

2019 West Central Regional Forum
Registration opens Wednesday, June 12, 2019

To receive email notification when registration is open:

- Go to aa.org and click on **Regional Forums Information**, then **Hotel Details and more**, and fill out the form; **or**
- Contact Maria Morales-Lamm at moralesm@aa.org **or**
- Fill out the below and mail to G.S.O. to arrive by June 7, 2019.

General Service Office, P.O. Box 459
 Grand Central Station, NY, NY 10163
 Attn: Maria Morales-Lamm

Name _____ Email _____

Information provided is confidential and will only be used for this Regional Forum

For ASL Interpretation please contact G.S.O.: regionalforums@aa.org.

HOTEL RESERVATION INFORMATION
 2019 WEST CENTRAL Regional Forum
August 16-18, 2019

Canad Inns Destination Centre
 Grand Forks

1000 South 42nd Street
 Grand Forks, ND 58201
 (701) 772-8404/(888) 332-2623

Rate cutoff date: July 16, 2019

Hotel Reservations can be made by phone: (701) 772-8404
 or (888) 332-2623 no later than July 16, 2019.

Room rates:

King or queen bed, \$139.00 plus tax.

For special room rate use hotel group code: 427139

hotel group
 code
427139

2019
WEST CENTRAL
 REGIONAL FORUM

Alerus Center

1200 South 42nd Street
 Grand Forks, ND 58201
 (701) 792-1200

August 16-18, 2019

Sample SCHEDULE of Events

Friday: 6:30pm - 10pm **Saturday:** 9am - 9:45pm **Sunday:** 9am - 12pm

FRIDAY

12:00 - close
 6:30-6:45 pm
 7:00-8:30 pm
 8:30-8:45 pm
 8:45-9:15 pm
 9:15-10:00 pm

Registration
 First-Timer Welcome
 Opening Session
 Break
 Video
 General Sharing

SATURDAY

9:00am - close
 9:00-10:00 am
 10:00-10:15 am
 10:15-11:00 am
 11:00-12:00 pm
 12:00-1:30 pm
 1:30-2:30 pm

Registration
 AA Grapevine
 Break
 General Sharing
 Delegates' Presentations
 Lunch*
 G.S.O. Presentations

SATURDAY (Continued)

2:30-3:15 pm
 3:15-3:30 pm
 3:30-4:00 pm
 4:00-5:00 pm
 5:00-7:00 pm
 7:00-8:15 pm
 8:15-8:30 pm
 8:30-9:45 pm

Ask-It Basket
 Break
 Finance Presentation
 General Sharing
 Dinner*
 Workshops
 Break
 Workshops

SUNDAY

9:00 - 10:00 am
 10:00-10:30 am
 10:30-10:45 am
 10:45-11:30 am
 11:30- Noon

General Sharing
 First Timer Sharing
 Break
 Past Trustees' Sharing
 Closing Remarks

* Meals are on your own

REGISTRATION Information

There is no charge to attend Regional Forums. Please pre-register to support GSO with event preparation. You can always register on-site. To pre-register online, go to www.aa.org. All who register will receive a Final Forum Report.