

SHOULD YOU HAVE A WORK/LIFE BALANCE?

By: Fountain Hendricks

(Proverbs 11:1)

The idea of a work/life balance is believed by many to be the way to achieve happiness. This theory is far from the truth. **ATTEMPTING** to balance your professional work from your personal life is the quickest way to become miserable. People who choose to balance their professional work and personal life will stay stressed, frustrated and discontented.

God never told us to create a balance. He told us that He will give us an **ABUNDANT** life. John 10:10 says, "*The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.*" The greek meaning for the word abundant is **EXCESS**. God has planned to give you excess.

He wants to give you more than enough. You cannot focus on receiving more than enough when you are busy balancing your professional and personal life. Balancing **PREVENTS** you from putting all of your effort into one thing. Balancing **PREVENTS** you from investing your time into one thing.

Balancing **SPLITS** your focus. When you are focused on many things you will fail on at least one thing. Have you ever seen people who have a successful career, family fall apart? Have you seen a unified family live in poverty?

Attempting to balance your professional work with your personal life will overwhelm you. Many respected experts have written and spoken about developing a balance. Their advice does **NOT** come from the Bible. It is derived from their personal experience.

Remember, God never told you to have a balance. There are only twenty four hours in a day. Mathematically, it doesn't make sense to balance your professional and

personal life. There is not enough time in the day to do this. Balancing your professional and personal life is like trying to get blood from a turnip. You cannot do it.

If you attempt to create a home/work life balance something will **ALWAYS** lack. For instance, you'll have money **VOID** of peace. Love **VOID** of romance. Family **VOID** of financial security. Education **VOID** of happiness.

SO, WHAT DO YOU DO?

Proverbs 11:1

YOUR WORK MUST BECOME YOUR LIFE AND
YOUR LIFE MUST BECOME YOUR WORK.

There cannot be a separation between the two. Your professional and personal life must become **ONE UNIT**. Learning how to **MERGE** your work and home life is the key to being **COMPLETE** and **CONTENTED**. Proverbs 11:1 says, *"A false balance is abomination to the Lord: but a just weight is his delight."*

The Lord hates an unbalanced life. It is detestable in His sight. The reason He hates an unbalanced life is because He is allergic to lack. God **KNOWS** when you attempt to balance your life you will fail in your efforts. An unstable life is built on sand, ready to sink. The Lord is **PLEASED** with a just life.

A just life has **NOTHING** to do with balance. The Hebrew meaning of the word "*just*" is **COMPLETE**. The word complete is indicative of being whole. In order to be whole your **ENTIRE** life must function as **ONE UNIT**. God will be pleased with your life when you start living as **ONE UNIT**.

BECOMING ONE UNIT

Your profession should **BENEFIT** your family. Your profession should keep you **CONNECTED** to your family. Your profession should keep you **HOLY BEFORE** the Lord. Your profession should **HIGHLIGHT** your purpose. Your profession should make you **HAPPY**.

If your profession does all of these things listed you do not have to balance your work and home life. Everything will work together on its **OWN**. Let's analyze some examples. Jesus profession was to preach. His profession benefitted His family (Disciples).

It kept Him connected to His people (Kingdom citizens). It kept Him holy before the Lord and it also made Him happy. Jesus **NEVER** had to separate who He was from what He did. The profession that unlocks this type of lifestyle is hidden in the core of your purpose.

The purpose God gave you **IS** the profession that will free you from living a life weighing dishonest scales. When you structure your life to function as one unit you will alleviate stress, frustration and disappointment. Yet, activating peace, wholeness and contentment.

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