

MENTAL WARFARE

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The hardest warfare to overcome is mental warfare. Mental warfare is when your mentality is under attack. Your perception is under attack. Your perspective is under attack. Your belief system is under attack.

The way you process information is under attack. In mental warfare the enemy uses multiple weapons. The weapons he utilizes are **FEAR, INTELLECT, THE PAST, YOUR LIMITATIONS** and the **CONDITION OF YOUR REALITY**.

THE ENEMY'S ARSENAL:

FEAR: In mental warfare **FEAR** is a common tool the enemy uses to hold the mind captive. Fear paralyzes you from moving forward. It hinders you from doing what is right. It stops you from standing up for righteousness.

The enemy uses the weapon of fear to **CONTROL** your actions.

PEOPLE WHO LIVE IN FEAR ARE EASILY CONTROLLABLE.

When people live in fear they dictate their movements to the sound of **ANOTHER** person's voice. They govern their lives to please **ANOTHER** person. They **LOSE** their own value to increase another person's power over them.

If the enemy can saturate your mind with fear it will be easy for him to manipulate and control you. For example, the enemy will use your boss to instill fear into your mind. Your boss may say things that will cause you to feel worried about losing your job, getting wrote up, etc.

If the enemy can use your boss to steal your mind he has achieved his purpose. By holding your mind captive he has the ability to **STEAL** your purpose, **DELAY** your dreams, **KEEP** you depressed and complacent.

INTELLECT: In mental warfare **INTELLECT** is a weapon the enemy utilizes to **CONFUSE** you. There are two types of knowledge people adhere to. Most people do not realize it but **EVERYONE** adheres to either righteous knowledge or evil knowledge.

Righteous knowledge is information that leads you toward doing the right thing. **EVERYONE** is being led, whether it is to do the wrong thing or the right thing. The enemy sends people into your life to speak evil knowledge.

They will use enticing and persuasive words to convince you to do what is wrong. They will justify you cheating on your spouse. They will teach you how to deceive people out of their goods. They will show you how to manipulate and control people to do what you want them to do.

The devil utilized his intellect to deceive Eve. He convinced Eve to **DOUBT** the instruction God gave to Adam. Eve knew what God said to Adam. However, she allowed seducing words to bring her out of the presence

of God. She did not even know she was under mental warfare.

Genesis 3:1-5 says, "Now the snake was the most clever of all the wild animals the Lord God had made. One day the snake said to the woman, "Did God really say that you must not eat fruit from any tree in the garden?" The woman answered the snake, "We may eat fruit from the trees in the garden.

But God told us, "You must not eat fruit from the tree that is in the middle of the garden. You must not even touch it, or you will die." But the snake said to the woman, "You will not die. God knows that if you eat the fruit from that tree, you will learn about good and evil and you will be like God!"

The enemy utilized his evil knowledge to **DILUTE** the righteous knowledge Eve attained. So many people are destroyed through this weapon. The enemy convinces many people that their righteous knowledge is not right.

People justify doing the wrong thing for the right reasons. They conform to what is wrong to achieve what is right. They do what is evil to attain what is righteous. When you are **TEMPTED** to follow evil knowledge you are under **MENTAL WARFARE**.

THE PAST: We all have a past we are not proud of. However, the enemy utilizes the pain of our past to stop us from maximizing our God given potential. The enemy has a tendency to **REHEARSE AND REPLAY** the failures of your past to stop you from believing in your potential.

Rehearsing mistakes, failures and addictions is mental warfare. When you find it hard to forgive yourself you won't give yourself a second chance to redeem yourself. If the enemy can hold your mind captive by enabling you to focus on your past you will **ABORT** all of the blessings God has prepared for you now.

Think about it. How many people who've been incarcerated cannot get past the mental barrier of their

mistakes? Unfortunately, many. How many people who were addicted to drugs cannot get past the mental barrier to forgive themselves? Unfortunately, many.

How many people treated their children wrong and cannot move past their infractions? Unfortunately, many. When the enemy can hold your mind captive to the **PAIN OF YESTERDAY** you are under mental warfare.

The Apostle Paul told us to **FORGET** those things which are behind and press toward the mark of the high calling. Do not allow the enemy to keep your mind in bondage to yesterday.

LIMITATIONS: Everyone has limitations. There is nothing to be ashamed of. You are not called to be everywhere or do everything. However, the enemy will make you believe that.

The enemy will attempt to persuade you to stretch yourself thin. He has a way of showing you how much you

are needed to certain people and places. The **FACT** of the matter is that you may be needed. However, the **TRUTH** is you cannot go wherever you are needed.

You have to go where you belong for that particular season. If you can write down the places you are needed you will run out of paper. You are needed in more places than you can think of. However, if you write down where you belong that list will be short.

The enemy wants to destroy your purpose and focus by tampering with your perception. If you believe you are needed everywhere you will end up going **NOWHERE**. You will be a busy person producing nothing.

How many people spend their lives being busy yet building nothing? Countless. The enemy wants to convince you that you have no limits. People who believe this lie live a life of **NO FOCUS**.

When people live life believing they have no limits they will attempt to be everywhere, do everything and achieve **NOTHING**. Unfortunately, they do not realize they are under mental warfare. Remember, only God is omnipresent, not you.

THE CONDITION OF REALITY: The enemy holds people's mind captive by keeping them imprisoned to the condition of their current reality. It is hard to exhibit faith when you see failure all around you. It is hard to be hopeful when you see despair all around you.

It is hard to be peaceful when you see trouble all around you. The Bible tells you to be hopeful. It encourages us to believe for the improbable and impossible. However, the enemy handcuffs your thoughts by causing you to focus on what is in front of you rather than what is ahead of you.

Unfortunately, most people become slaves to the conditions of their reality. They never break free to experience the world God has prepared for them. When

people become slaves to the conditions of their reality they make decisions of pleasure, **NOT** purpose. They think thoughts of immediacy, **NOT** longevity.

Being a prisoner to the conditions of your reality will prevent you from attaining a vision that will enable you to maximize your potential. Without a vision the people perish. If the enemy can imprison your mind with the conditions of your reality he has defeated you in mental warfare.

Mental warfare is **NOT** a game. It is a serious issue. This type of warfare has defeated believers and unbelievers. You cannot win a mental battle if you do not equip your mind with the thoughts to combat the enemy's onslaught.

Joshua 1:8 says, *"Always remember what is written in the Book of the Teachings. Study it day and night to be sure to obey everything that is written there. If you do this, you will be wise and successful in everything."*

You must study the Kingdom Constitution (Bible). Eat the Word. Drink the Word. Digest the Word. When you do this you will be able to combat the enemy's onslaught.

If you consistently digest the Wisdom of the Word of God you will be able to destroy every idol thought that attempts to **RISE AGAINST** the knowledge of God.

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