

Southern Worcester County League Indoor Track**S.W.C.L. - Records**

1	Girls Shot Put	38-01.50	1/29/2004	Pam Glennon - Tantasqua
2	Girls High Jump	5-04.50	2/1/2012	Emily Cahill - Uxbridge
3	Girls Long Jump	16-05	1/23/2013	Emily Dawidczyk - Oxford
4	Girls 2 Mile Run	11:40.63	1/27/2016	Sarah Cavanagh - Auburn
5	Girls 50 Yard Hurdles NB	7.10	12/12/2012	Emily Dawidczyk - Oxford
6	Girls 55 Meter Hurdles TAN	8.30	2/6/2013	Emily Dawidczyk - Oxford
7	Girls 50 Yard Dash NB	6.20	1/10/2007	Jess Felbaum - Grafton
7A	Girls 50 Yard Dash NB	6.20	1/20/2016	Emily Roxo/Kristina Morrison - Uxbridge/Northbridge
8	Girls 55 Meter Dash TAN	7.10	12/22/2010	Tory Miles - Millbury
9	Girls 1 Mile Run	5:25.80	1/29/2014	Stella Worters - Shepherd Hill
10	Girls 300 Meter Dash	42.20	1/4/2012	Emily Dawidczyk - Oxford
11	Girls 600 Meter Run	1:44.00	2/6/2013	Stella Worters - Shepherd Hill
12	Girls 1000 Meter Run	3:08.75	1/29/2014	Stella Worters - Shepherd Hill
13	Girls 4x400 Meter Relay	4:25.92	2/4/2009	- Shepherd Hill
14	Girls 4x200 Meter Relay	1:55.67	1/30/2013	- Millbury
15	Girls 4x800 Meter Relay	11:06.90	1/17/2002	- Shepherd Hill
21	Boys Shot Put	53-11	1/29/2009	Andrew Piscaelli - Millbury
22	Boys High Jump	6-04	12/23/2009	Billy Callahan - Auburn
23	Boys Long Jump	20-05.50	12/30/2008	Brendan Whitson - Auburn
24	Boys 2 Mile Run	10:14.10	1/12/2009	Will Faden - Grafton
26	Boys 55 Meter Hurdles TAN	7.80	1/23/2008	Scott Smith,Zach Hellyar, - Shepherd Hill, Tantasqua
26A	Boys 55 Meter Hurdles TAN	7.80	2/6/2013	Alex Hellyar - Tantasqua
27	Boys 50 Yard Dash NB	5.60	1/19/2005	Chad Binette, Jason Tarantino - Oxford,Millbury
28	Boys 55 Meter Dash TAN	6.50	1/22/2003	Babe Predella, Brendan Whitson, - Tantasqua, Auburn
28A	Boys 55 Yard Dash TAN	6.50	2/6/2013	Spencer Duncan - Tantasqua
29	Boys 1 Mile Run	4:41.83	2/4/2009	Will Faden - Grafton
30	Boys 300 Meter Dash	37.16	2/1/2006	Alex Engel - Prouty
31	Boys 600 Meter Run	1:24.90	1/19/2005	Doug Caves - Oxford
32	Boys 1000 Meter Run	2:45.10	1/29/2009	Will Faden - Grafton
33	Boys 4x400 Meter Relay	3:51.77	2/4/2009	- Shepherd Hill
34	Boys 4x200 Meter Relay	1:41.10	1/31/2007	- Tantasqua
35	Boys 4x800 Meter Relay	8:54.00	12/10/2003	- David Prouty
41	Girls Shot Put Relay	87-02	12/10/2003	- Tantasqua
42	Boys Shot Put Relay	117-00	12/15/2001	- Northbridge
43	Girls High Jump Relay	13-10	12/15/2001	- Shepherd Hill
44	Boys High Jump Relay	17-00	12/19/2002	- Tantasqua
45	Girls 4x50 Yard Shuttle Hurdle NB	23.10	12/10/2003	- Millbury
46	Boys 4x50 Yard Shuttle Hurdle NB	23.10	12/10/2003	- Oxford
47	Girls 932 Sprint Medley NB 2x1x1x3	2:25.20	12/5/2012	- Uxbridge
48	Boys 932 Sprint Medley NB 2x1x1x3	2:04.60	12/8/2004	- Uxbridge
49	Girls 4x534.5 Meter Relay NB 4x4	7:04.00	12/10/2003	- Millbury
50	Boys 4x534.5 Meter Relay NB 4x4	5:41.90	12/17/2002	- Grafton
51	Girls 4x55 Meter Shuttle Hurdle Tan	26.50	12/15/2001	- Shepherd Hill
52	Boys 4x55 Meter Shuttle Hurdle Tan	23.50	12/15/2001	- Shepherd Hill
53	Girls 1050 Sprint Medley Tan 2x1x1x3	2:35.00	12/15/2001	- Uxbridge
54	Boys 1050 Sprint Medley Tan 2x1x1x3	2:11.70	12/15/2001	- Northbridge
55	Girls 4x600 Meter Relay T4x4 NB4x4.5	7:34.30	12/8/2010	- Tantasqua
56	Boys 4x600 Meter Relay T4x4 NB4x4.5	6:28.60	12/8/2010	- Tantasqua