



OK-AIMH



Preparing for the OK-AIMH Exam by Category

Pregnancy & Early Parenthood

Brazelton, T., & Sparrow, J. (2006). *Touchpoints: Birth to Three (2nd ed.)*. Cambridge, MA: Da Capo Press.

Brown, J.V. (2004). New Perspectives on Premature Infant and their Parents. *Zero to Three*, 24(2), 4-12.

Osofsky, J., & Fitzgerald, H. (Eds). (2000). *WAIMH Handbook for infant mental health*. New York: Wiley, Inc.

Siegel, D. & Harzell, M. (2003). *Parenting from the inside out*. New York: NY: J.P. Tarcher/Putnam.

Slade, A. (2002). Keeping the baby in mind: A critical factor in perinatal mental health. *Zero to Three*, 22(6), 10-16.

Slade, A. (2005). Parental reflective functioning: An introduction. *Attachment & Human Development*, 7, 269-281.

Stern, D. (2008). The clinical relevance of infancy. *Infant Mental Health Journal*, 29, 177-188.

Stern, D. N. (1995). *The motherhood constellation: A unified view of parent-infant psychotherapy*. New York, NY: Basic Books.

Zeanah, C.H. (Ed.) (2009). *Handbook for infant mental health (3rd ed.)*. New York: The Guilford Press.

Infant/Very Young Child Development & Behavior

Brazelton, T., & Sparrow, J. (2006). *Touchpoints: Birth to Three (2nd ed.)*. Cambridge, MA: Da Capo Press.

Chazan-Cohen R. & Summers, S. (2011). *Understanding Early Childhood Mental Health: A Practical Guide for Professionals*. Baltimore, MD: Brookes Publishing Company.

Davies, D. (2011). *Child development: A practitioner's guide (3rd ed.)*. New York: The Guilford Press.

Dunn, Winnie (2007). Supporting Children to Participate Successfully in Everyday Life by Using Sensory Processing Knowledge. *Infants & Young Children: An Interdisciplinary Journal of Special Care Practices*, 20(2), 84-101.

Finello, K.M. (Ed.) (2005). *The Handbook of training & practice in infant & preschool mental health*. San Francisco, CA: Jossey-Bass.

Greenspan, S.I. (1985). *First Feelings: Milestones in the emotional development of your baby and child*. New York: Viking.

Landy, S. (2002). *Pathways to competence: Encouraging healthy social and emotional development in young children*. Baltimore, MD: Paul H. Brookes Publishing Co.

Lieberman, A. (1993). *The Emotional life of the toddler*. New York: The Free Press.

Osofsky, J., & Fitzgerald, H. (Eds). *WAIMH Handbook for infant mental health*. New York: Wiley, Inc.

Stern, D. (2008). The clinical relevance of infancy. *Infant Mental Health Journal*, 29, 177-188.

Zeanah, C.H. (Ed.) (2009). *Handbook for infant mental health (3rd ed.)*. New York: The Guilford Press.

Measures of infant development and family capabilities: Ages & Stages Questionnaire (ASQ-3), Ages & Stages Questionnaire: Social-Emotional (ASQ:SE), HOME, Infant Toddler Developmental Assessment (IDA), Infant Toddler Social Emotioanl Assessment (ITSEA), Devareaux Early Childhood Assessment (DECA), PICCOLO, and/or Massie-Campbell ADS.

Infant/Very Young Child/Family-Centered Practice

Berlin, L.J. Ziv, Y., Amaya-Jackson, L., and Greenberg, M. (Eds) (2005). *Enhancing early relationships: Theory, research, intervention and policy*. New York: Guilford Press.

Erickson, M., & Kurz-Reimer, K. (1999). *Infants, toddlers, and families*. New York: The Guilford Press.

Foley, G.M. & Hochman, J.D. (Eds.) (2006). *Mental health in early intervention: Achieving unity in principles and practices*. Baltimore, MD: Paul H. Brookes Publishing.

Osofsky, J., & Fitzgerald, H. (Eds). *WAIMH Handbook for infant mental health*. New York: Wiley, Inc.

Pawl, J. & St. John, M. (1998). How you are is as important as what you do. *In making a positive difference for infants, toddlers and their families*. Washington, D.C.: Zero to Three.

Slade, A. (2005). Parental reflective functioning: An introduction. *Attachment & Human Development*, 7, 269-281.

Weatherston, D., & Tableman, B. (2002). *Infant mental health services: Supporting competencies/reducing risks* (2nd ed.). Southgate, MI: Michigan Association for Infant Mental Health.

Zeanah, C.H. (Ed.) (2009). *Handbook for infant mental health* (3rd ed.). New York: The Guilford Press.

Relationship-Based Therapeutic Practice

Davies, D. (2011). *Child development: A practitioner's guide* (3rd ed.). New York: The Guilford Press.

Fenichel, E. (Ed.). (1992). *Learning through supervision and mentorship to support the development of infants, toddlers, and families: A source Book*. Washington, D.C.: Zero to Three.

Fraiberg, S. (Ed.) (1980). *Clinical studies in infant mental health*. New York: Basic Books.

Fraiberg, S., & Adelson, E., & Shapiro, V. (1975). Ghosts in the Nursery: A psychoanalytic approach to the problems of impaired infant-mother relationships. *Journal of American Academy of Child Psychiatry*, 13, 37-421. [Reprinted in L. Fraiberg (Ed.) *Selected Writings of Selma Fraiberg* (pp. 100-136). Columbus, OH: Ohio State University Press, 1987].

Michigan Association for Infant Mental Health (2012). *Reflective supervision for infant mental health practitioners*. Training DVD available at:
<http://www.mi-aimh.org/products/dvd/reflective-supervision-dvd>

Osofsky, J., & Fitzgerald, H. (Eds). *WAIMH Handbook for infant mental health*. New York: Wiley, Inc.

Parlakian, R. (2002). *Look, listen, and learn: Reflective supervision and relationship-based work*. Washington, D.C.: Zero to Three.

Pawl, J. & St. John, M. (1998). How you are is as important as what you do. *In making a positive difference for infants, toddlers and their families*. Washington, D.C: Zero to Three.

Weatherston, D. (2007) A home based infant mental health intervention: The centrality of relationship in reflective supervision. *Zero to Three*, 28(2), 23-28.

Weatherston, D., & Tableman, B. (2002). *Infant mental health services: Supporting competencies/reducing risks* (2nd ed.). Southgate, MI: Michigan Association for Infant Mental Health.

Family Relationships & Dynamics

Berlin, L.J. Ziv, Y., Amaya-Jackson, L., and Greenberg, M. (Eds) (2005). *Enhancing early relationships: Theory, research, intervention and policy*. New York: Guilford Press.

Erickson, M., & Kurz-Reimer, K. (1999). *Infants, toddlers, and families*. New York: The Guilford Press.

Lieberman, A.F., Padron, E., Van Horn, P., & Harris, W. (2005). Angels in the Nursery: The intergenerational transmission of benevolent parental influences. *Infant Mental Health Journal*, 26(6), 504-520.

Osofsky, J., & Fitzgerald, H. (Eds). *WAIMH Handbook for infant mental health*. New York: Wiley, Inc.

Siegel, D. & Harzell, M. (2003). *Parenting from the inside out*. New York: NY: J.P. Tarcher/Putnam.

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Trout, M. (1982). The language of parent-infant interaction. In J. Stack (Ed.), *The special infant*. New York: Human Sciences Press.

Attachment, Separation, Trauma, & Loss

Berlin, L., Zeanah, C.H., & Lieberman, A.F. (2008). Prevention and intervention programs for supporting early attachment security. In J. Cassidy & P. Shaver (Eds), *Handbook of attachment: Theory, research, and clinical applications*, 2nd Ed. New York: Guilford Press.

Bowlby, J. (1988) *A secure base: Parent-child attachment and healthy human development*. New York: Basic Books, Inc.

Cassidy, J. & Shaver, P.R. (Eds.). (2008). *Handbook of attachment: Theory, research, and clinical applications*, 2nd Ed. (pp. 3-22). New York: Guilford Press.

Lieberman, A.F., Padron, E., Van Horn, P., & Harris, W. (2005). Angels in the Nursery: The intergenerational transmission of benevolent parental influences. *Infant Mental Health Journal*, 26(6), 504-520.

Lieberman, A. F. & Van Horn, P. (2005). *Don't hit my mommy: A manual for child-parent psychotherapy with young witnesses of family violence*. Arlington, VA: Zero to Three.

Lieberman, A.F. & Van Horn, P. (2008) *Psychotherapy with infants and young children: Repairing the effects of stress and trauma on early attachment*. New York: The Guildford Press.

Lieberman, A. & Zeanah, C. (1999). Contributions of attachment theory to infant-parent psychotherapy and other interventions with infants and young children. In J. Cassidy & P. Shaver (Eds), *Handbook of attachment*. New York: Guilford Press.

McDonough, S. (2000). Interaction guidance: Understanding and treating the early infant-caregiver relationship disturbances. In C. Zeanah, Jr. (Ed. 2nd Ed.), *Handbook of infant mental health*. New York: Guilford Press.

Oppenheim, D. & Goldsmith, D.F. (2007). *Attachment theory in clinical work with children: Bridging the gap between research and practice* (pp. 203-225). New York: Guilford Press.

Osofsky, J.D. (Ed.) (2011). *Clinical work with traumatized young children*. New York: Guilford Press.

Osofsky, J., & Fitzgerald, H. (Eds). *WAIMH Handbook for infant mental health*. New York: Wiley, Inc.

“Right from the Start” Video, published by Child Development Media, Inc.

Sameroff, A., McDonough, S., & Rosenblum, K. (Eds.) (2004). *Treating parent-infant relationship problems: Strategies for intervention*. New York, NY: The Guilford Press.

Soloman, J. & George, C. (2011). *Disorganized attachment and caregiving*. New York: Guilford Press.

Trout, M. video series, “Awakening and the Growth of Attachment.”

Zero to Three, National Center for Infants, Toddlers and Families (2005). *Diagnostic classification of mental health and developmental disorders of infancy and early childhood*: Revised (DC: 0-3R). Arlington, VA: Zero to Three.

Cultural Competence

Barrera (2003). Rocks to Diamonds: Mining the Riches of Diversity for Our Children. *Journal of Zero to Three*, 23(5), 8-15.

Lynch, E.W. & Hanson, M.J. (Eds.). (2004). *Developing cross-cultural competence: A guide for working with children and their families*. Baltimore, MD: Brookes Publishing.

Osofsky, J., & Fitzgerald, H. (Eds). *WAIMH Handbook for infant mental health*. New York: Wiley, Inc.

Disorders of Infancy and Early Childhood

Chazan-Cohen R. & Summers, S. (2011). *Understanding Early Childhood Mental Health: A Practical Guide for Professionals*. Baltimore, MD: Brookes Publishing Company.

Dunn, Winnie (2007). Supporting Children to Participate Successfully in Everyday Life by Using Sensory Processing Knowledge. *Infants & Young Children: An Interdisciplinary Journal of Special Care Practices*, 20(2), 84-101.

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Zeanah, C.H. (Ed.) (2009). *Handbook for infant mental health (3rd ed.)*. New York: The Guilford Press.

Zero to Three, National Center for Infants, Toddlers and Families (2005). *Diagnostic classification of mental health and developmental disorders of infancy and early childhood: Revised (DC: 0-3R)*. Arlington, VA: Zero to Three.

Psychotherapeutic Behavioral Theories of Change

Fraiberg, S. (Ed.) (1980). *Clinical studies in infant mental health*. New York: Basic Books.

Osofsky, J., & Fitzgerald, H. (Eds). (2000). *WAIMH Handbook for infant mental health*. New York: Wiley, Inc.

Mental & Behavioral Disorders in Adults

Gunderson (2011). Borderline Personality Disorder. *New England Journal of Medicine*, 264(21), 2037-2042.

Osofsky, J., & Fitzgerald, H. (Eds). (2000). *WAIMH Handbook for infant mental health*. New York: Wiley, Inc.

Intervention/Treatment Planning

McDonough, S. (2000). Interaction guidance: Understanding and treating the early infant-caregiver relationship disturbances. In C. Zeanah, Jr. (Ed. 2nd Ed.), *Handbook of infant mental health*. New York: Guilford Press.

Sameroff, A., McDonough, S., & Rosenblum, K. (Eds.) (2004). *Treating parent-infant relationship problems: Strategies for intervention*. New York, NY: The Guilford Press.

Weatherston, D., & Tableman, B. (2002). *Infant mental health services: Supporting competencies/reducing risks (2nd ed.)*. Southgate, MI: Michigan Association for Infant Mental Health.

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Parent-Infant/Young Child Relationship Based Therapies and Practices

Fraiberg, S. (Ed.) (1980). *Clinical studies in infant mental health*. New York: Basic Books.

Fraiberg, S., & Adelson, E., & Shapiro, V. (1975). Ghosts in the Nursery: A psychoanalytic approach to the problems of impaired infant-mother relationships. *Journal of American Academy of Child Psychiatry*, 13, 37-421. [Reprinted in L. Fraiberg (Ed.) *Selected Writings of Selma Fraiberg* (pp. 100-136). Columbus, OH: Ohio State University Press, 1987].

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Lieberman, A.F. & Van Horn, P. (2008) *Psychotherapy with infants and young children: Repairing the effects of stress and trauma on early attachment*. New York: The Guildford Press.

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McDonough, S. (2000). Interaction guidance: Understanding and treating the early infant-caregiver relationship disturbances. In C. Zeanah, Jr. (Ed. 2nd Ed.), *Handbook of infant mental health*. New York: Guilford Press.

Michigan Association for Infant Mental Health (2012). *Reflective supervision for infant mental health practitioners*. Training DVD available at:
<http://www.mi-aimh.org/products/dvd/reflective-supervision-dvd>

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Pawl, J. (1995). The therapeutic relationship as human connectedness: Being held in another person's mind. *Bulletin for Zero to Three*, 15, 3-5.

Sameroff, A., McDonough, S., & Rosenblum, K. (Eds.) (2004). *Treating parent-infant relationship problems: Strategies for intervention*. New York, NY: The Guilford Press.

Shirilla, J., & Weatherston, D. (Eds.) (2002). *Case studies in infant mental health: Risk, resiliency, and relationships*. Washington, D.C.: Zero to Three Press.

Stern, D. N. (1995). *The motherhood constellation: A unified view of parent-infant psychotherapy*. New York, NY: Basic Books.

Wright, B. (1986). An approach to infant-parent psychotherapy. *Infant Mental Health Journal*, 7(4), 247-263.

Responding with Empathy

Lieberman, A. (1993). *The Emotional life of the toddler*. New York: The Free Press.

Pawl, J. & St. John, M. (1998). How you are is as important as what you do. *In making a positive difference for infants, toddlers and their families*. Washington, D.C.: Zero to Three.

Observation & Listening

Parlakian, R. (2002). *Look, listen, and learn: Reflective supervision and relationship-based work*. Washington, D.C.: Zero to Three.

Trout, M. (1982). The language of parent-infant interaction. In J. Stack (Ed.), *The special infant*. New York: Human Sciences Press.

Weatherston, D., & Tableman, B. (2002). *Infant mental health services: Supporting competencies/reducing risks (2nd ed.)*. Southgate, MI: Michigan Association for Infant Mental Health.

Screening & Assessment

Measures of infant development and family capabilities: Ages & Stages Questionnaire (ASQ-3), Ages & Stages Questionnaire: Social-Emotional (ASQ:SE), HOME, Infant Toddler Developmental Assessment (IDA), Infant Toddler Social Emotioanl Assessment (ITSEA), Devareaux Early Childhood Assessment (DECA), PICCOLO, and/or Massie-Campbell ADS.

Michigan Association for Infant Mental Health (2005). *Guidelines for comprehensive assessment of infants and their parents in the child welfare system*. Southgate, MI.

Tableman, B., & Paradis, N. (2008). *Courts, child welfare and infant mental health: Improving outcomes for abused/neglected infants and toddlers*. Southgate, MI: Michigan Association for Infant Mental Health.

Weatherston, D., & Tableman, B. (2002). *Infant mental health services: Supporting competencies/reducing risks (2nd ed.)*. Southgate, MI: Michigan Association for Infant Mental Health.

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Zero to Three, National Center for Infants, Toddlers and Families (2005). *Diagnostic classification of mental health and developmental disorders of infancy and early childhood: Revised (DC: 0-3R)*. Arlington, VA: Zero to Three.

Service Delivery Systems

Center for Mental Health Services, Substance Abuse and Mental Health Services Administration and Services, U.S. Dept. of Health and Human Services. (2000). *Early childhood mental health consultation [Monograph]*. Washington, D.C.: National Technical Assistance Center for Children's Mental Health, Georgetown University Child Development Center.

Foley, G.M. & Hochman, J.D. (Eds.) (2006). *Mental health in early intervention: Achieving unity in principles and practices*. Baltimore, MD: Paul H. Brookes Publishing.

Michigan Association for Infant Mental Health (2005). *Guidelines for comprehensive assessment of infants and their parents in the child welfare system*. Southgate, MI.

Tableman, B., & Paradis, N. (2008). *Courts, child welfare and infant mental health: Improving outcomes for abused/neglected infants and toddlers*. Southgate, MI: Michigan Association for Infant Mental Health.

Reflective Supervision

Atchley, T., Hall, S., Martinez, S. & Gilkerson, L. (2009). What are the phases of the reflective supervision meeting? In S.S. Heller & L. Gilkerson (Eds.). *A practical guide to reflective supervision*. (pp. 83-98). Washington, DC: Zero to Three Press.

Bernstein, V. (2002-03). Standing firm against the forces of risk: Supporting home visiting and early intervention workers through reflective supervision. *Newsletter of the Infant Mental Health Promotion Project (IMP)*, 35.

Eggbeer, L. Shahmoon-Shanok, R. & Clark, R. (2010). Reaching toward an evidence base for reflective supervision. *Zero to three*, 31(2), 39-50.

Fenichel, E. (Ed.). (1992). *Learning through supervision and mentorship to support the development of infants, toddlers, and families: A source Book*. Washington, D.C.: Zero to Three.

Heffron, M.C., & Murch, T. (2010). *Reflective supervision and leadership in early childhood programs*. Washington, DC: Zero to Three Press.

Heller, S. & Gilkerson, L. (Eds.) (2009). *A practical guide to reflective supervision*. Washington, D.C.: Zero to Three.

Infant Mental Health Journal (Nov-Dec 2009). Working within the context of relationships: Multidisciplinary, relational, & reflective practice, training, & supervision. Vol. 30, No. 6.

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<http://www.mi-aimh.org/products/dvd/reflective-supervision-dvd>

Neilsen-Gatti, S., Watson, C. & Siegel C. (2011). Step back and consider: Learning from reflective practice in infant mental health. *Young Exceptional Children*, 14(2), 32-45.

Parlakian, R. (2002). *Look, listen, and learn: Reflective supervision and relationship-based work*. Washington, D.C.: Zero to Three.

Schafer, W. (2007). Models and domains of supervision and their relationship to professional development. *Zero to Three*, 28(2), 10-16.

Shahmoon-Shanok, R. (2006). Reflective supervision for an integrated model: What, why and how? In G. Foley and J. Hochman (Eds.) *Mental health in early intervention* (pp. 343-381). Baltimore: Brookes.

Shahmoon-Shanok, R. (2010). Reflective supervision and practice, *Zero to Three*, 31(2), 4-5.

Shirilla, J., & Weatherston, D. (Eds.) (2002). *Case studies in infant mental health: Risk, resiliency, and relationships*. Washington, D.C.: Zero to Three Press.

Spilt, J.L., Koomen, H.M.Y., Thijs, J.T. & Van Der Leij, A. (2012). Supporting teachers' relationships with disruptive children: The potential of relationship-focused reflection. *Attachment and Human Development*, 14(3), 305-318.

Steinberg, Z. & Kraemer, S. (2010). Cultivating a culture of awareness: Nurturing reflective practices in the NICU. *Zero to Three*, 31(2), 15-22.

Tomlin, A., Strum, L., & Koch, S. (2009). Observe, listen, wonder, and respond: A preliminary exploration of reflective function skills in early care providers. *Infant Mental Health Journal*, 30(6), 634-647.

Virmani, E. & Ontai, L. (2010). Supervision and training in child care: Does reflective supervision foster caregiver insightfulness? *Infant Mental Health Journal*, 31(1), 16-32.

Weatherston, D. (2007) A home based infant mental health intervention: The centrality of relationship in reflective supervision. *Zero to Three*, 28(2), 23-28.

Weatherston, D. & Barron, C. (2009). What does a reflective supervisory relationship look like? In S. Heller & L. Gilkerson (Eds.), *A practical guide to reflective supervision*. Washington, D.C.: Zero to Three Press.

Weatherston, D., & Weigand, R. & Weigand, B. (2010). Reflective supervision: Supporting reflection as a cornerstone for competency. *Zero to Three*, 31(2), 22-30.

Parallel Process

Bernstein, V. (2002-03). Standing firm against the forces of risk: Supporting home visiting and early intervention workers through reflective supervision. *Newsletter of the Infant Mental Health Promotion Project (IMP)*, 35.

Fenichel, E. (Ed.). (1992). *Learning through supervision and mentorship to support the development of infants, toddlers, and families: A source Book*. Washington, D.C.: Zero to Three.

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Parlakian, R. (2002). *Look, listen, and learn: Reflective supervision and relationship-based work*. Washington, D.C.: Zero to Three.

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Fenichel (Ed.), *Learning through supervision and mentorship to support the development of infants, toddlers and their families: A sourcebook*, pp.67-75. Washington, DC: ZERO TO THREE.

Schafer, W. (2007). Models and domains of supervision and their relationship to professional development. *Zero to Three*, 28(2), 10-16.

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Shirilla, J., & Weatherston, D. (Eds.) (2002). *Case studies in infant mental health: Risk, resiliency, and relationships*. Washington, D.C.: Zero to Three Press.

Slade, A. (2005). Parental reflective functioning: An introduction. *Attachment and Human Development*, 7, 269-281.

Weatherston, D. (2007) A home based infant mental health intervention: The centrality of relationship in reflective supervision. *Zero to Three*, 28(2), 23-28.

Self Awareness/Contemplation/Emotional Response

Bertacchi, J. & Coplon, J. (1992). The Professional use of self in prevention. In E. Fenichel (Ed.), *Learning through supervision and mentorship to support the development of infants, toddlers, and their families: A sourcebook* (pp. 84-90).

Schafer, W. (1992). The professionalization of early motherhood. In E. Fenichel (Ed.), *Learning through supervision and mentorship to support the development of infants, toddlers and their families: A sourcebook*, pp.67-75. Washington, DC: ZERO TO THREE.

Consulting

Infant Mental Health Journal (Nov-Dec 2009). Working within the context of relationships: Multidisciplinary, relational, & reflective practice, training, & supervision. Vol. 30, No. 6.

Center for Mental Health Services, Substance Abuse and Mental Health Services Administration and Services, U.S. Dept. of Health and Human Services. (2000). *Early childhood mental health consultation [Monograph]*. Washington, D.C.: National Technical Assistance Center for Children's Mental Health, Georgetown University Child Development Center.

Developing Talent

Infant Mental Health Journal (Nov-Dec 2009). Working within the context of relationships: Multidisciplinary, relational, & reflective practice, training, & supervision. Vol. 30, No. 6.

Schafer, W. (2007). Models and domains of supervision and their relationship to professional development. *Zero to Three*, 28(2), 10-16.

Building & Maintaining Relationships

Center for Mental Health Services, Substance Abuse and Mental Health Services Administration and Services, U.S. Dept. of Health and Human Services. (2000). *Early childhood mental health consultation [Monograph]*. Washington, D.C.: National Technical Assistance Center for Children's Mental Health, Georgetown University Child Development Center.

Weatherston, D. (2007) A home based infant mental health intervention: The centrality of relationship in reflective supervision. *Zero to Three*, 28(2), 23-28.

Program Development

Center for Mental Health Services, Substance Abuse and Mental Health Services Administration and Services, U.S. Dept. of Health and Human Services. (2000). *Early childhood mental health consultation [Monograph]*. Washington, D.C.: National Technical Assistance Center for Children's Mental Health, Georgetown University Child Development Center.