



California District 4

February 20, 2020

Volume 29 Issue 5



California 4 Little League

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California D4 Finances

Opening Balance	20,044.40
Bank Fee – December	3.00
League Dues – WC LL	5,164.00
DA Room Reimbursement	330.00
ADA Travel Reimbursement	1,429.56
D4 Storage	205.00
Ending Balance	23,900.84

* District 4 Tax Return is attached*



2020 Lewis Cup Award

Martinez	1790
Walnut Creek	1778
Concord American	1606
NOLL/SOLL	1533
Concord Continental	1508
East County	1480
Alameda	1328
Clayton Valley	1323
Pinole-Hercules	1116
Lafayette	1007
Pittsburg	801
Antioch	697
Albany	674
Richmond	625



**From ADA Training Coordinator,
Jim Rose**

To leagues that still wish to have District 4 put on a PowerPoint presentation of baseball rules that includes videos of various scenarios, please contact Jim Rose at jrose001@aol.com. So far, six leagues have scheduled rules clinics. The presentation lasts between two and two and one-half hours and will cover rules primarily for Minor and Major baseball, but also can include Intermediate and Juniors. It is good for umpires (both youth and adult), coaches, managers, and parents. Limited dates remain



**From ADA Safety Officer,
Liz Berg**

All ASAPs have been submitted. All but Clayton Valley LL have been approved (waiting on registration data). Well done!

As a reminder, adults that have not successfully completed a background check are not permitted to be on the field with the players. Though evaluations are complete, the total completed checks is extremely low or zero for many leagues.

See the attached Background Checks Completed chart.



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From ADA 50/70/Junior/Senior Baseball, Marco Rosen

We conducted our teenage BB scheduling meeting last week 2/11/20. We had most leagues present and I want to thank all that made it to the meeting. Including our neighboring leagues from D 53, Benicia, American Canyon & Vallejo.

- All Intermediate games are just about finalized, waiting on a few more to get dates or times switched.
- Junior schedule will be out to the managers & Division coordinators by the end of this week for review. Still waiting on Richmond to submit theirs.
- All game schedules will be finalized by February 25th!!!
- February 25th is the Teenage BB rule meeting. All managers, coaches and division coordinators must be present.
- Meeting starts @7:00 PM sharp. 2380 Bisso Lane. No shows - Leagues will be fined.
- Intermediate BB - B1 King of Clubs Andrew King Memorial Tournament. April 17-19. Cost per team entry is \$450.00. For District 4 teams this will be added to your league district dues.

- 2/25/2020 @ 7:00 PM Bisso Lane- Teenage BB RULES MEETING. ALL Division Coordinators, Managers & Coaches that are managing and coaching in any of the teenage divisions MUST ATTEND!!!

- Intermediate BB – B1 King of Clubs Tournament.
The following teams have signed up for this tournament:
 - East County A's
 - East County Die Hards
 - Walnut Creek Red
 - Walnut Creek Blue
 - Clayton Valley
 - Martinez
 - Benicia LL
 - American Canyon LL

Brackets will be out middle to late March for the tournament.



From ADA Little League & Senior League Softball, Phil Raines

Meeting Dates:

Interleague Scheduling Meeting

Sunday, February 23rd, 9am till finished, at UCCE, 2380 Bisso Lane, Concord.

Softball Rules Meeting

Tuesday, March 3rd, 7pm-9pm, at UCCE, 2380 Bisso Lane, Concord



From ADA Challengers, Stephen Mohammed

The next Challenger meeting will be Saturday, March 7th @ 4:00pm at the Walnut Creek Elks Lodge.

Amber Crowley and I are working on the schedule. We should have it out by the end of this month to go over by your VP's. It would be great if all the Leagues would donate to the Jamboree. Please talk with your board. Please send them to DA Ted Boet, Thank you



From ADA Little League Baseball, Steve Harris

Inter-League Baseball

- For those leagues that will be participating in inter-league baseball, please ensure you submit your request through the Data Center (remember, both leagues need to submit the request). Also, unless you have requested a waiver, you must follow the rules in the Blue Book. If you wish to apply an alternate "local" rule, the leagues will need to submit a waiver request to Ted so he can submit the request to the Regional office.

NEW! Little League Program

- We are excited about a few new programs being sanctioned by Little League International this season, one in particular is the "Travel Ball" program. I will hand out a flyer with the detailed information on this new exciting program. District 4 is excited to participate in this new program this season and I'm here to help get it off the ground and assist with all the logistics. If you are interested, please contact me as soon as possible to discuss the details.



From ADA Volunteer Coordinator, Grayson Lawrence

Please see the attached flyer about Volunteers for the 2020 Senior Baseball Western Region Tournament. Please post to your league's website and Facebook page.



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Coaching Clinic

Double-Goal Coach: Coaching For Winning and Life Lessons

Offered by North/South Oakland LL

See the Attached Flyer



From ADA D4 UIC, Don Waddell

Thanks for Help with Recent Umpire Clinics

Thank you to the following leagues and their Boards of Directors for assistance in hosting recent umpire clinics

- Concord American Little League for hosting our Mechanics Clinics on February 1st. We had a good turnout of 27 students from 7 different leagues. We all appreciated the great field conditions and the lunch.

- Continental Little League for hosting the Junior Umpire Clinic on February 10th. We once again were sold out on this clinic with 40 Junior Umpires from 5 leagues. The conditions at Continental were perfect for running our instructional drills. Thanks also to Continental for arranging to have a team of players attend the afternoon session to provide game action for our students.

Thank you to all the leagues in District 4 for your support of our District umpire training program. We also want to thank the sponsors of our Junior Umpire training clinic:

Dick's Sporting Goods who provided gift certificates and cinch bags
BSN Sports for providing indicators and equipment bags
Oakland Athletics who donated 4 game tickets
Wilson Trophy Co. for donating umpire flipping coins
AlphaGraphics of Walnut Creek (Greg Ernst) for heavily discounting the cost of producing our District Umpire Manual
California District 57 Administrator Dave Wetmore for donating Little League Intermediate World Series items for our raffle

Big Diamond Umpire Mechanics Training

Is your league operating an Intermediate, Junior or Senior Baseball Program? If so, your umpires need to be trained on the special skills needed to be an effective umpire in these leagues. Please let Don Waddell know if you have umpires who would attend a clinic focused on the 75 foot and 90-foot fields. If enough interest, we will schedule a clinic in March.

These might be better shown as Safety Items not Umpire items.....

Questions on NOCSAE Certified Chest Protectors

This year in high school and collegiate baseball programs catchers are now required to use chest protectors that are designed to reduce the risk of injury resulting in cardiac events. A new NOCSAE standard has been developed and manufacturers have certified a number of chest protectors. These protectors cost significantly more than those typically used in youth baseball. So far Little League is not requiring the use of a NOCSAE certified chest protector. However, leagues should encourage your participants to understand the risks associated with potential injury from balls contacting the

chest area as there are examples (very limited) of deaths in youth baseball. As an alternative to the more costly chest protectors, some sports clothing manufactures make a cardio protective undershirt which provides some protection with lower cost.

Questions on NOCSAE Certified Helmet Attachments

With the season approaching, we are sure to see many players with helmets that have been modified through the addition of a jaw guard, faceguard, or stickers. Some of these modifications may not void the NOCSAE certification, some may. For the latest information, please refer to the Little League information on helmet modifications at <https://www.littleleague.org/playing-rules/modifying-helmets-with-additional-attachments/>

Breakaway Bases

Every field used for any game in Baseball and Softball at all levels from T Ball to Senior must be equipped with bases that will disengage from their anchor. If you are using fields that are controlled by others such as high school or city recreation programs, please ensure that the bases used meet this requirement. The best way is to have your own set of League supplied bases for that field that will fit the anchors. There are several brands with adaptable base posts. Talk to your equipment supplier to find the proper bases



Get a Heads Up on Batter's Helmet Safety

The information in this handout will help you learn what to look for and what to avoid when picking out a helmet for your baseball or softball player.

See attached handout.

Form **990-EZ****Short Form****Return of Organization Exempt From Income Tax**

OMB No. 1545-0047

2019**Open to Public Inspection**Department of the Treasury
Internal Revenue Service

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

▶ Do not enter social security numbers on this form, as it may be made public.

▶ Go to www.irs.gov/Form990EZ for instructions and the latest information.

A For the 2019 calendar year, or tax year beginning 10/1/18, 2019, and ending 9/30, 2019	
B Check if applicable: <input type="checkbox"/> Address change <input type="checkbox"/> Name change <input type="checkbox"/> Initial return <input type="checkbox"/> Final return/terminated <input type="checkbox"/> Amended return <input type="checkbox"/> Application pending	C Name of organization California District 4 Little League Number and street (or P.O. box if mail is not delivered to street address) 5147 Noakes Ct. Room/suite City or town, state or province, country, and ZIP or foreign postal code Antioch, CA 94531
G Accounting Method: <input checked="" type="checkbox"/> Cash <input type="checkbox"/> Accrual Other (specify) ▶	D Employer identification number 454717356
I Website: ▶ llcad4.org	E Telephone number 9253673216
J Tax-exempt status (check only one) — <input checked="" type="checkbox"/> 501(c)(3) <input type="checkbox"/> 501(c) () ◀ (insert no.) <input type="checkbox"/> 4947(a)(1) or <input type="checkbox"/> 527	F Group Exemption Number ▶ 3158
K Form of organization: <input type="checkbox"/> Corporation <input type="checkbox"/> Trust <input checked="" type="checkbox"/> Association <input type="checkbox"/> Other	H Check <input type="checkbox"/> if the organization is not required to attach Schedule B (Form 990, 990-EZ, or 990-PF).
L Add lines 5b, 6c, and 7b to line 9 to determine gross receipts. If gross receipts are \$200,000 or more, or if total assets (Part II, column (B)) are \$500,000 or more, file Form 990 instead of Form 990-EZ. ▶ \$	

Part I Revenue, Expenses, and Changes in Net Assets or Fund Balances (see the instructions for Part I) <input type="checkbox"/>		
Check if the organization used Schedule O to respond to any question in this Part I <input type="checkbox"/>		
Revenue	1 Contributions, gifts, grants, and similar amounts received	1 18930
	2 Program service revenue including government fees and contracts	2
	3 Membership dues and assessments	3 \$51,606.02
	4 Investment income	4
	5a Gross amount from sale of assets other than inventory 5a	
	b Less: cost or other basis and sales expenses 5b	
	c Gain or (loss) from sale of assets other than inventory (subtract line 5b from line 5a) 5c	
	6 Gaming and fundraising events:	
	a Gross income from gaming (attach Schedule G if greater than \$15,000) 6a	
b Gross income from fundraising events (not including \$ of contributions from fundraising events reported on line 1) (attach Schedule G if the sum of such gross income and contributions exceeds \$15,000) 6b		
c Less: direct expenses from gaming and fundraising events 6c		
d Net income or (loss) from gaming and fundraising events (add lines 6a and 6b and subtract line 6c) 6d		
7a Gross sales of inventory, less returns and allowances 7a		
b Less: cost of goods sold 7b		
c Gross profit or (loss) from sales of inventory (subtract line 7b from line 7a) 7c		
8 Other revenue (describe in Schedule O) 8		
9 Total revenue. Add lines 1, 2, 3, 4, 5c, 6d, 7c, and 8 ▶	9 70536.02	
Expenses	10 Grants and similar amounts paid (list in Schedule O) 10	
	11 Benefits paid to or for members 11 52501	
	12 Salaries, other compensation, and employee benefits 12	
	13 Professional fees and other payments to independent contractors 13 162	
	14 Occupancy, rent, utilities, and maintenance 14 4212	
	15 Printing, publications, postage, and shipping 15 1062	
	16 Other expenses (describe in Schedule O) 16 4020	
17 Total expenses. Add lines 10 through 16 ▶ 17 61957		
Net Assets	18 Excess or (deficit) for the year (subtract line 17 from line 9) 18 8579.02	
	19 Net assets or fund balances at beginning of year (from line 27, column (A)) (must agree with end-of-year figure reported on prior year's return) 19 10026.48	
	20 Other changes in net assets or fund balances (explain in Schedule O) 20	
	21 Net assets or fund balances at end of year. Combine lines 18 through 20 ▶ 21 18605.50	

For Paperwork Reduction Act Notice, see the separate instructions.

Cat. No. 106421

Form **990-EZ** (2019)

Background Checks Completed

League	Teams	Estimated Checks	Total Checks	Diff
ALAMEDA	59	354	121	(233)
ALBANY	52	312	41	(271)
ANTIOCH	14	84	5	(79)
CLAYTON VALLEY	45	270	92	(178)
CONCORD AMERICAN	28	168	35	(133)
CONCORD CONTINENTAL	30	180	146	(34)
EAST COUNTY	69	414	186	(228)
LAFAYETTE	57	342	64	(278)
MARTINEZ	65	390	264	(126)
NOLL/SOLL	83	498	0	(498)
PINOLE HERCULES	21	126	53	(73)
PITTSBURG	9	54	0	(54)
RICHMOND	16	96	17	(79)
WALNUT CREEK	73	438	492	54
TOTALS:	621	3,726	1,516	(2210)



2020 Senior League Baseball West Regional Tournament Volunteer Information

Thank you for your interest in volunteering for the 2020 Senior League Baseball (SLB) West Regional Tournament, being hosted this year by California District 4. Due to great volunteers, such as yourself, Little League is the successful organization that we are. Know that in volunteering, you join 1 million other volunteers from around the world in contributing to a better experience for the 2.5 million Little League players who participate in this great sport.

Below is some basic information regarding the tournament:

- **What:** The SLB division of Little League is for kids ages 13-16, using a conventional 90-foot diamond with a pitching distance of 60 feet, 6 inches. The SLB West Regional Tournament is one of five regional tournaments that determine which teams advance to the SLB World Series.
- **Who:** Teams will travel to Oakland to compete in this regional tournament, which could include the winners of the following regions/states: Northern California, Southern California, Alaska, Arizona, Hawaii, Idaho, Montana, Nevada, Oregon, Utah, Washington, Wyoming, and the local host district (District 4).
- **When:** All games will be held from July 21st through 29th.
- **Where:** Tournament will be held at Laney College in Oakland.

We offer two direct options to become involved with the tournament. You can become an **Ambassador** for a team which means that you will be the point of contact regarding local suggestions for dining, fun team building exercises, and more. Or you can be a game day **Volunteer** and be part of the action during the day-to-day operations of the tournament: keep score, announce, provide security, or be on hand to help with Opening Ceremonies.



If you are interested in being a Team Ambassador or a Game Day Volunteer, please email volunteer@llcad4.org with the volunteer opportunities you may be interested in. Or please email if you have any questions regarding volunteering at the event.

As we get close to the event, more information will be available regarding the detailed volunteer job responsibilities, dates, and location. In addition, both Volunteer and Ambassador orientation meetings will be held during the week prior to the event.

We thank you for the time and energy that you are contributing to make this a great event and a memorable experience for the players and coaches. We look forward to seeing you soon.

Double-Goal Coach®: Coaching For Winning And Life Lessons

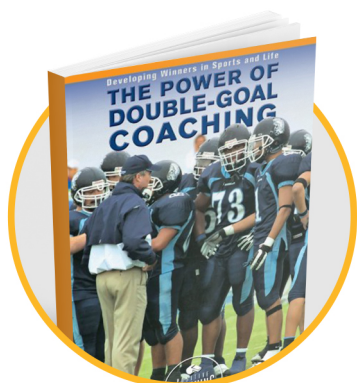


WINNING AND LIFE LESSONS

The research and experiences of great coaches across the country is clear: Positive is Powerful. In this highly interactive two-hour workshop – sparked by video-based advice from top pro athletes and coaches on PCA's National Advisory Board – attendees explore why and how to pursue both winning and the more important goal of teaching life lessons through sports.

"I have attended 3 PCA workshops on 3 separate occasions. Every workshop I learned something new. I feel the program is very dynamic and vital for anyone interested in coaching and making a positive impact on today's youth."

- Kevin Chapman, Antelope Valley YMCA



The following book, *The Power of Double-Goal Coaching*, written by PCA's Founder, Jim Thompson, accompanies this workshop.

Please contact your PCA Coordinator to inquire if books will be distributed at this event.

////////////////////

DATE:

TIME:

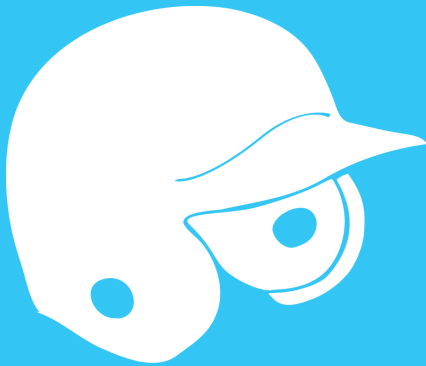
LOCATION:

CONTACT:

////////////////////

This interactive workshop begins by defining the Double-Goal Coach as someone who strives to win and works to prepare his/her team to play at its highest level, and at the same time, teaches life lessons (teamwork, dedication, bouncing back from mistakes, etc.) to his/her players.

GET A HEADS UP ON Batter's Helmet Safety



While there is no concussion-proof helmet, a batter's helmet can help protect your athlete from a serious brain or head injury.

The information in this handout will help you learn what to look for and what to avoid when picking out a helmet for your baseball or softball player.

Start with the Right Size:

BRING THE ATHLETE

Bring your athlete with you when buying a new helmet to make sure that you can check for a good fit.

HEAD SIZE

To find out your athlete's head size, wrap a soft tape measure around the athlete's head, just above their eyebrows and ears. Make sure the tape measure stays level from front to back. (If you don't have a soft tape measure, you can use a string and then measure it against a ruler.)

SIZES WILL VARY

Helmet sizes often will vary from brand-to-brand, so it's important to check out the helmet brand's fit and sizing charts to find out what helmet size fits your athlete's head size.

Get a Good Fit:

GENERAL FIT

A batter's helmet should fit snugly all around, with no spaces between the pads and the athlete's head. Your athlete should NOT wear anything under his or her batter's helmet. *This includes a baseball hat!*

ASK

Ask your athlete how the helmet feels on their head. While it needs to have a snug fit, a helmet that is too tight can cause headaches.

HAIRSTYLE

An athlete should try on the helmet with the hairstyle he or she will wear for practices and games. Helmet fit can change if the athlete's hairstyle changes considerably. For example, a long-haired player who gets a very short haircut will need to adjust the fit of the helmet.

COVERAGE

A batter's helmet should not sit too high or low on their head. To check, make sure the ear holes line up with the athlete's ears. When the athlete is looking straight forward, the bill of the batter's helmet should be parallel to the ground. Also, the bottom of the pad inside the front of the helmet should be 1 inch above the athlete's eyebrows.

VISION

Make sure you can see the athlete's eyes and that he or she can see straight forward and side-to-side.

Take Care of the Helmet:

CHECK FOR DAMAGE

DO NOT allow your athlete to use a cracked or broken helmet or a helmet that is missing any padding or parts. Check for missing or loose padding before the season and regularly during the season. Parents or athletes should not attempt to repair helmet damage on their own.

CLEANING

Clean the helmet often inside and out with warm water and mild detergent. DO NOT soak any part of the helmet, put it close to high heat, or use strong cleaners.

PROTECT

DO NOT let anyone sit or lean on the helmet.

STORAGE

Do not store a batter's helmet in a car. The helmet should be stored in a room that does not get too hot or too cold and where the helmet is away from direct sunlight.

DECORATION

DO NOT decorate (paint or put stickers on) the helmet without checking with the helmet manufacturer, as this may affect the safety of the helmet. This information may also be found on the instructions label or on the manufacturer's website.



Look for the Labels:

LOOK FOR A BATTER'S HELMET WITH LABELS THAT:

Say "MEETS NOCSAE Standard®"¹ as certified either by the manufacturer or by SEI². That label means that the helmet model has been tested and meets NOCSAE performance and protection standards.

- State whether the helmet can be recertified. If not, look for the label that specifies when the certification to the NOCSAE standard expires.
- Specify how frequently the helmet must be reconditioned and recertified.
- Have the date of manufacture. This information will be helpful if the manufacturer has: specified a useful life of the helmet; specified that the helmet may not be reconditioned and recertified; or if there is ever a recall on that particular model or year.

If the helmet is not new, you should also look for a label that includes the date the helmet was expertly repaired and approved for use (reconditioned/recertified).

Know When to Replace a Batter's Helmet:

CHECK THE LABEL

Be sure to follow safety labels on the helmet on when to replace the helmet. Some batter's helmets have a label that says that it should not be reconditioned. Helmets with this label will also include how long the helmet can be used. However, some of these helmets may need to be replaced sooner, depending upon wear and tear.

RECONDITIONING AND RECERTIFICATION

Reconditioning involves having an expert repair a used helmet by: fixing cracks or damage, replacing missing parts, testing it for safety, and approving it for use. Helmets should be reconditioned regularly by a licensed NAERA² member. DO NOT allow your athlete to use a used helmet that has not been recently recertified for use by a NAERA reconditioner.

¹ National Operating Committee on Standards for Athletic Equipment: www.nocsae.org

² National Athletic Equipment Reconditioning Association: www.naera.net