WISDOM JOURNAL DAY 56 SUBJECT: LIFE IS NOT OVER

I've never been a judgmental person. However, I have pre-judged some situations prematurely during my lifetime. I've looked at some people situations and said, "*I would of never done things the way they did it.*" At the time I said this I did not understand that I was prejudging people.

I've learned this lesson the hard way. Do not judge a person if you **HAVEN'T** walked in their shoes. When people casually make pre conceive notions about other individuals their words tend to backfire. Life has a way of teaching you to mind your own business.

Your words carry power. Your words build people up and tear people down. Words create peace and start wars. When you judge people with your words those **SAME** words will be judged against you. Matthew 7:2 says, "you will be judged in the same way that you judge others, and the amount you give to others will be given to you." LIFE IS NOT OVER!

As long as you are living you will swallow every **CARELESS** and **JUDGMENTAL** word that comes from your mouth. Life will teach you to close your mouth when your mind wants to speak. I've made bad situations worst because I prejudged a situation I had yet to experience.

My conviction did not come from people. It came from the Lord. When I commented on experiences I never went through, the Lord forced me to eat my words. I learned that life was not over. As long as you are living you will reap what you sow.

TAKEAWAY: Be wise in what you say and how you speak. Ephesians 4:29 says, "When you talk, do not say harmful things, but say what people need-words that will help others become stronger. Then what you say will do good to those who listen to you." Fountain Hendricks

Wisdom Journalist

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