



SONADEV AAROGYAM “We Are There For You”



# Sonadev Aarogyam

[www.sonadevaarogyam.com](http://www.sonadevaarogyam.com)

## *ANNUAL REPORT: 2009-2010*



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## SONADEV AAROGYAM “We Are There For You”



*“Donate to Sonadev Aarogyam will help us to improve and achieve our goals”*

### Introduction

Dear Friends,

It is my pleasure to present the first Annual Report of Sonadev Aarogyam for the year 2009-10. As this year, full of significant initiatives and approaches in the effort towards capacity building of organization and enhancing collaborations in the health, disability and education sector.

During the year Sonadev Aarogyam has made commendable efforts in Awareness of disability, health and computer education in Bihar region. The efforts made by Sonadev Aarogyam through trainings members; awareness, new skills and rehabilitation have opened up greater opportunities of education and livelihood in the state. Sonadev Aarogyam's contribution to develop the disabled person base through different type of activities Other initiatives like hearing camp, disability awareness, and health and computer education information have contributed to development of larger vision for people and livelihood in the state. Our mission to grow and work in a group and stand together with a slogan of “we are there for you”. As we all know, all round and large scale development of communities requires a combination of efforts and approaches which cannot be solely provided by any one group or organization. To ensure that the benefits of development reach the poor in particular, disabled or people in general, it is necessary that different group or organization working for development pool their strengths and develop together skills for people in need.

I thank them all for their confidence in Sonadev Aarogyam and look forward to a continued.

I would like to mention a special word of thanks to support provided by various organization, our resource persons and other experts who have been incredible in providing their support to our programmes. I appreciate their gesture and commitment towards the good cause.

With the new perspective plan in hand Sonadev Aarogyam has a long way to go in furthering its mandate of promoting collaboration between government and other organisation for improving the our mission, goal and credibility.. I also take this opportunity to congratulate the staff of Sonadev Aarogyam who has untiringly worked towards building the organization as a dynamic and futuristic organization.

Sincerely,  
Ram P Kumar.  
President  
Sonadev Aarogyam

Economic hardships of 90-ies deteriorated the social system of the country and brought about extreme poverty in rural communities. There are numerous unsolved problems in remote, bordering villages: many communities do not have money for their own children treatment, medicine, food, drinking water, public buildings, schools are degrading, villages roads are impassable. Health care services are not accessible for many rural inhabitants, newspapers and TV transmissions do not reach villages. People are unaware of their rights; there is no activity in the dreary community life. As a result, young people leave their villages and head for the capital city or abroad. This was a key issue at the Gangara village held in July of this year. One of goals is to improve disability awareness in rural communities to become vibrant and self-sustainable. However, initially ideas were to support, screen, counselling and awareness about particular disability to people. Rehabilitation effort was major

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direction for Sonadev Aarogyam. Starting mid-nineties, development activities became prevailing, gradually reducing the ratio of humanitarian assistance. Currently, Sonadev Aarogyam provides humanitarian assistance in some exceptional cases and only to the communities where our organisation is implementing projects and necessities.

## **SONADEV AAROGYAM’S PROGRAMMES AND PROJECTS - PROGRESS FOR THE YEAR 2009-2010**

### **Programmes, Projects and Assignments during the year 2009-2010**

#### **1. Workshop to promote rural village about disability**

There are many organizations, hospitals but still state faces a shortage of personnel trained in participatory approaches and prepared for innovative awareness and rehabilitation. People face a many problem and crisis of social worker in terms of number and professional quality. Awareness about disability and counseling are being introduced to people, schools and organizations related to hearing disability. This require innovative roles for many other local organisation to support and rehabilitate in rite time and counseling were provided that rehabilitation require support by others, professionalism, motivation, and information skills. Sonadev Aarogyam plays a pro-active as well as a responsive role in this broad sphere through facilitating training of personnel in specific subject areas, building professional skills in villages and local organisation personnel, undertaking information exchange and knowledge sharing; placement and providing knowledge based support to others about hazards sounds creating difficulty to hear in any stage of life. Sonadev Aarogyam’s mission is to enable support of voluntary in each village, which are accountable towards the society and to create a critical mass of Schools in every district who are capable of taking up and executing development programmes with a high degree of efficiency and effectiveness has been guiding our efforts.

Our goal was to promote awareness about deafness and also to train many other voluntary, organisation and schools for proper way of rehabilitation. In future, institutional capacity building are thus dedicated to the cause of empowering small voluntary agencies to take up larger roles in awareness about deafness in their respective areas.

#### **2. Activities about Computer Training Program**

The computer training program held in SDA Head Office to train staffs, members, and people who attended for the training. Goal was to promote a computer skills environment and enabling systems that facilitate effective way of work in office, association, and people for job oriented. Our goal is to spread computer skills in voluntary sector, Panchayati Raj institutions, private institutions and other stakeholders for development. The basic objective is to promote awareness about new skills like computer in different other region and move towards one step ahead in education.

Sonadev Aarogyam’s Collaborate with youth and schools to get educate in deferent other fields and improve their skills for unemployment. Computer training in SDA head office was motivated for staffs as well as many other people. They had interest to learn new skills about hardware and software. People who attended new were trained for computer parts and basic advantage for day today’s activities. Questions were answer by expert and assignment was given for people who ever more interested and to learn for job, education and update knowledge. Our efforts through Collaboration and Support for computer education was to increase update knowledge and acceptance, to work with new skills and use for different development programs.



### **3. Cleft lip/Palate training/Workshop**

The Sonadev Aarogyam organized and highlighted one other reason of communication difficulties is Cleft lip/Palate. The training was provided to the staff members and about sixty five rural women and girls. It helped to understand many other professionals about pathological anatomy and importance of musculature in primary, team approach, Cleft lip repair, Velopharyngeal incompetence (VPI) diagnosis and speech therapy and sequential treatment, management of cleft lip/palate rehabilitation and need of social help and awareness. Awareness was provided to parents and other social worker for having a child with this defect to approach plastic surgeon for consultation and a planning course for correction as soon as the baby was born cleft lips and palates were congenital malformations occurring among newborns. The defect develops during growth of fetus in the first three weeks of pregnancy. The most important causes for the deformity were hereditary, consanguineous marriage and maternal factors such as taking unwanted tablets during pregnancy.

Congenital deformity either occurs alone or with heart, limb and brain deformities. In olden days, parents thought this condition was a curse from God. So they never went for medical treatment. But with the advent of modern technologies in the field of plastic surgery, such deformities were diagnosed and corrected. However, this issue needs to be addressed in long term goal and work as a unity in rural areas and need to be grant-in-aid for the broad level programme, so that this can be carried on a mass scales.

### **4. Pollution and cleaning Activity**

The organization is providing its valuable services to the people by giving them education, training, nutrition, health-care, sympathy and love for the welfare, betterment and all- round development. Our main goal is to be healthy and aware many people in rural areas to leave clean and healthy. People from rural areas visit frequently to doctors, hospitals for their health and expend so much money indirectly for their health, but today our organization need to educate them to improve way of leaving and healthier life. This guidance also applies to washing and cleaning cloths, streets, houses, plant, machinery, and equipment as the principles are generally the same. It cover household activities and also commercial facility (car wash) that re-uses water, or hand wash with a bucketful of water and a sponge without using detergent, recycle, help you plan and recycle with liquid and solid waste, reduce the risk of causing pollution, and, by using water wisely, could save you money. This need more challenging and unity in urban and rural areas. Our organization helped them to educate and leave health and it also needs to be done by many other organizations in broad level.





## **5. SEMINARS / WORKSHOPS**



To aware and draw attention of the community, seminars / workshops has always played an important role. That is why this organization regularly organizes such type of seminars / workshops to mobilize the public opinion against the social evils to reorient the existing institutions and organization in order to protect the interest of needy, deprived and the poor. Four seminars / workshops were organized during this year. Seminars and Workshop, An excellent opportunity to meet colleagues and share ideas. This nice, well thought out conference provides better interaction among participants, staff and professionals.

## **6. Cultural Activities**

The organization often conducts cultural programmes for healthy entertainment of the rural people. The village people are deprived of this facility as there are no cinema houses, common room, theaters, playground, planetarium, museum etc. available in the rural areas. In order to faciliate the people with healthy entertainment the organization arranges drama, dance, lectures and video-film shows in Bihar on the occasion of Independence Day, Mahatma Gandhi's Birthday, Republic Day, Teacher's Day, Children Day, International Women's Day, Labor's Day and other important festivals. A cross-cultural simulation activity, Involves two groups being given different sets of cultural rules to role play, then having to work out ways to communicate and solve tasks using their different cultural norms. Educated schools to have games for students and they are required to find and research a physical activity/game from another culture, then play the game and discuss its background with the rest of the class. Our organization goal is to experiential activities which help promote peace and for learning conflict resolution skills and its should begin from child hood such as games from different cultures to help kids have fun with counting and maths.

## **7. RURAL DEVELOPMENT PROGRAMME**

The organization executed different rural development works with the help of the local people such as repairs of village roads; the social workers, student, members and the local people did repairs and cleaning of village drains and cleaning & chlorination of drinking water wells. Improving the competitiveness of the agricultural and forestry sector. Our organization aim in future is to improving the environment in village, improving the quality of life in rural areas and encouraging diversification of the rural economy. To help ensure a balanced approach to policy, Member States and regions are obliged to spread their rural development funding between all three of these thematic axes. This approach should help in future to identify the areas where the use of support for rural development adds, make the link with the main priorities, ensure consistency with policies, in particular those for economic cohesion and the environment;



## **8. Old age care**

Our organization attention for old age care started with helping, supporting and encouraging their life style and goals. Their are total population of elderly in India is about 80 million out of which 30 million elderly Indians are isolated, lonely and socially underprivileged. This is a group for which a solution is needed. While the Government of India has started looking at this issue. Sonadev Aarogyam has started working for the cause and care of elderly population specially focus on victims of isolation, neglect, abuse and poverty. Sonadev Aarogyam would like to start various programs based on grants like mobile medical units, Hearing and Speech support, Hearing aids for hearing loss patient, helping dysphasic and dementia, aphasia TBI, and etc, patient, PECS, supporting old age homes, running day care centers, rehabilitating aged patients of leprosy, tuberculosis and cancer; conducting and/or support free cataract operations; income generation programs, advocacy etc.

## **9. Workshop to Promote Rural village about disability**

The organization organized and promoted rural village about disability with general and vocational training; forty seven persons were benefited by this training. The disabled people's problems were discussed and their solution thought. Survey work for identification of handicapped people was also carried on.

## **10. Hearing and Speech Camp, and health & Family Welfare Programme**

Hearing and Speech Camp is specifically designed to serve children with communication disorders and their families. The camp experience provides screening, oral motor examination, counseling and rehabilitation. Families enhance their skills raising their children in our Family Intensive Workshops while enjoying time in our camp environment. There were more then 100 children from different age group attended with their parents. 23 children didn't pass in hearing and having with speech delay. A proper counseling by expert professional with low cost effective rehabilitation program was provided to their parents. Organization have been working hard to find donors for hearing and speech instruments to solve day today's hearing and speech camp globally and provide intensive rehabilitation program.





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Health Service to poor and weaker sections of the society is provided by the organization. A free distribution of common medicine and free health check-up camps in being organized by organization awareness camps on family welfare special emphasis on adoption of small family norms is being implemented. About seventy five people received health services offered by physician health workers and the members of the organization.

### 11. Plantation and Environment

Today the world is facing environmental problems and specially in our region people need more education to improve good environment. Global warming, ozone depletion and pollution are burning issues. Solution to these problems lies in planting more trees. Trees and plants are the prime source of environmental purification and beautification. Trees inhale carbon dioxide and exhale oxygen, reduce temperature and create a healthy effect, both physically and psychologically, on human beings. In fact, forests are the only natural industry which produces oxygen. In such circumstances we should plant more and more trees. In pursuance of this resolve, our organization organized a tree plantation campaign. Our members devoted their Sunday to planting saplings and beautification of the place. The environment of that lawn was drastically changed in just one day because of tree plantation by these members. It is true that the youth of India possesses a great potential and spirit to change society. They can change every negative into a positive aspect. They can change any calamity into an opportunity. All they need is proper guidance and encouragement.

Sonadev Aarogyam has developed in the beginning years a more equitable and focused programme to provide early intervention program assistance, and the disorder to be prevented and rehabilitate. In order to provide meaningful assistance to children and parents in need, it was necessary to determine the type of medical problems for which aid would be provided and the type of medical facility where the individual would seek treatment. As such, early intervention Program is now generally considered only for parents having 0 to 5 years children, and any other hearing and disability. A proper Rehabilitation provide in government or municipal hospitals in Patna, and

selected private hospitals, who offer free or highly subsidized medical care to deserving patients. Other criteria used in considering an application are: the age of the patient, with preference for children and young adults; whether applicant/patient is the sole earning member/has minor dependants; the organization will established linkages with the social work departments at hospitals in local areas, and the concerned department heads. This is in order to facilitate an efficient and effective system to reach deserving patients. In coming future our organization will develop resource to rehabilitate these children in best place.



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### **Vision of Sonadev Aarogyam's and Programme**

*The programme of Sonadev Aarogyam will work to strengthen the livelihood Opportunities of the poor families, reduce their vulnerability, and through the process of Social mobilization leads to the development of community institutions which can provide Support with dignity and on a sustainable basis.*

### **WAYS AHEAD**

**In reference to the Perspective Plan of Sonadev Aarogyam ,It will rapidly expand its own presence in deprived districts, both of which are now hub of large number of projects. This expansion will facilitate greater ground contact with organizations and offer more multifarious opportunities in strengthening local collaborations between government departments, projects and local NGOs.**

Sonadev Aarogyam will apply its core services most intensively and its sectoral work will include building NGO capacities for building new models or up scaling existing ones with a view to maximize impact and coverage. The organization will promote ground level pilot action and promising areas that have not been attempted in the past and have the potential of being scaled up. Sonadev Aarogyam will facilitate greater and qualitatively better interaction / collaboration and undertake or support research in critical sectoral areas.

The Organization will use a judicious combination of strategies in order to realize its mandate. While Sonadev Aarogyam will be a primary field implementation organization it will also provide comprehensive technical and managerial support to programmes of Government and other NGOs in the following two sectors:

- 1Disability and early intervention Program
- 1Information technology and Education
- 1 Plantation and Environment



## **SONADEV AAROGYAM “We Are There For You”**



Sonadev Aarogyam support and organize camp, screening, and will include a) new project formulation and planning; b) research and technical assistance; c) resource mobilization and d) networking and disability awareness program.

Sonadev Aarogyam strengthen its research capability and in the coming perspective plan period aim to become the facilitator of on-going quality development research and study outputs. The strategic purposes of this are several, the most significant being the need to dynamically contribute to development practice and policy in the state. The other important purpose is to provide a broader platform for dissemination of innovations, best practices and experiences across many people. A strong research function will also help Sonadev Aarogyam identifying potential areas for intervention as well as make available valuable information to others.

### **General Secretary Vision**

Mr. Sanjeev Tiwary elected as a General Secretary for 2009-10. Members from Sonadev Aarogyam congratulate him and appreciate his views and dedication. He is young and professionally involved for his goals and objectives.

Mr. Sanjeev Tiwary, Managing Secretary, Sonadev Aarogyam, letter to the reader for his vision as Sonadev Aarogyam will move towards increased institutionalization of its activities through new organizational arrangements and initiatives. This will ensure greater sustainability and specialization. In the coming years Sonadev Aarogyam will be playing a key role in promotion of new organizations and structures for carrying out longer term specialized mandates especially in the area of Early intervention program, Information technology and education, environment and plantation.

The above direction has been taken up from the perspective plan of Sonadev Aarogyam. We will make all possible efforts to further the initiatives of Sonadev Aarogyam in this direction.

Sincerely,

Sanjeev Tiwary  
Secretary, Sonadev Aarogyam  
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