

















January



2018

Putnam County Community Center
 PO Box 208 128 First Street
 Standard, IL 61363
 (815) 339-2711 (or) (800) 757-4579

Bread, butter, fruit juice and 2% milk available with meal. Please call (815) 339-2711 or (800) 757-4579 before noon the day before to make reservations. Meals are subject to change. Meals available to 60 plus at no cost. Suggested donation is \$5.00 - Lunch served 11:30 AM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1) PCCC Closed 	2) Hamburger /bun Baked beans Cole slaw Applesauce Dessert 	3) Ham salad/bun Potato soup w/ crackers Carrot sticks Fruit yogurt	4) Meatloaf Au gratin potatoes Corn & Pineapple Roll & butter Dessert	5) Polish sausage w/ sauerkraut Mashed potatoes Mixed vegetables Orange	6) 
7) 	8) Ham slice w/ pineapple Sweet potatoes Green beans Peanut butter w/ crackers Apple	9) Chicken & noodles Fruit cocktail Peas Roll & butter Dessert 	10) Mostaccioli w/ meat sauce Sicilian blend vegetables Salad w/toppings Jell-O w/fruit	11) BBQ shredded beef on a bun Macaroni & cheese Green beans & carrots Fruit salad Dessert 	12) Breaded fish w/ tarter sauce Tator tots Broccoli Sliced pears	13) 
14) 	15)PCCC Closed 	16) Bkd spaghetti Tossed salad w/ toppings Apricots Bread & butter Dessert	17) Pork roast Mashed potatoes Carrots Sliced pineapple Bread & butter	18) Taco casserole Tortilla chips Salad w/toppings Broccoli Pears Dessert 	19) Meatloaf Scalloped potatoes Mixed vegetables Roll & butter Banana Dessert	20) 
21) 	22)Beef stroganoff Rotini noodles Corn Salad w/toppings Applesauce	23) Baked chicken Mashed potatoes w/ gravy Buttered corn Apricots Dessert	24) BLT on wheat bread Cream of broccoli soup w/crackers Carrot sticks Orange	25)BBQ on bun Baked beans Stuffed celery Fruit Dessert 	26) Country fried steak w/gravy Baked potato Herbed gr. Beans Biscuit Apple crisp	27) 
28) 	29) Ravioli in broth Grilled cheese Peas / carrots Apple Cookie	30) Sub sandwich Potato soup w Crackers Three bean salad Orange Dessert	31) Chicken salad Cooked carrots Macaroni salad Pea salad Fruit salad Dessert	<p>Putnam County Achievement Services Inc. will not engage in discrimination or harassment against any person because of race, color, religion, sex, national origin, ancestry, age, order of protection status, genetic information, marital status, disability, sexual orientation including gender identity, unfavorable discharge from the military or status as a protected veteran and will comply with all federal and state nondiscrimination, equal opportunity and Civil Rights laws, orders and regulations. PCAS serves senior citizens 60+ with no regard to residency or duration of citizenship. This nondiscrimination policy applies to PCAS employment as well as programs and activities. PCAS complaint and grievance procedures provide employees and clients with the means for the resolution of complaints that allege a violation of this statement. Clients and members of the public should direct their inquiries or complaints to the appropriate equal opportunity office. This nondiscrimination statement is in compliance with the Illinois Human Rights Act, U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitutions. To file an Aging Discrimination Complaint: If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, for information, call 1-800-252-8966 or contact the Program Manager at Western Illinois Area Agency on Aging at 1-800-322-1051.</p>		