















HELLO FEBRUARY 2019

Putnam County Community Center
 128 First Street, P.O. Box 208
 Standard, IL 61363
 (815) 339-2711 or (800) 757-4579

Bread, butter, fruit juice and 2% milk available with meal.
 Please call (815) 339-2711 or (800) 757-4579 before noon
 the day before to make reservations. Meals are subject to
 change. Meals available to 60 plus at no cost. **Suggested
 donation is \$5.00 - Lunch served 11:30 AM**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1) Cheese tortellini w/broth Chicken salad on wheat bread Carrot sticks Applesauce	2) 
3)	4) Beef tacos w/ lettuce, tomato & cheese Pea salad Tortilla chips Fruit cocktail	5) Sausage w/ sauerkraut Parslied potatoes Apricots Dinner roll Dessert	6) Baked ham slice Sweet potato casserole Green beans Orange slices Wheat bread 	7) Roast turkey Mashed potatoes w/gravy Corn/peas Strawberries Wheat bread Dessert	8) Tuna w/noodles Three bean salad Pears Cookie 	9)
10) 	11) Smoked turkey sausage Wild rice Broccoli/cauliflower mix Pineapple chunks	12) Beef & noodles Cooke carrots Apple slices w/peanut butter Dessert 	13) Breaded fish Baked macaroni & cheese Lettuce salad w/toppings Yogurt w/berries	14) Fried chicken Baked potato Green beans Dinner roll Mixed fruit Dessert 	15) Italian beef w/ mozzarella cheese on sub roll Fired potatoes Asparagus Apple slices	16) 
17) 	18) PCCC Closed	19) Meatloaf Scalloped potatoes Mixed vegetables Jell-O w/fruit Wheat bread Dessert 	20) BBQ turkey on bun Waffle fries Green beans/corn Mixed berries	21) Hamburger on bun Baked beans Coleslaw Applesauce Dessert	22) Baked ham on Wheat bread Potato soup Broccoli salad Pears	23)
24) 	25) Lasagna Three bean salad Pineapple Garlic bread	26) Chicken salad on bun Celery/carrot sticks Macaroni salad Fruit cocktail Dessert 	27) Swedish meatballs w/egg noodles Cooked carrots Fruit cocktail Cookie	28) Turkey, ham & cheese on sub roll Vegetable soup Banana Dessert 	29)	<small>The Putnam County Achievement Services, Inc. does not discriminate in admission to or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitution. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, call 1-800-252-9866 (Voice and DD) or contact the Program Manager WIAAA at 1-800-322-1051. Putnam County Achievement Services, Inc. is partially funded by Western Illinois Area Agency on Aging.</small>