

# WISDOM JOURNAL

## DAY 67

### SUBJECT: AVOID CHICKEN TALK

Chicken talk is **USELESS** conversation. Useless conversation has no value. It is poor in quality and it provides no benefit to the listener.

It is the type of conversation that does not stimulate your intellect, nurture your spirit, cultivate your perspective or change your perception. People who consistently engage in chicken talk never maximize their potential.

*“Chicken talk strengthens your limitation, increases your stupidity, decreases your confidence and weakens your intelligence.” - F.H*

People who listen to chicken talk will never blossom into their full capability. I hate to say this, but unfortunately, I was in that crowd. In the past, majority of my conversations were chicken talk. The conversations I was

engaged in did not build me up. It **DID NOT** broaden my perspective. These conversations kept me limited and delusional.

Chickens are **LOW** to the ground. They do not have the ability to soar. They do not have the capability of being more than what they are. Unfortunately, these were the types of people who were feeding my mind.

There was a season in my life when I lost "*my so called*" friends. At the time I lost my friends I was discouraged and confused. I did not understand why God allowed my friends to walk away from me.

He delivered me from chickens who were **PREVENTING** me from flying with eagles. During my season of loneliness I made new friends who brought new perspectives, new ideas and new experiences. These new friends changed my life.

They were not speaking things from the ground up. They were talking to me from the **TOP DOWN**. As my circle of influence changed, my mind started changing. 2nd Timothy 2:16 says, "*stay away from foolish, useless talk because that will lead people farther away from God.*"

Listening to chicken talk **LED ME AWAY** from my purpose, potential and promise in God. Do not make my mistake. Do not allow chickens to lead you away from eagles.

**TAKEAWAY:** You will never become your best listening to people who are **SATISFIED WITH THE LEAST!**

Wisdom Journalist

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