

HOW TO BE HAPPY

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Ecclesiastes 8:1

It's hard to find happiness in a world of violence, selfishness, evilness and uncertainty. Many people create **MOMENTS** of happiness when they spend time with love ones, buy a new item from the store, take a vacation, etc. These moments of happiness are simply moments. They are fleeting.

Unfortunately, many people become satisfied with creating moments of happiness while balancing miserable circumstances. Creating scattered moments of happiness is **NOT** the way to be happy.

Happiness is achieved by **KNOWING WHO YOU ARE**. Knowing **WHAT YOU NEED**. Knowing what puts a **SMILE ON YOUR FACE**. Knowing **WHAT GIVES YOU PASSION AND MOTIVATION**.

HAPPINESS STARTS WITHIN

Ecclesiastes 8:1

Ecclesiastes 8:1 says, "*No one is like the wise person who can understand what things mean. Wisdom brings happiness; it makes sad faces happy.*" Money doesn't bring happiness. It brings security.

Family doesn't bring happiness. It brings comfort. Peace doesn't bring happiness. It brings calmness. Love doesn't bring happiness. It brings affection. **WISDOM BRINGS HAPPINESS.**

Wisdom is the ability to make Godly decisions. Making Godly decisions requires you to know God's character. As you learn God's character, your wisdom will increase exponentially. As your wisdom increases your ability to choose righteousness and create happiness will become easy.

When you study the character of God you will discover a commonality in everything He created. He was **CONTENT!** God was content in the way He made the earth, stars, seas, animals and plants. On the seventh day of creation God looked at everything He did and said it was good.

God was **CONTENT** with the way He formed and shaped man from the dust of the ground. He was **CONTENT** with how humans would reproduce after themselves. God's contentment with himself and His creation brought Him pleasure, but most importantly, happiness.

**WHEN YOU FIND CONTENTMENT YOU WILL
FIND HAPPINESS!**

Having wisdom helps you to build the kind of life you will be content with. Contentment **CANNOT** be measured by the trends of society. It can **ONLY** be determined by **YOU**. When you are content you will find the place of

REST. The place of **VALUE.** The place of **FULFILLMENT.**
The place of **ECSTASY.**

In order to be happy you must ask yourself some essential questions. These questions will help you pinpoint what you need to do to be content with your life.

- 1) What brings a smile to your face? A love one, a career choice, a hobby, etc.
- 2) What will make you feel safe? Financial security, living in a gated community, etc.
- 3) What motivates you to wake up in the morning? Freedom, good weather, etc.
- 4) What gives you energy? Working out, working on your business, etc.
- 5) What excites you? New opportunities, high tech gadgets, etc.

Answering these five questions will help you understand what will make you happy. When you discover what will make you **CONTENT** do it, live it and be it. The best thing about these questions is that the answers can be as simple as tying your shoes or as complicated as quantum physics. The answers you provide to these questions will give you the blueprint to find your happiness.

Your happiness is not dependent on other people's standards. **YOUR** happiness is dependent on **YOUR** standards. Attaining knowledge provides insight into what you like. Attaining wisdom provides you with clarity into **WHO YOU ARE.**

ONLY WISDOM CAN BRING CONTENTMENT!

Whatever **INVIGORATES** your life possesses the nutrients to make you content. Finding happiness is dependent on you knowing who you are and living in that truth. That truth will free you from the bondage of people's opinion,

social trends, cultural expectations, family traditions and religious rituals.

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