

# IF YOU WANT TO BE HEALED, READ THIS!

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(John 8:32)

In order to be healed you must be willing to address the wound that is hurting you. The primary reason people do not get healed is because they **IGNORE** the wound yet **FOCUS** on the pain. When a person focuses on the trauma they are feeling, they will never be healed.

Feeling pain signifies that you need to be healed. Yet, the pain is **NOT** the thing that needs to be healed. The **WOUND** is the thing that needs to be healed.

The biggest mistake people make, when trying to be healed emotionally, physically, financially, relationally and mentally, is that they **FOCUS ON THE PAIN AND NEGLECT THE WOUND.**

## HERE'S WHAT I MEAN:

- When people are hurting **RELATIONALLY**, they focus on the pain the other person has inflicted upon them rather than the **ISSUE THAT CAUSED IT**.
- When people are hurting **EMOTIONALLY**, they focus on the pain of the words that were spoken to them rather than paying attention to their lack of confidence that allowed them to believe this foolishness.
- When people are hurting **FINANCIALLY**, they tend to focus on how much someone is paying them rather than paying attention to their spending habits.
- When people are hurting **SPIRITUALLY**, they will focus on the pain the devil caused them rather than focusing on their lack of Wisdom.

# DO YOU WANT TO BE HEALED?

(John 8:32)

Unfortunately, many people do not want to be healed. They like the **IDEA** of being healed. However, they are **UNWILLING** to take the medication that will heal them.

In order to be healed from whatever you are experiencing, you must be willing to accept, embrace and **APPLY** the **TRUTH**. John 8:32 says, "*the truth will set us free.*" The word "**FREE**" points to us being **WHOLE** and **UNRESTRICTED**.

Being whole and unrestricted empowers you to become healed. Receiving the truth is **SIMPLE**. However, it is not **EASY**. Hearing the truth will make you feel uncomfortable.

Hearing the truth will temporarily hurt you. Hearing the truth will force you to acknowledge your flaws, failures,

weakness, limitations and sins. Hearing the truth will create pain **BEFORE** it will generate pleasure.

You cannot be healed if you are **BLIND** to the truth. For example, if you want your credit to be healed you must accept the truth that you are irresponsible and financially illiterate. Until you can **SWALLOW** this truth your credit will not improve.

Jesus **DID NOT** lie. He said the truth will set you free. Walking in the truth **PREVENTS** you from walking with an excuse. Making excuses for your brokenness empowers you to remain broken. Miraculous things happen when you walk in the truth.

Walking in the truth will change your perspective. It will change your attitude. It will convict your spirit. It will shift your behavior and change your belief system. Isaiah 53:5 says, "*By His stripes we are healed.*"

# WHAT DOES IT MEAN TO BE HEALED BY JESUS' STRIPES?

Jesus suffered and died on the cross for our sins. He died on behalf of the **TRUTH**. While Jesus was on the earth He endured tremendous persecution because He stood for the **TRUTH**.

He spoke the **TRUTH**. He is the **TRUTH**. We are able to be healed from Jesus stripes because His stripes represents His suffering. His suffering allowed us to be made **WHOLE**.

## Remember:

- Jesus became poor so we can **BECOME** rich. (2nd Corinthians 8:9)
- Jesus took on the sins of the world so we could be **HEALED** by the truth and live for righteousness. (1st Peter 2:24)

- Jesus **BECAME** a curse so we could be blessed.  
(Galatians 3:13)

## NEVER FORGET!

When you **REJECT THE TRUTH**, you are rejecting your healing! The greatest gift a person can give you is honesty.

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