#4	West	
5	53.50		F	- Julia Theriaqu	FR	01/18/2	SWCL	Dual	Meet	#5	West	
Female Open 600m Run												
1	1:51.30		F	- Ivy Gelhaus	SO	01/11/2	SWCL	Dual	Meet	#4	West	
2	1:57.60		F	- Ashleigh Angle	SO	12/21/2	SWCL	Dual	Meet	#2	East	
3	2:02.40		F	- Olivia Majek	SO	01/18/2	SWCL	Dual	Meet	#5	West	
4	2:04.10		F	- Aria Gianfridd	SO	01/11/2	SWCL	Dual	Meet	#4	West	
5	2:10.10		F	- Stasia Czernic	SO	01/04/2	SWCL	Dual	Meet	#3	West	
Female Open 1000m Run												
1	3:38.20		F	- Ashleigh Angle	SO	01/11/2	SWCL	Dual	Meet	#4	West	
2	3:38.70		F	- Makara Sorel	JR	01/11/2	SWCL	Dual	Meet	#4	West	
3	3:46.50		F	- Aria Gianfridd	SO	01/18/2	SWCL	Dual	Meet	#5	West	
4	4:00.60		F	- Lindsey O'Dea	JR	01/11/2	SWCL	Dual	Meet	#4	West	
5	4:06.40		F	- Olivia Majek	SO	01/04/2	SWCL	Dual	Meet	#3	West	
6	4:07.90		F	- Stasia Czernic	SO	01/11/2	SWCL	Dual	Meet	#4	West	
Female Open 1 Mile Run												
1	5:48.30		F	- Sylvia Lawrenc	SR	12/21/2	SWCL	Dual	Meet	#2	East	
2	6:32.90		F	- Aria Gianfridd	SO	01/04/2	SWCL	Dual	Meet	#3	West	
3	6:56.10		F	- Alexia Bourbea	FR	01/11/2	SWCL	Dual	Meet	#4	West	
Female Open 2 Mile Run												
1	12:42.7	6:21.3	F	- Sylvia Lawrenc	SR	01/18/2	SWCL	Dual	Meet	#5	West	
2	12:42.9	6:21.4	F	- Casidhe Hoyt	JR	01/04/2	SWCL	Dual	Meet	#3	West	
3	13:41.9	6:50.9	F	- Aria Gianfridd	SO	12/21/2	SWCL	Dual	Meet	#2	East	
4	14:47.2	7:23.6	F	- Alexia Bourbea	FR	01/18/2	SWCL	Dual	Meet	#5	West	
Female Open 55m Hurdles TAN												
1	10.10		F	- Ashleigh Angle	SO	01/11/2	SWCL	Dual	Meet	#4	West	
Female Open High Jump												
1	4-09.00	1.44m	F	- Lindsey O'Dea	JR	12/21/2	SWCL	Dual	Meet	#2	East	
2	4-05.00	1.34m	F	- Julia Theriaqu	FR	01/11/2	SWCL	Dual	Meet	#4	West	
Female Open Shot Put												
1	28-00.5	8.54m	F	- Chelsea Wise	JR	01/11/2	SWCL	Dual	Meet	#4	West	
2	25-10.7	7.89m	F	- Ashleigh Angle	SO	01/18/2	SWCL	Dual	Meet	#5	West	
3	23-11.0	7.29m	F	- Skylar Brousse	JR	01/04/2	SWCL	Dual	Meet	#3	West	
4	20-04.0	6.19m	F	- Danielle Chapu	FR	01/11/2	SWCL	Dual	Meet	#4	West	
5	19-05.2	5.92m	F	- Ashley Haggett	JR	12/21/2	SWCL	Dual	Meet	#2	East	
6	16-01.2	4.90m	F	- Mary-Margaret	JR	12/21/2	SWCL	Dual	Meet	#2	East	

Male Open 50y Dash		NB										
1	5.70	F	-	Jack Kelley	SR	12/21/2	SWCL	Dual Meet	#2	East		
2	6.40	F	-	Adam Sanderson	SO	12/21/2	SWCL	Dual Meet	#2	East		
3	6.80	F	-	John Rogers	SO	12/21/2	SWCL	Dual Meet	#2	East		
4	7.10	F	-	Damian Bonneau	SO	12/21/2	SWCL	Dual Meet	#2	East		
Male Open 55m Dash		TAN										
1	6.80	F	-	Jack Kelley	SR	01/04/2	SWCL	Dual Meet	#3	West		
2*	7.50	F	-	Lucas Couture	SO	01/04/2	SWCL	Dual Meet	#3	West		
2*	7.50	F	-	John Rogers	SO	01/11/2	SWCL	Dual Meet	#4	West		
4	7.60	F	-	Adam Sanderson	SO	01/18/2	SWCL	Dual Meet	#5	West		
5	7.70	F	-	Scott Selmecki	JR	01/18/2	SWCL	Dual Meet	#5	West		
Male Open 300m Dash												
1	45.70	F	-	Scott Selmecki	JR	01/04/2	SWCL	Dual Meet	#3	West		
2	46.10	F	-	Adam Sanderson	SO	01/04/2	SWCL	Dual Meet	#3	West		
3	47.50	F	-	Dan Creme	JR	01/18/2	SWCL	Dual Meet	#5	West		
Male Open 600m Run												
1	1:51.00	F	-	Christian Bomb	SR	01/04/2	SWCL	Dual Meet	#3	West		
2	1:51.80	F	-	Lucas Couture	SO	01/04/2	SWCL	Dual Meet	#3	West		
3	1:53.70	F	-	Spencer Collin	SO	01/18/2	SWCL	Dual Meet	#5	West		
4	2:04.20	F	-	Chris Claprood	SR	01/11/2	SWCL	Dual Meet	#4	West		
Male Open 1000m Run												
1	3:13.30	F	-	John Rogers	SO	12/21/2	SWCL	Dual Meet	#2	East		
2	3:21.80	F	-	Ivan Karlsen	JR	01/11/2	SWCL	Dual Meet	#4	West		
3	3:23.30	F	-	Dan Creme	JR	12/21/2	SWCL	Dual Meet	#2	East		
4	3:52.10	F	-	Tristan Monaha	FR	01/11/2	SWCL	Dual Meet	#4	West		
Male Open 1 Mile Run												
1	5:00.50	F	-	Maxwell Chace	SR	01/18/2	SWCL	Dual Meet	#5	West		
2	5:41.70	F	-	Christian Mink	FR	01/11/2	SWCL	Dual Meet	#4	West		
3	5:51.60	F	-	Spencer Collin	SO	01/18/2	SWCL	Dual Meet	#5	West		
4	5:58.40	F	-	Evan Gianfridd	FR	01/11/2	SWCL	Dual Meet	#4	West		
Male Open 2 Mile Run												
1	10:42.7	5:21.3	F	-	Maxwell Chace	SR	01/18/2	SWCL	Dual Meet	#5	West	
2	12:13.9	6:06.9	F	-	Christian Mink	FR	12/21/2	SWCL	Dual Meet	#2	East	
3	12:22.9	6:11.4	F	-	Spencer Collin	SO	01/11/2	SWCL	Dual Meet	#4	West	
4	12:43.8	6:21.9	F	-	Evan Gianfridd	FR	12/21/2	SWCL	Dual Meet	#2	East	
Male Open 50y Hurdles		NB										
1	8.30	F	-	Scott Selmecki	JR	12/21/2	SWCL	Dual Meet	#2	East		
2	8.80	F	-	Dan Creme	JR	12/21/2	SWCL	Dual Meet	#2	East		
Male Open 55m Hurdles		TAN										
1	9.60	F	-	Scott Selmecki	JR	01/18/2	SWCL	Dual Meet	#5	West		
2	10.30	F	-	Dan Creme	JR	01/11/2	SWCL	Dual Meet	#4	West		
Male Open High Jump												
1	5-03.00	1.60m	F	-	Christian Bomb	SR	12/21/2	SWCL	Dual Meet	#2	East	
Male Open Shot Put												
1	38-10.2	11.84m	F	-	Mark Dumas	JR	12/21/2	SWCL	Dual Meet	#2	East	
2	32-09.5	9.99m	F	-	Joseph Thompso	SR	01/04/2	SWCL	Dual Meet	#3	West	
3	29-11.0	9.11m	F	-	Scott Selmecki	JR	01/11/2	SWCL	Dual Meet	#4	West	
4	29-01.0	8.86m	F	-	Damian Bonneau	SO	01/11/2	SWCL	Dual Meet	#4	West	
Female Open 4x200m Relay												
1*	2:01.90		F	A Rela		01/18/20	SWCL	Dual Meet	#5	West		
1*	2:01.90		F	A Rela		01/04/20	SWCL	Dual Meet	#3	West		
Female Open 4x400m Relay												
1	4:24.60		F	A Rela		12/21/20	SWCL	Dual Meet	#2	East		
2	4:38.90		F	A Rela		01/11/20	SWCL	Dual Meet	#4	West		
Male Open 4x400m Relay												
1	4:15.70		F	A Rela		01/11/20	SWCL	Dual Meet	#4	West		
2	4:20.20		F	A Rela		12/21/20	SWCL	Dual Meet	#2	East		

