

Little League Pitching Affidavit

Team: _____

Manager: _____

Date of Game	Pitches Thrown	Threshold Observed		Pitcher's Name	Uniform #	League Playing Age	Team Manager Initials	Opposing Manager Initials	Scorekeeper Signature	# Days Rest Required	Eligible to Pitch on (Date)
		20	35								
		50	65 +								
		20	35								
		50	65 +								
		20	35								
		50	65 +								
		20	35								
		50	65 +								
		20	35								
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		20	35								
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		20	35								
		50	65 +								
		20	35								
		50	65 +								
		20	35								
		50	65 +								

**Pitching eligibility varies by the league age of the pitcher, which is the pitcher's age as of 8/31 of current season.
All official pitching regulations are found in the Little League Rulebook, Regulation VI.**

Pitch Count Regulations – League Age 14 and Under

League Playing Age Players Age as of 8/31 of the current year.	MAXIMUM Pitches Allowed Per Day*
7 & 8 Years Old	50
9 & 10 Years Old	75
11 & 12 Years Old	85
13 & 14 Years Old	95

PITCHERS LEAGUE AGES 14 AND UNDER MUST ADHERE TO THE FOLLOWING REST REQUIREMENTS:

Pitches in a Day	Days of Rest Required
66 or more	Four (4) calendar days of rest
51 - 65	Three (3) calendar days of rest
36 - 50	Two (2) calendar days of rest
21 - 35	One (1) calendar day of rest
1-20	Zero (0) calendar days of rest is required

NOTE:

1. If a player delivers 41 or more pitches, and is not covered under the threshold exception, the player may not play the position of catcher for the remainder of that day.
2. A catcher who catches in 4 or more innings in a game is not eligible to pitch on that calendar day (catching 1 pitch = 1 inning)
3. Minor, Major, and 50/70 players may NOT pitch in more than one (1) game in a calendar day.
4. Junior players may pitch in up to two (2) games; see Regulation VI for complete pitcher eligibility details.
5. Under no circumstances shall a player pitch three (3) consecutive days.

***Exception:** If a pitcher reaches the limit imposed in Regulation VI (c) for his/her league age while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: 1. That batter reaches base; 2. That batter is put out; 3. The third out is made to complete the half-inning.

See Regulation VI for complete pitching rules and eligibility details.