












Hello August 2019

Putnam County Community Center
 128 First Street, P.O. Box 208
 Standard, IL 61363
 (815) 339-2711 or (800) 757-4579

Bread, butter, fruit juice and 2% milk available with meal. Please call (815) 339-2711 or (800) 757-4579 before noon the day before to make reservations. Meals are subject to change. Meals available to 60 plus at no cost. Suggested donation is \$5.00 - Lunch served 11:30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1) Polish sausage w/ sauerkraut –parsley pot Green beans Wheat roll Peaches-Dessert	2) BBQ on bun Fried potatoes Baked beans Watermelon 	3)
4)	5) Lemon pepper chicken Tator tots Green beans Pineapple Dinner roll	6) BBQ on bun Coleslaw Green beans Fruit cocktail Chips & dip Dessert 	7) Ravioli in broth Ham salad w/lettuce on wheat bread Cooked carrots Yogurt Banana	8) Chicken tenders Mashed pot/gravy Buttered corn Apple sauce Roll w/butter Dessert	9) Polish sausage w/sauerkraut Mashed potatoes Pineapple bits Wheat bread	10) 
11) 	12) Mexican lasagna Baja veggie Lettuce salad w toppings Apricots Dinner roll	13) Beef & noodles Lettuce salad w/toppings Dinner roll Watermelon Dessert	14) Baked ham Scalloped potatoes Corn Small orange Dinner roll	15) Fried chicken Mash potatoes w/gravy Buttered green beans Dinner roll Peaches Dessert 	16) Sweet & sour pork pork Brown rice Vegetable stir fry Muskmelon	17) 
18)	19) Chicken patty/bun Tator tots Zucchini & tomatoes Yogurt w/ fruit 	20) Baked spaghetti Tossed salad w/toppings Garlic bread Pineapple chunks Dessert	21) Chicken salad on bun Carrot sticks Grapes Chips Cookie	22) Salad Bar & Ice Cream Social 	23) Taco casserole-with pinto beans, cheese salsa on taco shell w/ corn & black beans Banana-watermelon	24)
25) 	26) Tuna noodle casserole Three bean salad Apple sauce French bread	27) Meatloaf Au gratin potatoes Buttered corn Strawberries Bread w/butter Dessert	28) Bacon, lettuce, tomato on wrap Steamed broccoli & cauliflower Grapes Chips	29) Baked Mostaccioli Lettuce salad w/ toppings Garlic bread Orange slices Dessert 	30) Egg salad w/ lettuce-tomato on bread Cooked carrots Fried potatoes Strawberries	The Putnam County Achievement Services, Inc. does not discriminate in admission to or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitution. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, call 1-800-252-9866 (Voice and DD) or contact the Program Manager WIAAA at 1-800-322-1051. Putnam County Achievement Services, Inc. is partially funded by Western Illinois Area Agency on Aging.