



well hello,  
**march**



Putnam County Community Center  
128 First Street, P.O. Box 208  
Standard, IL 61363  
(815) 339-2711 or (800) 757-4579

Bread, butter, fruit juice and 2% milk available with meal.  
Please call (815) 339-2711 or (800) 757-4579 before noon  
the day before to make reservations. Meals are subject to  
change . Meals available to 60 plus at no cost. Suggested  
donation is \$5.00 - Lunch served 11:30 AM



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>March observances:</b> Irish American Month National Celery Month National Nutrition Month National Peanut Month			1) Fish fillet w/bun –tarter sauce Pickled beets Pea salad Mixed fruit	2) fruit salad
3)	4) Polish sausage/ sauerkraut Mashed potatoes Green beans Dinner roll Pineapple	5) Baked mostaccioli Toss. salad w/toppings Peaches Garlic bread Dessert	6) Meatloaf Au gratin potatoes Corn Orange slices Wheat dinner roll	7) Ham & turkey sub sandwich w/ lettuce & tomato Macaroni salad Pea salad Strawberries Dessert	8) BLT on wheat bread Cream of broccoli soup w/crackers Carrot sticks Peaches	9)
10)	11) Ham & beans Cole slaw Corn bread Apricots	12) Creamed chicken w/biscuits Fruit cocktail California blend Dessert	13) Tuna noodle casserole Mixed vegetables Mixed fruit Wheat bread	14) Corned beef Cabbage-potatoes- carrots Bread & butter Fruit cocktail Dessert	15) Pork chop Fried potatoes Spinach Tropical fruit Bread	16)
17)	18) Cream of potato soup Ham & cheese sub w/bread Green beans Apple sauce	19) BBQ w/ bun Cole slaw Baked beans Pineapple Chips Dessert	20) Taco casserole w/ pinto beans- Rice & cheese Salad w/ toppings Tortilla chips	21) Chicken tenders Mashed potatoes/ gravy Corn Bread & butter Dessert	22)Country fried steak w/gravy Baked potato Green beans Biscuit Apple crisp	23)
24)	25) Meatballs w/ gravy Mashed potatoes Corn Apricots Sliced bread	26)Spaghetti w/ meat sauce Salad w/toppings Apples Garlic bread Dessert	27) Chicken salad w/wheat bread Cooked carrots Macaroni salad Pea salad Fruit salad	28) Cheeseburger on bun Tator tots Green beans Yogurt w/fruit Dessert	29) Breaded fish w/ tarter sauce Tator tots Broccoli Sliced pears Wheat bread	30) <small>The Putnam County Achievement Services, Inc. does not discriminate in admission to or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitution. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, call 1-800-252-9866 (Voice and DD) or contact the Program Manager WIAAA at 1-800-322-1051. Putnam County Achievement Services, Inc. is partially funded by Western Illinois Area Agency on Aging.</small>
31)						