


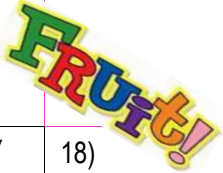

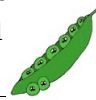










Putnam County Community Center  
 128 First Street, P.O. Box 208  
 Standard, IL 61363  
 (815) 339-2711 or (800) 757-4579

Bread, butter, fruit juice and 2% milk available with meal. Please call (815) 339-2711 or (800) 757-4579 before noon the day before to make reservations. Meals are subject to change. Meals available to 60 plus at no cost. Suggested donation is \$5.00 - Lunch served

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>May is Salad Month</b> 		1) Ham salad w/lettuce on wheat bread Cream of broccoli soup Cooked carrots Yogurt w/berries	2) Beef w/noodles Mixed vegetables Fruit cocktail Tomato juice Wheat dinner roll Dessert	3) Egg salad w/lettuce on croissant Wild rice Broccoli Strawberries 	
5)	6) Chicken patty on bun Tater tots Sautéed zucchini & tomatoes Apricots 	7) Beef tortilla w/shredded cheese, black beans, corn, tomato & lettuce Tortilla chips Mixed fruit & dessert	8) Fish patty on bun Baked macaroni & cheese Lettuce salad w/tomato & cucumber Apple slices	9) Baked ham Scalloped potatoes Green beans & corn Mixed fruit Wheat dinner roll Dessert	10) Sweet & sour pork w/brown rice Oriental veg. mix Orange juice Dinner roll Peaches	11) 
 <small>© Can Stock Photo - csp7098219</small>	13) Italian beef on bun Steak fries Lettuce salad w/tomato & cucumber Cantaloupe	14) BBQ pulled pork on wheat bun Coleslaw Potato chips Apricots Dessert	15) Pork w/gravy Sweet potatoes Peas & mushrooms Pineapple chunks Wheat dinner roll 	16) Baked chicken Mashed potatoes w/gravy Green beans Wheat dinner roll Banana & dessert	17) Baked cod w/tarter sauce Potato wedges Lima beans Applesauce Wheat bread	18)
19) 	20) Ham w/beans Stewed tomatoes Corn muffin Orange slices	21) Meat loaf Scalloped potatoes Mixed vegetables Peaches Wheat dinner roll Dessert	22) Ham, cheese, & lettuce on sub roll Cream of potato soup Green beans Apple slices 	23) Breaded chicken tenders Mashed potatoes w/gravy Corn & peas Wheat bread Banana -dessert	24) Polish sausage Wild rice Asparagus Pears Wheat bread 	25)
26)	27) PCCC closed - <b>MEMORIAL DAY</b> 	28) Hamburger on bun Potato salad Baked beans Chips & dip Strawberries 	29) Swiss steak Buttered noodles Lettuce salad w/tomato & cucumber Applesauce Dinner roll 	30) <b>Salad Bar</b> - Chicken /tuna salad on bun Vegetable/potato soup Pea/macaroni salad Lettuce salad w/vegetable topping	31) Pork chop Scalloped potatoes Baked beans Mixed fruit w/jell-o Wheat roll	<p>The Putnam County Achievement Services, Inc. does not discriminate in admission to or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitution. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, call 1-800-252-9866 (Voice and DD) or contact the Program Manager WIAAA at 1-800-322-1051. Putnam County Achievement Services, Inc. is partially funded by Western Illinois Area Agency on Aging.</p>