### THE FOUR TYPES OF CHANGE By: Fountain Hendricks

Changes is inevitable! It's going to happen with your permission or without your permission. The only way to combat change is to **PLAN** for it. There are four types of changes that every person goes through.

These four types of changes happens throughout your entire life. When people do not adjust their behavior to accommodate these four types of changes they will become depressed with life. Unhappy with people. Bitter towards God and envious of other individuals.

#### THE FOUR TYPES OF CHANGES

The change that happens **AROUND** us. The change that happens **TO** us. The change that happens **WITHIN** us. The change that happens **FOR** us.

#### THE CHANGE THAT HAPPENS AROUND US

The changes that happen **AROUND** us are the hardest to plan for because they are out of our control. For instance. When the seasons of the weather changes it is out of your control. If your neighborhood worsens with criminal activity it is out of your control. If your employer ships your job overseas it is out of your control. If the economy collapses it is out of your control.

When you face the changes that are happening around you, you must **ADAPT** to the new circumstances. Adaptation ensures your survival. Adaptation is **NOT** conformity.

Adapting to change is **FITTING YOUR LIFESTYLE** to accommodate the change. Conformity is **SUBMITTING YOUR VALUES** to the circumstances of change. Refusing to adapt to the changes that will happen **AROUND** you will make you feel depressed about life. <u>"Adaptation is necessary in order to survive</u> <u>what you cannot control." -F.H</u>

When God flooded the earth in Genesis 7:17-24 Noah had to **ADAPT** to the changes that were happening **AROUND** him. He had to stay in the boat for one hundred and fifty days in order to survive what was not in his control. Noah had the Wisdom on how to endure the changes that were happening around him. He didn't complain. He didn't conform. He adapted! His willingness to adapt enabled him to survive the inevitable.

#### THE CHANGE THAT HAPPENS TO US

The changes that happen **TO** us are the most painful! These types of changes can be dealt with. However, they are hard to accept. For instance. If your health changes from good to bad this change is happening **TO** you. If your friends decide to walk away from you this change is happening **TO** you. If your family chooses to betray you this change is happening **TO** you. When change happens **TO** you the only solution for you is to S**EEK WISE COUNSEL**. Taking advice from wise people will help you be victorious. Wise counsel will enable you to become prosperous in impoverished times. Wise counsel will help you see the purpose behind the pain. Wise counsel will teach you how to overcome the pain of change!

<u>"You cannot change what is happening to you if you</u> <u>do not seek wise counsel that is above you." -F.H</u>

When Job lost his servants, sheep, camels, house, health and family in Job 1:13-19 and Job 2:7-10 he pursued the ungodly counsel of his friends. Their wicked counsel caused him to become bitter toward God. When Job decided to stop listening to the wicked counsel of his friends and listen to the wise counsel of the Lord he was able to turn his cycle of tragedy into victory!

#### THE CHANGE THAT HAPPENS WITHIN US

The changes that happen **WITHIN** us are the most confusing. These types of changes are the ones people rarely understand. These changes are very hard to articulate because they are unclear and extremely fragile. For instance. When a person sees themselves out growing their long term spouse it is confusing while yet liberating.

If your mentality evolves beyond the content of your current environment it may be confusing yet rewarding. Attaining more knowledge will force you to remove yourself from foolish, ignorant yet familiar people. When you experience changes happening within you, **ENDURE IT**.

Endurance is needed when growth is required. The changes that happen within you are maturing you. It takes time for these changes to manifest into their full purpose. As you endure these **INTERNAL** changes your wisdom will increase. Your character will evolve and your integrity will escalate.

## <u>"Nothing grows internally without enduring</u> <u>the process of change." -F.H</u>

When the Apostle Paul wrestled with his internal struggles of living sinful in Romans 7:14-15 he was experiencing an unusual change that was occurring **WITHIN** him. The Apostle was attaining knowledge that his flesh could not comprehend. He was learning a Gospel that was difficult to articulate to other people. **OVER TIME** the Apostle Paul was able to handle the changes within him by **ENDURING** the process of change.

#### THE CHANGE THAT HAPPENS FOR US

The changes that happen **FOR** us are the most pleasurable. These changes create excitement, joy, enthusiasm and motivation. For instance. If your boss gives you a pay raise this type of change will create a lot of pleasure and produce tremendous motivation. If God blessed you with an opportunity to attain more influence this type of change will bring your pleasure and create massive excitement.

When changes begin to happen **FOR** you, **ENJOY** them. Ecclesiastes 7:14 says, "When life is good, enjoy it. But when life is hard, remember: God gives good times and hard times, and no one knows what tomorrow will bring." Any changes that occur **FOR** you will always benefit you. Appreciate these changes. Savor these changes. Love these changes. Relish these changes.

<u>"Changes that happen for you will always bring</u> <u>pleasure to you." -F.H</u>

In 1st Samuel 16:12-13 the Prophet Samuel was sent by the Lord to anoint David as the next king of Israel. David was a Sheppard caring for sheep before God anointed him to be the next king of Israel. This change that happened **FOR** David brought tremendous pleasure to his life.

This type of change gave him significance, honor, purpose, responsibility, the blessing of rulership and protection from death. When God puts a promise over your head death cannot touch you! Change is inevitable. Wisdom is not! Make sure you apply this Wisdom so change will not defeat you.

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